

TRANSFORMATION™

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Product Summary

Essential oils have many uses and may help changing attitudes. This is especially helpful if you want to replace negative beliefs with new, revitalising thought patterns in order to gain the power to transform behaviours and emotions. Transformation essential oil blend can help empower and uphold the changes you want to make in your life. Reformulated especially for the 2012 International Grand Convention, Transformation features Idaho blue spruce, palo santo, ocotea, frankincense, and other empowering essential oils that help replace negative emotions and enable you to transform yourself.

Primary Benefits

- Helps promote a positive outlook
- Helps individuals make affirmative life changes
- Helps to relax the mind and body

Ingredients List

Citrus Limon (Lemon) Peel Oil, Mentha Piperita (Peppermint) Oil, Salvia Sclarea (Clary Sage) Oil, Santalum Album (Sandalwood) Oil, Picea Pungens (Idaho Blue Spruce) Oil, Boswellia Sacra (Sacred Frankincense) Resin Oil, Elettaria Cardamomum (Cardamom) Seed Oil, Bursera Graveolens (Palo Santo) Wood Oil, Ocotea Quixos (Ocotea) Leaf Oil.

Who Should Take Transformation Essential Oil Blend?

- Individuals looking to break with ingrained patterns of thinking and replace them with new, revitalising thoughts
- Individuals who are seeking ways to improve their outlook on life

Suggested Use

- **Topical:** Apply to wrists or back of neck to help combat negative emotions.
- **Aromatic:** Diffuse up to 1 hour 3 times daily or inhale directly for an uplifting aromatherapy experience.

Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Avoid direct sunlight or UV rays for up to 12 hours after applying to skin.

Did You Know?

- The blue spruce tree is primarily native to the central and southern Rocky Mountains and is also called Colorado blue spruce, silver spruce, and pino real.
- The ancient Egyptians used the aroma of frankincense for ceremonies.
- Palo santo is known as "holy wood" in South America and has been used traditionally to combat "mala energia," or bad energy.
- Sandalwood has a history of ancient use in Egypt, this oil harmonises emotions and helps to support feelings of calm.

Complementary Products

- Idaho Blue Spruce Essential Oil
- Bergamot Essential Oil
- Valor Essential Oil Blend
- Abundance Essential Oil Blend

Key Scientific Studies

- Tabelli G, et al. Toxicity to vapor exposure and topical application of essential oils and monoterpenes on *Musca domestica* (Diptera: Muscidae). 2009. *J Econ Entomology* 102(3):1383-1388.
- <http://www.naturalmedicinalherbs.net/herbs/p/picea-pungens=blue-spruce.php>.
- Conti B, Benelli G, Leonardi M, Ariri FU, Cervelli C, Profeti R, Pistelli L, Canale A. Repellent of *Salvia dorisiana*, *S. longifolia*, and *S. sclarea* (Lamiaceae) essential oils against the mosquito *Aedes albopictus* Skuse (Diptera: Culicidae). *Parasitology Research*. Epub ahead of print 15 Feb 2012.

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