



YOUNG LIVING™

ESSENTIAL OILS



Europe Product Guide

Welcome to Young Living

Each year we are excited to release a product guide featuring more life-changing products than the year before. It not only contains the best, most innovative additions to our product line, but it also offers a glimpse into the monumental transformations we are making as a company.

Our aim is to help every member of the global Young Living family on his or her journey of personal transformation with the purest, highest quality essential oils, supplements and personal care products available anywhere. The following pages are a convenient guide to creating remarkable changes in every area of your life.

Over the years we have worked diligently to discover the highest-quality essential oils that bring nature's living energy to everyone, everywhere! We are thrilled to share these phenomenal products with you. No matter where you are on your journey in life, we invite you to experience greater wellness, purpose, and abundance through the hundreds of natural, wellness-promoting products found in this guide and through the life-enriching experiences that await you at Young Living.



Founders Mary and Gary Young.

Gary Young *Mary Young*

Table of Contents

ABOUT YOUNG LIVING

About Young Living	2
Experience Essential Oils	3
How to Use Essential Oils	4
Seed to Seal™	5
Young Living Farms	6
How to get Started	8
Essential Rewards	10

ESSENTIAL OIL SINGLES

Singles	12
---------------	----

ESSENTIAL OIL BLENDS

Blends	19
Collections	26
Massage Oils	27
Roll-Ons	28
Diffusers	29
Accessories	30

SHARING TOOLS

Sharing tools	27
---------------------	----

PROVENCE COLLECTION

Provence Collection	37
---------------------------	----

THIEVES®

Thieves	40
---------------	----

NINGXIA RED™

NingXia Red	42
-------------------	----

ESSENTIAL NUTRITION

Nutritional Supplements	45
-------------------------------	----

ESSENTIAL LIVING

Skin Care	48
Bath	52

ESSENTIAL EDUCATION

Product Education	54
-------------------------	----

INDEX

Index	57
-------------	----

HOW TO ORDER

59

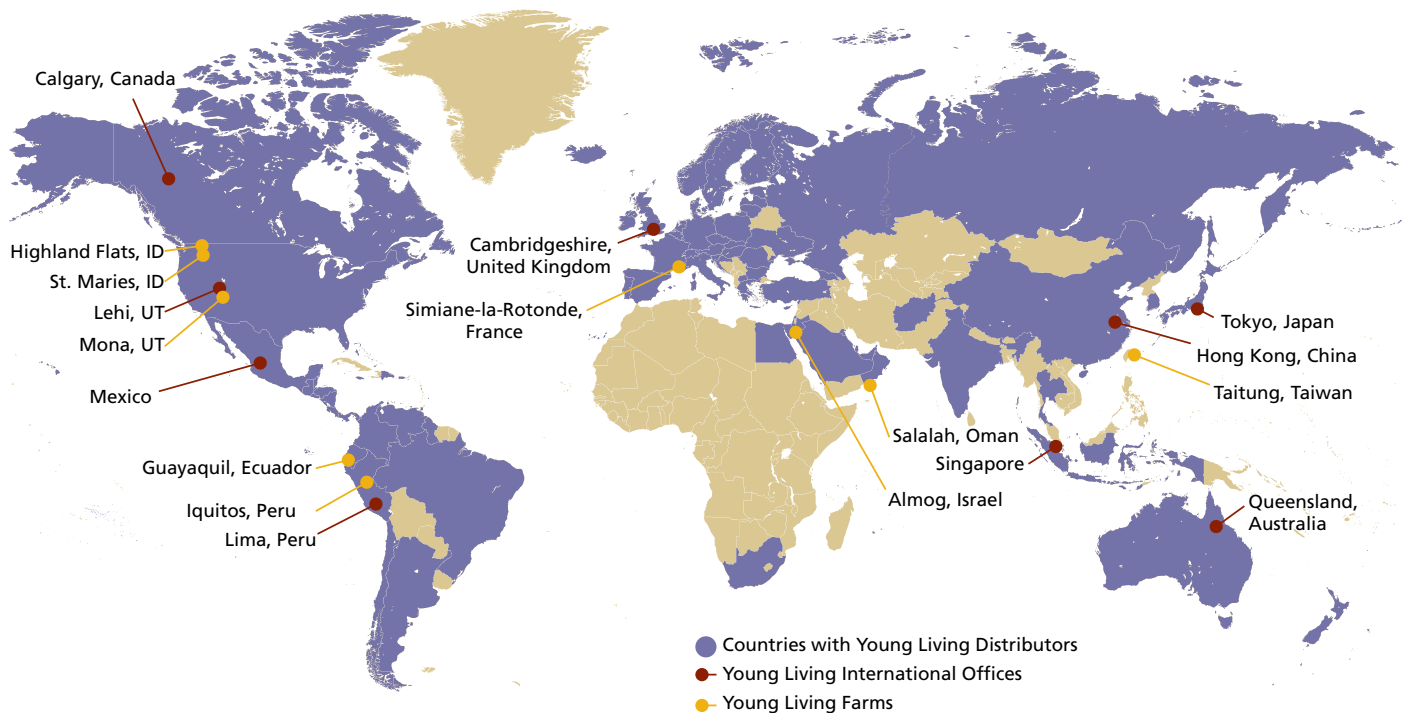
Key for Country Codes

UK	United Kingdom
AT	Austria
DE	Germany
IE	Republic of Ireland
SE	Sweden
ES	Spain
EU	Available in all EU member states

The information contained in this catalogue is correct as of January 2014.

Not all Young Living products are available in every country where Young Living is active. Please refer to the country code under each product description. Purchasing these products for demonstration and personal use is possible.

About Young Living



After sustaining serious injuries in a logging accident, Gary Young began searching for natural alternatives to traditional medical treatments. He experimented with many different modalities, which helped him regain feeling in his legs and eventually enabled him to walk again. Although still in great pain, he began a path of helping others to heal themselves as well.

A few years later, he discovered nature's gift of essential oils. He became passionate about their potential and began conducting extensive research to discover their wonderful properties.

