

# Eucalyptus Blue™



## Product Summary

Eucalyptus Blue has a fresh, invigorating aroma that supports respiratory function when diffused and relieves sore muscles. This Young Living Therapeutic Grade™ essential oil is grown and harvested in Ecuador and is an important ingredient in the Breathe Again™ Roll-On.

## Product Story

For centuries the native people of Ecuador have used the disinfecting leaves to cover wounds and to repel insects. While traveling the jungles of the country, Gary Young recognized the benefits of the eucalyptus and began steam distilling the leaf at the Finca Botanica Aromatica distillery. The Eucalyptus Blue essential oil produced from these leaves has a fresh, balanced, invigorating aroma. The oil has the highest amount of alpha-pinene among any of the eucalyptus essential oils, as well as high levels of the powerful constituent eucalyptol. The healing benefits of Eucalyptus Blue are combined with three other powerful Young Living eucalyptus essential oils in the new Breathe Again™ Roll-On, where it helps to promote normal breathing.

## Primary Benefits

Eucalyptus Blue supports respiratory function when diffused, and is said to have an expansive effect that can be both calming and invigorating. Eucalyptus feels cool to the skin and warm to the muscles. This versatile oil also helps soothe away muscle tension when applied topically, and relaxes the body after exercise.

## How To Use

- When using Eucalyptus Blue while massaging, dilute one part essential oil with one part carrier oil such as Young Living's V-6™ Enhanced Vegetable Oil Complex.
- When diffusing, either inhale directly from the bottle or use in one of Young Living's diffusers.
- Eucalyptus Blue can also be used in a humidifier.

## Caution

Do not ingest Eucalyptus. Large amounts of eucalyptus may be toxic.

## Did You Know?

- Eucalyptus essential oils are found in a variety of Young Living products like Dentarome® Ultra Toothpaste, Ortho Sport™ Massage Oil, and Thieves® products.
- Combine eucalyptus essential oils with lavender essential oil to increase the sweetness.