

Hong Kuai Product Information Page

Product Summary

Hong Kuai (Chamaecyparis formosensis) is often called Formosan cypress and is endemic to Taiwan, where it grows at high altitude in the central mountain area. This slow growing, but exceptionally long-lived coniferous tree, can grow to 55-60m tall and have a trunk 7m in diameter. Natural harvesting by the seasonal typhoons and soil erosion provides the only source of this prized wood. In addition, the cypress logs weather in the hot, humid climate of Taiwan before they are collected. This weathering eliminates most of the volatile monoterpenes and leaves an abundant quantity of high molecular weight sesquiterpenes. Steam distillation of the weathered timber produces unique and fragrant oil which is extremely high in sesquiterpenes.

Hong Kuai has a pleasing, woody fragrance that supports a deep sense of relaxation. It is also used as an air enhancer or men's cologne. Traditionally used for building shrines, temples, and homes, this sought-after soft wood is very resistant to insects and decay due its abundant aromatic nature.

Primary Benefits

- Supports a deep sense of relaxation.
- Inspires clarity, intuition, and action.
- Diffuse to create confidence and a positive emotional outlook.

Suggested Use

Topical: Apply to desired area. In case of sensitivity, dilute as needed in V-6 $^{\text{\tiny M}}$.

Aromatic: Diffuse up to 30 minutes three times daily.

Key Ingredients

Chamaecyparis formosensis wood oil.

Goes well with

- Hinoki essential oil
- Idaho Blue Spruce essential oil

Cautions

Keep out of reach of children. Avoid contact with eyes and mucous membranes. Not for internal use.



Did You Know?

- Hong Kuai means "The respected trees of the temple building society" in Chinese.
- Hong Kuai has the highest percentage of sesquiterpenes and hydroxylated sesquiterpenes of any Young Living essential oil.
- It is illegal in Taiwan to cut down Hong Kuai trees. Summer typhoon rains cause landslides in the mountains that carry Hong Kuai logs into streams and rivers. Only registered individuals and companies can collect the logs.
- The wood of the trunk is used in distillation, not the bark, branches, or leaves.

Product Information

Hong Kuai essential oil 5ml 465708