This research, combined with his years of farming experience, inspired Gary to learn to grow and harvest plants and trees for the extraction of their precious oils. He built his first extraction chamber in 1993; and in 1994 he built his first stationary distillery, where he developed a proprietary distillation technique to produce essential oils and Young Living Essential Oils was born!

Over the last two decades, Young Living has experienced remarkable growth. Gary has developed innovative farms and distilleries, made amazing discoveries from ancient history and present-day science, and conducted clinical trials and studies on essential oil usage, with phenomenal results! Because of his commitment and dedication, Young Living stands as the world leader in essential oils.

Young Living is the only essential oil company that owns, operates, and meticulously oversees its own farms and distilleries. With seven farms and six distilleries on four continents, partners across the globe who grow and distill for Young Living, and hundreds of thousands of customers around the world, we truly are the leaders in our field.

We are committed to fulfilling our mission: to champion nature's living energy, essential oils, by fostering a community of healing and discovery while inspiring individuals to wellness, purpose, and abundance.

YOUNG LIVING AROUND THE WORLD

Young Living takes its vitality worldwide by shipping to over 100 countries. We currently have offices in the United States, Japan, United Kingdom, Australia, Singapore, Ecuador, Mexico, Peru, Canada and Hong Kong and we anticipate opening one to two new markets every year for the next decade.

Experience Essential Oils

Essential oils are the aromatic liquids found within shrubs, flowers, trees, roots, bushes, resins, and seeds. These oils, also known as nature's living energy, contain unique constituents that provide results. Essential oils are extracted from plant sources using steam distillation and are highly concentrated, far more potent than dry herbs. Essential oils have been used throughout history by ancient cultures, and can be incorporated into modern daily life in a variety of ways, whether by inhalation, or topical use.

Essential oils are valuable resources because of the extensive range of benefits they provide for the body and mind. Studies show that essential oils are both

psychologically and physically stimulating. As such, these oils are often thought of as the missing link in modern medicine—one that ties both Eastern and Western beliefs and practices together to promote physical, emotional, and spiritual well-being.

Young Living's dedication to quality ensures that we provide pure, essential oils with the complete, optimal blend of plant chemicals to ensure maximum potency and results.

See page 5 for more information on Young Living's Seed to Seal® process.

Gary Young's commitment to quality ensures that Young Living produces the most effective essential oils.



How to Use Essential Oils

Follow the guide below—along with the individual instructions on each label to experience the amazing, wellness promoting benefits of essential oils.

INHALATION

Inhaling certain essential oils heightens the senses and can have many positive effects on the body. Try these ideas to use essential oils for inhalation:

- Inhale directly from the bottle.
- Diffuse with any of Young Living's premium diffusers.
- Carefully pour hot water into a bowl and add a few drops of essential oil. Cover your head and bowl in a tent-like fashion with a towel. Breathe deeply and slowly.

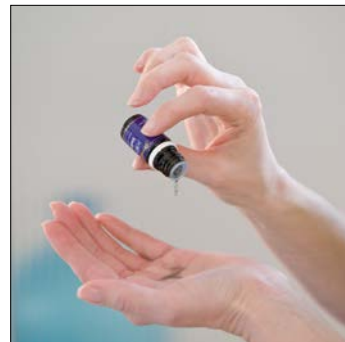


TOPICAL APPLICATION

Many essential oils are safe to use directly on the skin:

- Place 2–3 drops of oil in the palm of your hand or directly on the desired application area. Massage the oil in a circular motion onto the skin. Repeat if desired.
- Use one of Young Living's essential oil roll-ons or add a Roller Fitment to your favourite essential oil for targeted application.

Caution: Always read the label for instructions before applying. Essential oils are very potent and some may be irritating to the skin. If irritation occurs, apply V-6 Vegetable Oil Complex or any pure vegetable oil to dilute.



Seed to Seal™

Young Living offers the purest, essential oils by carefully controlling the entire Seed to Seal process from the time the seed is sourced until the oil is sealed in the bottle.

OUR SEED TO SEAL COVERS FIVE CRUCIAL STEPS:



SEED

Potent essential oils come from plant species that have been authenticated by Young Living and industry experts through scientific research, field study, university partnerships, and on-site planting certification. Selecting seeds that produce the highest value is a vital first step in the Seed to Seal process.



CULTIVATE

Young Living's knowledge of soil preparation, balance of sun and water, responsible weed and pest control, and wild-craft harvesting ensures that stringent standards are met. We continue to conduct research and remain dedicated to growing the highest-quality aromatic plants.



DISTILL

Young Living's proprietary low-temperature, low-pressure steam distillation process ensures that the beneficial plant compounds in every batch of essential oil remain uncompromised during the extraction process. This process is completed at just the right time to ensure all beneficial constituents are present to maximise the quality of the oil.



TEST

Each batch of distilled oil passes through stringent testing—at our own internal labs and in third-party audits—to ensure its purity and potency. Each oil is tested during various stages of distillation to determine the release of different plant constituents.



SEAL

Young Living completes the Seed to Seal process by carefully sealing and inspecting each bottle of essential oil at our own clean-room facility and shipping to members worldwide. Individual bottle labels are encoded with detailed tracking information that allows Young Living to trace each bottle of essential oil back to its source.

For more detailed information on the Seed to Seal process, visit www.youngliving.com

Young Living Farms

Having Young Living's farms allows us to control the growing, distilling, sourcing, and testing of our essential oils. Gary Young personally travels the globe to locate prime farm land that provides the optimal climate, soil, and growing conditions for the plants that become Young Living's essential oils. Having our own farms allowed us to develop our exclusive Seed to Seal® process, which ensures that each Young Living product delivers the world-class quality customers have come to expect.



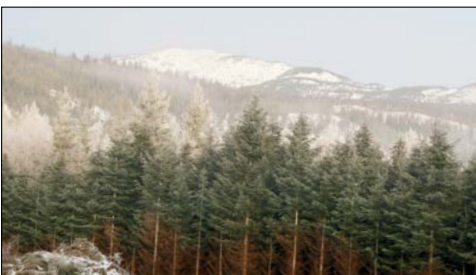
ST. MARIES, IDAHO, USA

These 200 acres of pristine farmland were purchased by Gary in 1992. The property had never before been plowed or subjected to chemicals, pesticides, or fertilisers of any kind. The soil, climate, and pure air make it an ideal location for crops such as lavender, melissa, and tansy.



