

SLIQUE™ ESSENCE - EUROPE
PRODUCT INFORMATION PAGE



Product Summary

Slique Essence combines the powerful essential oils of grapefruit, tangerine, lemon, spearmint, and ocotea into a unique blend that naturally supports healthy weight-management goals when combined with diet and physical activity. These ingredients work together to activate olfactory receptors and may help suppress appetite and hunger between or during meals, especially when used in conjunction with Slique Tea, or the Slique kit.

Slique Essence was formulated exclusively by D. Gary Young and was first used at Young Living's Nova Vita Center in Ecuador. The pleasant combination of grapefruit, spearmint, tangerine, and lemon adds a flavourful and uplifting element to any day. Ocotea essential oil adds an irresistible, cinnamon-like aroma and may help when feelings of hunger occur.

Primary Benefits

- Satiating aroma helps control hunger
- Supports healthy weight management
- Uplifts and energises

Who Should Take Slique Essence Essential Oil Blend?

- Those looking to add extra support to their weight-management programme
- Those looking to support feelings of satiety
- Those looking for an uplifting pick-me-up throughout the day

Suggested Use

- **Aromatic:** Direct inhalation preferred. Note: Stevia extract in this formula may impede diffuser performance.

Ingredients List

Limonene*, Citrus paradisi (Grapefruit) peel oil, Citrus reticulata (Tangerine) peel oil, Mentha spicata (Sp

earmint) leaf oil, Citrus limon (Lemon) peel oil, Ocotea quixos (Ocotea) leaf oil, Linalool*, Citral*, Cinnamal*, Stevia rebaudiana (stevia) leaf extract, Citronelloi*, Geraniol*, Cinnamal Alcohol*.

* Natural constituents of essential oils

Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Keep in a cool, dry place away from direct sunlight.

Did You Know?

- Slique Essence contains a natural sweetener called stevia (Reb A)
- Slique Essence is also part of the Slique kit, which offers a balanced approach to weight management.
- Ocotea essential oil is exclusive to Young Living.

Complementary Products

- Slique Tea
- Slique Kit

Key Scientific Studies

- Niijima A, Nagai K. Effect of Olfactory Stimulation with Flavor of Grapefruit Oil and Lemon Oil on the Activity of Sympathetic Branch in the White Adipose Tissue of the Epididymis. *Exp Biol Med* (Maywood). 2003 Nov;228(10):1190–2.
- Ballabeni V, Tognolini M, Bertoni S, Bruni R, Guerrini A, Rueda GM, Barocelli E. Antiplatelet and antithrombotic activities of essential oil from wild *Ocotea quixos* (Lam.) Kosterm. (Lauraceae) calices from Amazonian Ecuador. *Pharmacol Res*. 2007 Jan;55(1):23–30.
- Naranjo P, Kijjoa A, Giesbrecht AM, Gottlieb OR. *Ocotea quixos*, American cinnamon. *J. Ethnopharmacol*. 1981 Sep;4(2):233–6.
- Sacchetti G, Guerrini A, Noriega P, Bianchi A, Bruni R, Essential oil of wild *Ocotea quixos* (Lam.) Kosterm. (Lauraceae) leaves from Amazonian Ecuador. *Flavour and Fragrance Journal*. 2006 Mar; Volume 21 Issue 4, p 674–676.