

Palo Santo



Product Summary

Palo Santo is an exotic essential oil single distilled by Gary Young at Finca Botánica Aromática, Young Living's Ecuador farm. Palo Santo has a rich history of usage among Native Americans, who used it to purify and cleanse the spirit from negative energy.

Product Story

Palo Santo is a Young Living Therapeutic Grade™ essential oil harvested in South America, belonging to the same botanical family as frankincense. Palo Santo has traditionally been known as a spiritual oil, and its name in Spanish literally means holy or sacred wood. For thousands of years the Incas used Palo Santo essential oil to purify and cleanse the spirit from negative energies. Only the branches and trunks that have fallen naturally are gathered; no living trees are cut or harvested.

Primary Benefits

- + Purifies and cleanses the spirit from negative energies.
- + The aroma supports meditation and deeper concentration.

How To Use

- + Diffuse in a Young Living diffuser to enhance your personal meditation routine.
- + Massage 2–3 drops on joints to reduce bone discomfort.

- + Apply 2–3 drops on minor bumps or bruises.
- + Apply to complement your normal skincare routine.
- + Wear as a perfume to release negative energy.

Complementary Products

- + Copaiba essential oil
- + RutaVaLa™ essential oil blend
- + Eucalyptus Blue™ essential oil single

Did you Know?

- + Palo Santo essential oil is rich in healthenhancing sesquiterpenes, monoterpenes, alpha-pinene, and limonene.
- + Palo Santo comes from the same family as frankincense. Like frankincense, Palo Santo is esteemed for its ability to uplift the mood.
- + Palo Santo wood matures over time, after the tree has died, developing a chemistry that makes a powerful essential oil. The same chemistry does not occur in cut branches or the wood of cut trees.
- + It is said that the spirits of the sacred Palo Santo trees are carried in the essential oil and are part of what makes the oil so potent.

Cautions

Possible skin sensitivity If you are pregnant or if you have a medical condition, please consult with a healthcare professional before use.