MONA, UTAH, USA

This farm encompasses nearly 1,600 acres and is home to the largest, privately owned essential oil distillery in the world. Roman chamomile, hyssop, clary sage, golden rod, and lavender are grown for distillation for our world market, and many other crops are grown here for research and display.



HIGHLAND FLATS IN NAPLES, IDAHO, USA

Since 2000 the Highland Flats farm has produced Young Living's balsam fir, Western red cedar, pine, and Idaho blue spruce oils. This farm is the site of our annual Winter Harvest, where many distributors join us for the hard, but rewarding, work of harvesting and chipping the overgrown balsam fir, Western red cedar, and pine trees for distillation at the newly built distillery. Distributors may also join us for the annual Spring Reforestation project, where thousands of young balsam fir and Idaho blue spruce trees are planted each year to replace the harvested overgrowth and secure our future supply.



SIMIANE-LA-ROTONDE, FRANCE

Well-known for its rolling hills and farms of fragrant lavender, the region of Provence, France, is home to Young Living's third farm, the only American-owned lavender farm in the country. The farm produces lavender, lavandin, rosemary, and clary sage.



GUAYAQUIL, ECUADOR

Since 2005 Young Living has operated a farm in Guayaquil, Ecuador. Plants that are grown, harvested, and distilled here include eucalyptus blue, dorado azul, lemongrass, rosa morta, oregano, ylang ylang, basil, and many more. The plant material of palo santo, ruta, and ocotea is transported to the farm from different areas of Ecuador for distillation. The Ecuador farm's state-of-the-art distillery is the largest in South America.



SALALAH, OMAN

In 2010 Gary started his operation for the extraction of *Boswellia sacra*, sacred frankincense, in Salalah, Oman. Young Living has contracted with local harvesters to secure our supply of this resin and acquired farm acreage in Oman to increase cultivation and meet the growing demand for this precious oil. For the first time in centuries, *Boswellia sacra* is being distilled in Oman, and Young Living is the first and only company in the world to obtain permission to export this precision oil and bring it into the western world.



IQUITOS, PERU

After much investigation and interaction with government officials, Young Living has purchased more than 3,400 acres of wild Amazon rain forest, where we will be building a distillery, researching wild crafted and native plants, and distilling them to produce essential oils.

ALMOG, ISRAEL

In partnership with a local grower, Young Living has established a farm and distillery in Almog, Israel. This property, located near the Dead Sea, is the site of pioneering botanical research and the source of the 2013 convention-exclusive *Micromeria* essential oil.

TAITUNG, TAIWAN

Following two research trips to Taiwan, Gary began an agricultural partnership in 2012 with local doctor Ginn S. Lee to produce Hong Kuai and Xiang Mao essential oils on a scenic property in the Taitung region. These two essential oils are some of the rarest in the world and are deeply significant to Taiwanese citizens.

How to Get Started

Take the first step to living a healthier, happier, and more abundant life by enrolling as a Young Living Independent Distributor. As a Distributor you will receive many benefits including:

- 24 percent discount off retail price
- Potential to earn commissions
- Ability to enroll in the Essential Rewards programme
- Knowledge that you are part of a world-wide mission dedicated to helping others

Set yourself up for success and select one of our three introductory Starter Kits which include cutting-edge business-building materials and product samples. Sign up as a distributor by contacting your local Young Living distributor, calling our Customer Care Department or visit www.youngliving.com for more information.



Basic Starter Kit

Informational material:

Welcome to Young Living
Essential Oils at a Glance
Distributor Resource Guide
Sharing for Success
Product Guide
Price List

Product samples:

NingXia Red Single (60 ml) x 2
Stress Away 5ml
Lavender Sample Sachet (0.25 ml) x 2
Peppermint Sample Sachet (0.25 ml) x 2
Peace & Calming Sample Sachet
(0.25 ml) x 2
Lemon Sample Sachet (0.25 ml) x 2

Thieves Sample Sachet (0.25 ml) x 2
AromaGlide Roller Fitment
Business Card Sampler

Code UK 467008



Basic Plus Starter Kit

Includes Basic Starter Kit plus:

Home Diffuser x 1

Code 467108 UK Plug

Code 4671501 European plug



Premium Starter Kit

Includes Basic Starter Kit plus:

Home Diffuser x 1

Everyday Oils Collection x 1

Code 467208 UK plug

Code 4672501 European plug



Essential Rewards Kits

Ensure you always have the benefits of your favourite Young Living products on hand with the convenience of the Essential Rewards autoship programme, where products are shipped hassle free from our door to yours! Available exclusively to Young Living Distributors, the Essential Rewards autoship programme offers many benefits:

- Guaranteed monthly shipments
- Discounted pricing on exclusive product kits
- Reduced shipping rates
- Eligibility for compensation
- Rewards points for free product
- One grace month per year

Select your favourite Young Living products or choose one of our convenient Essential Rewards product packs to get started. Then sign up by contacting your local Distributor, calling our Customer Care Department or visit: youngliving.com for more information.



Home Kit

Purification 5ml x 1
Lemon 5ml x 1
NingXia Red Singles (60 ml) x 30
Deep Relief Roll-On 10 ml x 1
Thieves Hand Purifier x 1
Thieves Foaming Hand Soap x 1
Thieves AromaBright Toothpaste x 1
Thieves Dental Floss x 1

Code 472608





Wellness Kit

NingXia Red Bottles (750 ml) x 2
 Longevity Softgels x 1
 Slique Essence x 1
 Life 5 x 1

Code 472708



Beauty Kit

ART Foaming Cleanser x 1
 ART Beauty Masque x 1
 Sandalwood Moisture Cream x 1
 Progessence Phyto Plus x 1

Code 472808



Balance Kit

Valor 5ml x 1
 Peace & Calming 5ml x 1
 Lavender 5ml x 1
 Frankincense 5ml x 1
 OmegaGize³ x 1
 Stress Away Roll-On 10 ml x 1

Code 472908



Lifestyle Kit

NingXia Red Bottles (750 ml) x 2
 Lavender/Mint Shampoo x 1
 Lavender/Mint Conditioner x 1
 Stress Away Roll-On 10 ml x 1
 Thieves 5ml x 1

Code 473008



Essential Oil Singles

Over the past two decades, Young Living has researched and perfected a proprietary Seed to Seal® process that creates the world's finest essential oils. We verify the most beneficial seed species, follow pure cultivating practices, participate in the entire distillation process, implement rigorous testing for quality assurance, and seal and inspect all individual bottles before carefully shipping them worldwide. Young Living's commitment to exceeding industry quality and efficacy standards means that every drop of essential oil contains the optimal levels of beneficial plant properties. Our dedication to perfection is what makes us stand out in our field as the world leader in essential oils.

