

# Super Cal™ Product Information Page

## **Product Summary**

Super Cal™ is a specially designed calcium and magnesium supplement formulated to take advantage of the synergistic properties of these important minerals. Calcium is essential to the health of bones, teeth, and muscles, and it also plays an essential role in blood clotting, nerve conduction, muscle contraction, and many cellular functions. Magnesium activates more than 300 enzymes in the body and, with calcium, supports nerve and muscle functions. Magnesium also contributes to the maintenance of normal bones and teeth, working in concert with calcium.

Super Cal also includes potassium as well as zinc, which is an essential trace mineral responsible for a variety of biological functions. In humans, zinc is important for immune function as well as wound healing and tissue repair. Zinc is a key nutrient for cellular health and organ structure. Potassium is an essential macronutrient responsible for maintaining fluid and electrolyte balance in the human body.

The carefully developed formula has been enriched with essential oils to support the action and functions of the minerals described above. The blend of wintergreen, myrtle, lemongrass, and marjoram acts in concert with the mineral nutrients to support bone and joint health. Marjoram especially has a rich history in regards to healthy joint support, and combined with wintergreen is especially useful for post exercise recovery.

### **Primary Benefits**

- Calcium is needed for the maintenance of normal teeth and bones and contributes to normal muscle function and neurotransmission.
- Magnesium contributes to normal functioning of the nervous system and to a reduction of tiredness as well as fatigue.
- Zinc contributes to the normal function of the immune system and normal cognitive function.

# Who Should Use Super Cal?

Super Cal offers the convenience of capsule format which allows supplementation anytime and anywhere. This supplement provides Calcium and Zinc in increased amounts compared to MegaCal, making it the perfect mineral supplement for busy people who want to specifically target and support their Calcium, Magnesium, and Zinc intake at home or on the go.

# Suggested Use

Take one capsule daily right before a meal.

# Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.



# **Ingredients**

Calcium citrate, Magnesium citrate, capsule shell: Gelatin, Potassium citrate, Zinc citrate, Sodium borate, stearic acid, Marjoram oil, Wintergreen oil, Lemongrass oil, Myrtle oil.

#### Did You Know?

- Marjoram is native to Cyprus and Turkey and has been traditionally used to support joint mobility.
- Lemongrass is reported to have a positive action upon ligaments and muscles, helping with post exercise recovery.
- Magnesium is essential to all cells in all known living organisms and is critically important for cellular energy.
- Zinc deficiency may affect up to two billion people in the developing world and is considered to be of exceptional biological and public health importance.

# Complimentary Products

- NingXia Red®
- BLM
- Sulfurzyme
- OmegaGize3

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Super Cal 120 capsules Item No. 3244500