

Ortho Sport Massage Oil



Product Summary

Young Living's luxurious line of massage oils is made up of six blends, each offering physical and emotional benefits when accompanied by personal or professional massage. The V-6™ Enhanced Vegetable Oil Complex is also part of Young Living's massage oil line.

Product Story

Ortho Sport® Massage Oil

A stronger version of Ortho Ease, Ortho Sport Massage Oil is designed for both professional and amateur athletes, as well as anyone who works or plays hard. Ortho Sport Massage Oil has a higher phenol content, which has been used traditionally to produce a warming sensation and provide relief to tired muscles.

Essential Oils: *wintergreen, Eucalyptus globulus, lemongrass, peppermint, elemi, thyme, oregano, vetiver*

Primary Benefit

When combined with the proper essential oils, massage therapy can be a powerful boost to any health regimen. Use Young Living's exclusive essential oil massage blends to pamper yourself, rejuvenate body and mind, or help the healing process through therapeutic touch. Many diseases originate with people's inability to cope with stress. While stress is a normal part of life in this fast-paced world, massage can help manage stress. Those who receive frequent therapeutic massages can experience an aligned perspective and clarity of thought.

How To Use

- + Drop a small amount of oil into the palm of your hands. Rub your palms together and apply to skin as needed.
- + If using at home, create a warm, quiet, relaxed environment.
- + Use a firm comfortable surface such as a bed, massage table, or floor mat.
- + If doing a foot massage, have the person receiving the massage recline against a large pillow (on a sofa or bed) to fully relax the entire body.
- + Choose soothing music to help you relax during the massage.

Did you Know?

- + Ortho Ease and V-6 are part of the Raindrop Technique®.
- + While visiting the Native American Lokota tribe in South Dakota, Gary Young learned of the benefits of "inhaling" energy. Gary applied this practice to essential oils and his knowledge of Vita Flex points on the feet and fingers.
- + The Raindrop Technique has helped thousands with relaxation and emotional release.