Rose

Balsam Fir (Idaho) *Abies balsamea*



Balsam Fir (Idaho) is a conifer oil distilled in northern Idaho that has a refreshing and uplifting scent. Used in massage, it has a soothing effect on muscle and body discomfort associated with exercise.

Code 331608 15 ml



Basil *Ocimum basilicum*



Basil has a strong, spicy aroma that is invigorating to both body and spirit. Used topically, it can help refresh the mind and restore mental alertness. In massage, it can be relaxing to aching muscles.

Code 350008 15 ml



Bergamot *Citrus bergamia*



Bergamot essential oil has a light, citrusy scent that creates a relaxing effect to help build confidence and uplift moods. Bergamot, Citrus bergamia, has been used in Italian folk medicine for many years.

Code 350308 15 ml



Cedarwood *Cedrus atlantica*



Cedarwood has a warm cedar aroma. It is relaxing and soothing when used for massage. Cedarwood has a long history of use as a beneficial ingredient in cosmetic preparations for oily skin.

Code 350908 15 ml



Cistus *Cistus ladanifer*



Cistus essential oil comes from a family of plants called rock rose, which is known for beautiful shrubs and a delicate, honey-like scent. Thought to be the biblical rose of Sharon, the dry, woody, resinous aroma of cistus essential oil has many calming properties.

Code 351808 5 ml



Clary Sage *Salvia sclarea*



Clary sage essential oil contains natural phytoestrogens. It has a mellow, warm, herbal scent that is uplifting and relaxing, making it a perfect choice for supporting a normal, healthy attitude during PMS. It is also supportive for menopausal women.

Code 352108 15 ml



Clove *Syzygium aromaticum*



Clove is a sweet, spicy fragrance that is stimulating and revitalising. An important ingredient in our Thieves blend due to its wonderful immune-enhancing features, clove's principal constituent is eugenol, an element that is used in the dental industry to numb gums.

Caution: Check with a physician before using if taking blood-thinning medication.

Code 352408 15 ml



Copaiba *Copaifera Reticulata*



Copaiba is the only essential oil extracted through tapping, similar to how rubber and maple are obtained. Once tapped, the copaiba resin is distilled to produce a clear essential oil that has a rich, uplifting, woody scent. Historically copaiba was used to help relieve joint discomfort and help support the body's natural response to irritation and injury.

Caution: Check with a physician before using if taking blood-thinning medication.

Code: 343108 15 ml



Cypress *Cupressus sempervirens*



Cypress is a fresh, herbaceous, slightly evergreen aroma which refreshes, restores, and tones. Comforting during the cold season, it also helps support the digestive and respiratory systems and is good for oily or troubled skin.

Code 353008 15 ml



Dorado Azul *Hyptis suaveolens*



Dorado Azul is grown and distilled in Ecuador. Its high percentage of beta caryophyllene helps support the respiratory and digestive systems. The oil has an herbaceous scent and can be used both topically and aromatically.

Code 359808 5 ml



Elemi *Canarium luzonicum*



A member of the same botanical family as frankincense and myrrh, it has been used traditionally in Europe for the skin. Elemi is highly regarded for reducing the look of fine lines and wrinkles, skin support, and for soothing muscles after exercise.

Code 354008 15 ml



Eucalyptus Blue *Eucalyptus bicostata*



Eucalyptus Blue is grown and harvested in Ecuador. This essential oil contains high levels of the powerful constituents eucalyptol and alpha-pinene.

Code 359708 5 ml



Eucalyptus Globulus



Eucalyptus globulus has a fresh, penetrating scent. It contains a high percentage of the constituent eucalyptol, a key ingredient in many mouth rinses. Applied to the skin, it is often used to support the respiratory system and to soothe muscles after exercise.

Code 353908 15 ml



Eucalyptus Radiata



This variety is one of the most versatile of the eucalyptus oils and is suitable for topical use, diffusing, and even direct inhalation. It has long been an ingredient in some of Young Living's most popular blends.

Code 353808 15 ml



Fennel *Foeniculum vulgare*



Fennel has a sweet, earthy, anise-like aroma that is energising, vitalising, and balancing.

Code 354208 15 ml



Frankincense *Boswellia carteri*



Frankincense is a sweet, warm, balsamic aroma that is stimulating and elevating to the mind. Frankincense is also a valuable ingredient in skin care products for aging and dry skin. The ancient Egyptians used it in rejuvenation face masks.

Code 354808 15 ml



Geranium *Pelargonium graveolens*



Geranium has a wonderfully uplifting, calming, flowery scent. It is excellent for the skin. Used traditionally to support the circulatory and nervous systems, a great deal of its strength lies in its ability to help revitalise body tissues.

Code 355408 15 ml



Ginger *Zingiber officinale*



Ginger has a warm, spicy fragrance that is energising. Supportive of the digestive system, ginger is a favourite in traditional eastern cuisine.

Code 355708 5 ml



Grapefruit *Citrus paradisi*



Grapefruit has a fresh, citrusy aroma that is energising and uplifting. Rich in the powerful antioxidant d-limonene, it is good for skin, and like many cold-pressed citrus oils, it has unique fat-impacting characteristics.

Caution: Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

Code 356008 15 ml



Helichrysum *Helichrysum italicum*



Helichrysum has a fresh, earthy, herbaceous scent that lifts the spirit. Helichrysum flowers are commonly called Everlasting or Immortelle.

