

A balanced diet can provide us with a variety of different nutrients. However, we still need enzymes to break down the macronutrients in the food into small molecules that being readily absorbed and assimilated by our body. This process is what we called digestion.

The action of each type of enzyme is specific, therefore, we need a variety of enzymes to support healthy digestion. Enzymes can be produced by stomach, small intestine and pancreas on our own. Meanwhile, we also need food enzymes from raw food to promote optimal digestive health!

### **CARBOHYDRATES**







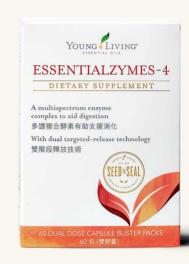
### DIGESTION PROBLEM NOWADAYS



- Enzymes production in human body declines with age
- 2 Insufficient food enzymes from a modern high-meat-low-vegetable diet
- 3 Nutrients loss, as well as the food enzymes, in modern agricultural practice
  - Denaturation of enzymes by heat during cooking
- 5 Irregular eating pattern affect the circadian pattern of digestion

Essential zymes-4

Essentialzymes-4 (E-4) is a multispectrum enzyme complex specially formulated to aid the critically needed digestion of dietary fats, proteins, fiber, and carbohydrates commonly found in the modern processed diet. The dual time-release technology releases the animal- and plant-based enzymes at separate times within the digestive tract, allowing for optimal nutrient absorption.

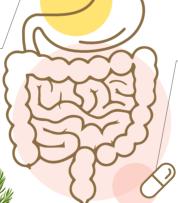


The plant-based enzymes are designed to release immediately upon entering the stomach, where the pH environment is broad, acidic, and more conducive to plant-based enzyme absorption.

# KEY INGREDIENTS:

- For Protein Digestion: Protease 3.0, Protease 4.5, Protease 6.0, Bromelain, Papain, Peptidase
- For Carbohydrates Digestion: Amylase
- For Fibre Digestion: Cellulase
- For Fat Digestion: Lipase
- Others: Vitamin B2, Phytase, Anise, Ginger, Rosemary, Tarragon and Fennel essential oils

4##



The animal-based enzymes are designed to target its release in the lower intestine region, where the environment is more alkaline and the pH level is better suited for animal enzyme absorption.

# KEY INGREDIENTS:

- For Protein Digestion: Pancreatin
- For Fats Digestion: Lipase
- Others: Bee Pollen Powder, Ginger, Fennel, Tarragon, Anise and Lemongrass essential oils



**DIRECTION** 

Take two capsules (one dual dose blister pack) two times daily with largest meals (four capsules total).

# ACHIEVE A BETTER RESULT WITH OTHER YOUNG LIVING PRODUCTS!





