# SAY THIS

# NOT THAT

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| I diffuse R.C. to create a comforting aroma.<br>我使用R.C.精油，令周圍充滿舒適的香氣。感覺很舒服！ | I diffuse R.C. to help with my daughter's asthma.<br>我用R.C.精油舒緩女兒的哮喘。 |
| I diffuse Joy for a warm and comforting aroma.<br>我使用Joy精油，讓四周充滿溫暖及舒適的香氣。 | I diffuse Joy to treat my depression.<br>我使用Joy精油對抗抑鬱。 |
| My teenage daughter uses Tea Tree oil topically to reduce the appearance of blemishes.<br>我的女兒正處於青春期，她把茶樹精油塗在臉上，減少了瑕疵，好看多了！ | My teenage daughter uses Tea Tree oil topically to eliminate cystic acne.<br>我的女兒正處於青春期，她把茶樹精油塗在臉上，臉上的暗瘡減少了。 |
| I apply Frankincense topically to help smooth the appearance of healthy-looking skin.<br>我局部使用乳香精油，讓我的皮膚看上去更平滑、更健康。 | I apply Frankincense topically on a spot on my arm that looks like skin cancer.<br>我把乳香精油塗在我手臂上一些像皮膚癌的黑點上。 |
| I diffuse Thieves in the house as natural protection.<br>我在家中使用Thieves精油，作為日常的天然保護。 | I diffuse Thieves in the house to prevent the flu.<br>我在家中使用Thieves精油，以預防感冒。 |
| I add Purification to distilled water in a small spray bottle to freshen the air.<br>我在蒸餾水中加入Purification精油，並裝在小噴霧瓶中，用以淨化空氣。 | I use Purification aromatically for its antibacterial and antifungal properties.<br>Purification精油有抗菌防霉的功用。 |
| I diffuse Helichrysum for a clarifying and grounding fragrance.<br>我使用蠟菊精油，讓周圍充滿清新的香氣及踏實的感覺。 | I diffuse Helichrysum to help with my son's ADHD.<br>我使用蠟菊精油幫助患有專注力不足的兒子。 |
| I diffuse Peace & Calming to create a refreshing and relaxing atmosphere.<br>我使用Peace & Calming精油營造清新及輕鬆的氛圍。 | I diffuse Peace & Calming to help with my anxiety.<br>我使用Peace & Calming精油減輕我的焦慮。 |
| I use Sulfurzyme to nutritionally support recovery time and acute inflammation associated with exercise.*<br>我服用Sulfurzyme來支援因運動而引起的炎症的康復時間。* | I take Sulfurzyme to treat inflammation.<br>我服用Sulfurzyme來治療炎症。 |
| I apply AromaEase topically to my neck and chest for a comforting aroma.<br>我在頸部及胸口塗抹AromaEase精油，其香氣讓我感到十分舒適。 | I apply AromaEase topically to treat my arthritis.<br>我使用AromaEase精油治療我的關節炎。 |
| I use MindWise as part of a healthy diet and lifestyle to support normal brain function and cognition.*<br>我在日常飲食和生活中使用MindWise，以維持正常的腦功能和認知能力。* | I give MindWise to my father who has Alzheimer's.<br>我爸爸患有阿爾茨海默氏症，我讓他使用MindWise。 |

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ESSENTIAL OILS

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
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