Code 356308 5 ml



Hinoki *Chamaecyparis obtusa*



Hinoki essential oil comes from the Japanese cypress, *Chamaecyparis obtusa*, and is native to central Japan. Hinoki is considered a very high quality timber and one of the "Five Sacred Trees of Kiso"

Code 307308 5 ml



Idaho Blue Spruce *Picea Pungens*



Idaho Blue Spruce is grown, harvested, and distilled on Young Living's farm in northern Idaho. Blue spruce (*Picea pungens*) contains high percentages of the plant constituents alpha-pinene and limonene. Applied topically, blue spruce has been known to relieve tense and stressed muscles.

Code 309308 5 ml



Jasmine *Jasminum officinale*



Jasmine* has a warm, exotic, floral fragrance that relaxes, soothes, uplifts, and enhances self-confidence. Jasmine is beneficial for the skin. It has been used throughout history for romance.

Code 356908 5 ml



Juniper *Juniperus osteosperma*



Juniper has a clean, mildly penetrating, woody scent that has a cleansing effect on the mind, spirit, and body. It can be beneficial to the skin and the urinary system.

Code 357208 15 ml



Lavender *Lavandula angustifolia*



Lavender has a fresh, sweet, floral, herbaceous aroma that is soothing and refreshing. Because it is the most versatile of all essential oils, no home should be without it. Lavender is highly regarded for skin and beauty.

Code 357508 15 ml



Lemon *Citrus limon*



Lemon has a strong, clean, purifying citrus scent that is revitalising and uplifting. It consists of 68 percent d-limonene, a powerful antioxidant.

Caution: Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

Code 357808 15 ml



Lemongrass *Cymbopogon flexuosus*



Lemongrass has a light, fresh, citrus aroma with earthy undertones. Refreshing, rejuvenating, stimulating, and balancing, it inspires and helps improve mental clarity.

Code 358108 15 ml



Lime *Citrus latifolia*



Lime is believed to be native of eastern Malaysia and was introduced to the West Indies by Columbus during his second voyage. Lime has historically been used as a digestive aid, along with having many other traditional uses.

Caution: Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

Code 307408 15 ml



Marjoram *Origanum majorana*



Marjoram has a woody, spicy, camphoraceous aroma. A calming oil, it has a warming effect on both mind and body. It can help soothe tense muscles after exercise and can be beneficial for occasional simple nervous tension.

Code 358408 15 ml



Melaleuca Alternifolia



Melaleuca alternifolia is highly regarded as an essential oil with a wide range of uses. It can be beneficial for the skin.

Code 358708 15 ml



Melissa *Melissa officinalis*



Melissa has a light, fresh, lemony scent that is strengthening and revitalising, yet soothing and calming. Several studies report that Melissa may benefit the skin. It is also comforting during the winter season.

Code 358908 5 ml



Myrrh *Commiphora myrrha*



Myrrh has a rich, smoky, balsamic aroma that is purifying, restorative, revitalising and uplifting. Today, myrrh is widely used in oral hygiene products.

Code 359308 15 ml



Ocotea *Ocotea quixos*



Extracted from an Ecuadorian tree, ocotea has high levels of alpha humulene, which is a compound that helps aid the body's natural response to irritation and discomfort.

Caution: Possible skin sensitivity. Keep out of the reach of children. If you are pregnant, nursing, taking medication, or have a medical condition please consult a health care practitioner prior to use.

Code: 355608 5 ml



Orange *Citrus sinensis*



Orange has a rich, citrusy scent that lifts the spirit while providing a calming influence. It is rich in the powerful antioxidant d-limonene.

Caution: Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

Code 360208 15 ml



Oregano *Origanum compactum*



Oregano has a heavy, spicy, pungent aroma that helps create feelings of security.

Code 360508 15 ml



Palo Santo *Bursera graveolens*



Like frankincense, palo santo is known as a spiritual oil, traditionally used by the Incas to purify and cleanse the spirit from negative energies.

Code 360708 5 ml



Patchouli *Pogostemon cablin*



Patchouli, sometimes called "the scent of the sixties," has a musky, earthy, exotic aroma. It is very beneficial for the skin, helping to reduce a wrinkled or chapped appearance.

Code 360808 15 ml



Peppermint *Mentha piperita*



Peppermint has a strong, clean, fresh, minty aroma and is one of the oldest and most highly regarded herbs.

Code 361408 15 ml



Pine *Pinus sylvestris*



Pine has a refreshing, invigorating aroma. It shares many of the same properties as Eucalyptus Globulus, and the action of both oils is enhanced when they are blended.

Code 361808 15 ml



Rose *Rosa damascena*



Rose has a beautiful, strong floral and sweet fragrance that is intoxicating and highly romantic. Used for skin care for thousands of years, it is perfect for dry or aging skin.

Code 362308 5 ml



Roman Chamomile *Chamaemelum nobile*



Roman chamomile has a warm, sweet, herbaceous scent that is relaxing and calming for both mind and body. Roman chamomile is also beneficial when added to massage oil for relief of muscle discomfort after exercise. Roman chamomile was one of the Saxons nine sacred herbs.

Code 351208 5 ml



Rosemary *Rosmarinus officinalis*



Rosemary has a fresh, herbaceous, sweet, slightly medicinal aroma. An energising oil, it may be beneficial for helping to restore mental alertness when experiencing fatigue.

Caution: Do not use on children under 4 years of age.

Code 362608 15 ml



Sacred Frankincense



This new variety of frankincense is a complement to Boswellia carteri, Young Living's traditional frankincense, and is ideal for special use when a deeper spiritual connection is desired.

Code 355008 5 ml



Sage *Salvia officinalis*



Sage has a spicy, herbaceous aroma. It has been recognised for its ability to strengthen the senses and vital centres of the body. Sage may help in coping with despair and mental fatigue.

Code 363208 15 ml



Sandalwood *Santalum album*



Used traditionally as incense in religious ceremonies and for meditation, it is uplifting and relaxing. It is valued in skin care for its moisturising and normalising properties.

Code 363408 5 ml



Spearmint *Mentha spicata*



Spearmint essential oil is steam distilled from the leaves with a minty, slightly fruity scent that is softer than peppermint. As a rich antioxidant, spearmint helps support the respiratory and nervous systems.

Code 363808 5 ml



Tangerine *Citrus reticulata*



An excellent oil to help uplift the spirit and bring about a sense of security, tangerine is also rich in the powerful antioxidant d-limonene.

Caution: Tangerine should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within twelve hours.

Code 364408 15 ml



Thyme *Thymus vulgaris*



Thyme has a spicy, warm, herbaceous aroma that is both powerful and penetrating. Known since ancient times, thyme contains large amounts of thymol. It is one of the strongest antioxidants known.

Code 365008 15 ml



Valerian *Valeriana officinalis*



Valerian root has been used for thousands of years for its calming, grounding, and emotionally balancing influences. During the last three decades, it has been clinically investigated for its relaxing properties.

Code 364808 5 ml



Vetiver *Vetiveria zizanioides*



Vetiver (*Vetiveria zizanioides*) has a heavy, earthy fragrance similar to patchouli with a touch of lemon. Vetiver oil is psychologically grounding, calming, and stabilising.

Code 365108 5 ml



Wintergreen *Gaultheria procumbens*



Wintergreen has a sweet, minty scent. It contains the same active ingredient (methyl salicylate) as birch and can be beneficial in massage for soothing head tension and muscles after exercising.

Code 365808 15 ml



Ylang Ylang *Cananga odorata*



Ylang Ylang is a sweet, soft, flowery fragrance that has made it a romantic favourite. Ylang Ylang is extremely effective in calming and bringing about a sense of relaxation, and it may help with releasing feelings of anger, tension, and nervous irritability.

Code 365908 15 ml



Essential Oil Blends

The efficacy and harmony of the oils is of the utmost importance when developing an essential oil blend. Young Living's years of rigorous research combined with extensive lab testing and farming expertise means every essential oil blend contains complementary constituents that deliver the expected result. To meet such demanding standards, Gary Young oversees the development and formulation of Young Living's unique essential oil blends.



Bergamot

Abundance™



Abundance was created to enhance the frequency of the harmonic magnetic energy field that surrounds us. This higher frequency creates what is called "the law of attraction", which refers to the things we attract to ourselves.

Essential oils: Orange, frankincense, patchouli, clove, ginger, myrrh, cinnamon bark, spruce

Code 330008 15 ml



Acceptance™



Acceptance stimulates the mind with oils specially blended to promote feelings of accepting ourselves and others, regardless of perceived barriers. This blend may also help overcome procrastination and denial.

Essential oils: Rosewood, frankincense, sandalwood, geranium, blue tansy, neroli*

Code 330308 5 ml



Aroma Life™



Aroma Life provides soothing support for the cardiovascular and lymphatic systems. It contains essential oils that help to relax the body.

Essential oils: Cypress, ylang ylang, helichrysum, marjoram

Code 330608 15 ml



Aroma Siez™



Aroma Siez was designed for massaging away muscle and body discomfort associated with exercise. It also provides soothing comfort for head, neck, and tired feet.

Essential oils: Basil, cypress, peppermint, lavender, marjoram

Code 330908 15 ml



Awaken™



Awaken is an inspiring combination of several essential oil blends that helps bring about inner awareness and awakening. This blend may help you progress toward your highest potential.

Essential oils: Joy, present time, harmony, forgiveness, dream catcher

Code 331208 15 ml



Believe™



Believe essential oil blend has been formulated with Idaho blue spruce and ylang ylang from the Young Living farm in Ecuador and has a pleasing aroma that is both grounding and invigorating.

Essential oils: Balsam fir (Idaho), coriander, bergamot, frankincense, blue spruce (Idaho), ylang ylang, geranium

Code 466108 15 ml



Brain Power™



Brain Power contains essential oils that are high in sesquiterpenes, natural oxygenating compounds, to give your brain a boost. Use it to help clarify thought and support concentration.

Essential oils: Sandalwood, melissa, helichrysum, cedarwood, blue cypress, frankincense, lavender

Code 331308 5 ml



Christmas Spirit™



Christmas Spirit is a sweet, spicy blend of orange, cinnamon, and spruce essential oils that tap into the happiness, joy, and security associated with the holiday season.

Essential oils: Orange, cinnamon bark, spruce

Code 3315 15 ml

Citrus Fresh™



Citrus Fresh is a relaxing, calming blend loved by children and adults alike. Rich in the powerful antioxidant d-limonene, it brings about a sense of well-being, creativity and feelings of joy. It also works as an air purifier.

Essential oils: Orange, grapefruit, mandarin, tangerine, lemon, spearmint

Caution: Citrus oils should not be applied to skin that will be exposed to direct sunlight or ultraviolet light within 48 hours.

Code 331808 15 ml



Clarity™



Clarity helps promote a clear mind and alertness. It contains stimulating oils, including peppermint and rosemary, which have been used for many years to promote mental activity.

Essential oils: Basil, rosewood, Roman chamomile, cardamom, geranium, jasmine*, rosemary, lemon, palmarosa, peppermint, bergamot, ylang ylang

Code 332108 15 ml



Common Sense™



Common Sense essential oil is a proprietary blend of Young Living essential oils formulated to enhance rational decision-making abilities leading to increased wellness, purpose, and abundance.

Essential oils: Frankincense, ylang ylang, ocotea, golden rod, ruta, dorado azul, lime

Code 309108 5 ml



Di-Gize™



Di-Gize is a combination of oils that have been studied for their supportive effects on the digestive system.

Essential oils: Tarragon, ginger, peppermint, juniper, fennel, lemongrass, anise, patchouli

Code 332408 15 ml



Dragon Time™



Dragon Time is a blend of calming and soothing essential oils, including clary sage, which contains natural phytoestrogens. Dragon Time is recommended for teenagers and young women.

Essential oils: Clary sage, lavender, yarrow, fennel, marjoram, jasmine*

Code 332708 15 ml



EndoFlex™



EndoFlex helps maintain overall vitality through a combination of essential oils.

Essential oils: Spearmint, myrtle, German chamomile, geranium, sage, nutmeg

Code 333308 15 ml



En-R-Gee™



En-R-Gee revitalises with a blend of stimulating oils that have been used traditionally to help restore mental alertness. Uplifting and strengthening as the name suggests, it boosts energy.

Essential oils: Rosemary, nutmeg, pepper, juniper, clove, balsam fir (idaho), lemongrass

Code 333608 15 ml



Exodus II™



Exodus II is a timeless blend of olive oil, myrrh, cinnamon, frankincense, spikenard, and other harmonising essential oils that have emotionally cleansing and uplifting properties.

Essential oils: cassia, calamus, spikenard, myrrh, galbanum, frankincense, cinnamon bark, hyssop

Code 333808 5 ml



Forgiveness™



Forgiveness contains a synergistic blend of soothing and uplifting essential oils that may enhance the ability to release hurtful memories and move beyond emotional barriers.

Essential oils: Melissa, angelica, bergamot, geranium, lavender, ylang ylang, frankincense, lemon, palmarosa, rosewood, jasmine*, helichrysum, sandalwood, rose, roman chamomile

Code 333908 5 ml



Gentle Baby™



Gentle Baby is a soft, fragrant combination of essential oils designed specifically for mothers and babies. It helps calm emotions during pregnancy and is useful for quieting troubled little ones.

Essential oils: Geranium, jasmine*, ylang ylang, rosewood, rose, Roman chamomile, lemon, bergamot, lavender, palmarosa

Caution: This blend contains bergamot and lemon, which are photosensitive; do not apply to skin that will be exposed to direct sunlight or ultraviolet light within forty-eight hours.

Code 334508 15 ml



Gratitude™



Gratitude is a soothing blend of essential oils designed to elevate the spirit, calm emotions, and bring relief to the body while helping to foster a grateful attitude.

Essential oils: Rosewood, galbanum, balsam fir (Idaho), frankincense, myrrh, ylang ylang

Code 334608 5 ml



Grounding™



Grounding is a relaxing and balancing blend of essential oils that may provide a stabilising influence. Emotional chaos can lead to poor decisions. Grounding may help you cope with reality in a positive manner.

Essential oils: White fir, pine, angelica, spruce, cedarwood, juniper, ylang ylang

Code 334808 5 ml



Harmony™



Harmony is an exquisite blend that helps promote physical and emotional well-being by bringing harmonic balance to the energy centres of the body.

Essential oils: Lavender, geranium, Roman chamomile, sandalwood, spruce, bergamot, ylang ylang, hyssop, palmarosa, frankincense, Spanish sage, rose, orange, rosewood, angelica, jasmine*

Code 335108 15 ml



Highest Potential™



Highest Potential is an exotic blend of Young Living essential oils designed to increase your capacity to achieve your highest potential.

Essential oils: Australian blue, gathering, jasmine*, blue cypress, lavender, ylang ylang, geranium, cedarwood, galbanum, blue tansy, frankincense, white fir, sandalwood, spruce, rose, cinnamon

Code 337308 5 ml



ImmuPower™



ImmuPower is a powerful blend of essential oils that create a fragrant and protective haven while increasing positive energy.

Essential oils: Hyssop, ravintsara, mountain savory, cumin, clove, frankincense, cistus, oregano, Idaho tansy

Code 336308 15 ml



Inner Child™



The sweet fragrance of this blend may stimulate memory response and help reconnect with the authentic self, which is one of the first steps toward finding emotional balance.

Caution: Possible sun/skin sensitivity.

Essential oils: Orange, jasmine*, spruce, tangerine, sandalwood, neroli*, ylang ylang, lemongrass

Code 336008 5 ml



Joy™



Joy is a luxuriously exotic blend with uplifting overtones that bring joy to the heart. When diffused, it can be refreshing and uplifting.

Essential oils: Geranium, jasmine*, Roman chamomile, rosewood, palmarosa, rose, lemon, bergamot, mandarin, ylang ylang

Code 337208 15 ml



Juva Cleanse™



Juva Cleanse provides support for the liver through a carefully formulated blend of essential oils that helps support normal liver function.

Essential oils: Helichrysum, celery seed, ledum

Code 339508 15 ml



JuvaFlex™



JuvaFlex is a combination of oils that have been studied for their supportive effects on the liver and the digestive and lymphatic systems. It may also support healthy cell function.

Essential oils: Fennel, rosemary, blue tansy, geranium, helichrysum, Roman chamomile

Code 337508 15 ml



Lady Sclareol™



Lady Sclareol was designed as an exquisite fragrance. A seductive blend of nature's most aromatic and skin-pampering essential oils, Lady Sclareol creates a beguiling and alluring perfume.

Essential oils: Rosewood, clary sage, jasmine*, vetiver, ylang ylang, Idaho tansy, geranium, sandalwood, orange, sage, lavender

Code 337608 15 ml



Longevity™



Longevity contains oils that rank among the most powerful antioxidants known. Antioxidants are elements that help to neutralise free radicals and lessen the day-to-day oxidative damage everyone is subject to.

Caution: Possible sun/skin sensitivity.

Essential oils: Thyme, clove, orange, frankincense

Code 338808 15 ml



Melrose™



Melrose provides a protective barrier against skin challenges. When diffused, Melrose can help dispel odours.

Essential oils: Rosemary, clove, niaouli, melaleuca alternifolia

Code 337808 15 ml



M-Grain™



M-Grain helps contribute to the relief of stress while promoting a sense of well-being, particularly in the head and neck areas.

Essential oils: Basil, lavender, Roman chamomile, marjoram, peppermint, helichrysum

Code 338708 15 ml



Mister™



Mister is beneficial to men. It also helps promote greater inner-body balance and many have found it soothing when stressed. Mister is recommended for men age thirty and over.

Essential oils: Sage, lavender, peppermint, fennel, myrtle, blue yarrow

Code 338108 15 ml



PanAway™



PanAway was created by Gary Young following a severe injury to the ligaments in his leg. It also aids in maintaining normal cellular function.

Essential oils: Wintergreen, helichrysum, clove, peppermint

Code 339108 5 ml

Code 339008 15 ml



Peace & Calming™



Peace & Calming is a gentle, fragrant blend. When diffused, it helps calm tensions and uplift the spirit, promoting relaxation and a deep sense of peace.

Essential oils: Tangerine, blue tansy, patchouli, ylang ylang, orange

Code 339308 15 ml



Purification™



Purification can be used directly on the skin. When diffused, it helps to purify and cleanse the air from cigarette smoke, and disagreeable odours.

Essential oils: Citronella, lavandin, melaleuca alternifolia, rosemary, lemongrass, myrtle

Code 339908 15 ml



Raven™



Raven is a combination of deeply soothing essential oils.

Essential oils: Ravintsara, wintergreen, eucalyptus radiata, lemon, peppermint

Code 340208 15 ml



R.C.™



R.C. contains the powerful essential oils Eucalyptus globulus and E. radiata to create an exhilarating blend.

Essential oils: Marjoram, eucalyptus globulus, e. citriodora, e. radiata, peppermint, cypress, spruce, pine, myrtle, lavender

Code 340508 15 ml



Release™



Release combines uplifting, calming oils that help stimulate a sense of peace and emotional well-being, which in turn facilitate the ability to release anger and frustration.

Essential oils: Ylang ylang, geranium, blue tansy, lavandin, sandalwood

Code 340808 15 ml



Relieve It™



Relieve It is a deeply relaxing, warming blend of essential oils that feels soothing and comforting to muscles and joints following exercise.

Essential oils: Spruce, hyssop, black pepper, peppermint

Code 341108 15 ml



RutaVala™



RutaVala is a calming blend that promotes relaxation of the body and mind. It helps ease tension and relieve stress.

Essential oils: Lavender, valerian, ruta graveolens

Code 341908 5 ml



Sacred Mountain™



Sacred Mountain promotes feelings of strength, empowerment, grounding, and protection that are a result of being close to nature.

Essential oils: Spruce, ylang ylang, balsam fir (Idaho), cedarwood

Code 341408 15 ml



SARA™



SARA is an empowering blend of essential oils designed to help soothe deep emotional wounds. It may help individuals release and begin recovery from traumatic memories.

Essential oils: Ylang ylang, geranium, lavender, orange, blue tansy, cedarwood, rose and white lotus in a base of almond oil

Code 341708 5 ml



Sensation™



Sensation is a wonderfully fragrant, powerfully emotional blend that is extremely uplifting and refreshing. Specially blended with jasmine, ylang ylang, and other complementary essential oils, Sensation is formulated to enhance the enjoyment of cherished moments.

Essential oils: Ylang ylang, jasmine*, geranium, bergamot, coriander

Code 342008 5 ml



SclarEssence™



SclarEssence combines the soothing effects of peppermint with the balancing power of fennel and clary sage and the gentle, calming action of Spanish sage.

Essential oils: Clary sage, Spanish sage, fennel, peppermint

Code 341808 15 ml



Slique Essence™ (Europe)



Slique Essence combines the powerful essential oils of grapefruit, tangerine, lemon, spearmint, and ocotea into a unique blend that naturally supports healthy weight-management goals when combined with diet and physical activity.

Essential oils: Grapefruit, tangerine, lemon, spearmint, ocotea

Code 458608 15 ml



StressAway™



Young Living's Stress Away essential oil blend is a natural solution created to combat normal stresses that creep into everyday life. Stress Away is the first product to contain the unique stress-relieving combination of lime and vanilla essential oils.

Essential oils: Copaiba, lime, cedarwood, vanilla, ocotea, lavender.

Code 463008 15 ml



The Gift™



The Gift is a blend of seven ancient oils that have been sought after for centuries for their calming and wellness-supporting properties. This blend was created to celebrate the noble journey of Shutral, a fictional character in The One Gift, a book by D. Gary Young.

Essential oils: Sacred frankincense, Idaho balsam fir, jasmine, galbanum, myrrh, cistus, spikenard

Code 6500 5 ml

Thieves®



Thieves was created based on research about four thieves in France who protected themselves with cloves, rosemary, and other aromatics while robbing plague victims.

Essential oils: Clove, rosemary, eucalyptus radiata, cinnamon, lemon

Code 342308 15 ml



Transformation™



Transformation includes Idaho blue spruce, palo santo, and ocotea. These powerful essential oils may help to empower you to replace negative beliefs with uplifting thoughts, changing your overall attitude, emotions and behaviour.

Essential oils: Lemon, frankincense, sandalwood, peppermint, cardamom, clary sage, Idaho blue spruce, palo santo, ocotea

Code 306008 15 ml



Trauma Life™



Trauma Life is a calming, grounding blend of essential oils formulated to help release buried emotional trauma.

Essential oils: Frankincense, davana, citrus hystrix, sandalwood, spruce rose, valerian, geranium, lavender, helichrysum

Code 635008 5 ml



Valor®



Valor, an empowering combination of essential oils, works with both the physical and spiritual aspects of the body to increase feelings of strength, courage, and self-esteem in the face of adversity.

Essential oils: Spruce, blue tansy, rosewood, frankincense

Code 342908 15 ml



White Angelica™



White Angelica is a calming and soothing blend that encourages feelings of protection and security. Many people use it as protection against negative energy.

Essential oils: Bergamot, rosewood, melissa, geranium, ylang ylang, rose, myrrh, spruce, sandalwood, hyssop

Code 343208 15 ml



3 Wise Men™



3 Wise Men promotes feelings of reverence and spiritual awareness with a blend of essential oils formulated to open the subconscious.

Essential oils: Sandalwood, frankincense, myrrh, juniper, spruce

Code 342608 15 ml



Sharing Tools

Sharing essential oils has just become simpler with Young Living's industry-first sampling system! These professional sample sachets contain our most popular oils and are easy to carry in your purse or pocket. Each sample is filled with 0.25ml of oil (6-8 drops) and made of a durable, highly inert material which helps ensure long-term product stability. Each sachet fits perfectly into a Sample Sachet Sharing Card. With these samples at your fingertips, there will no longer be missed opportunities to share our precious essential oils and leave a lasting impression of Young Living.



Sample Sachet Sharing Cards

100 pk

Code 200559

Lavender Essential Oil Sample Sachets



10 pk

Code 4770560



Lemon Essential Oil Sample Sachets



10 pk

Code 4772560



Peppermint Essential Oil Sample Sachets



10 pk

Code 4771560



Peace and Calming Essential Oil Sample Sachets



10 pk

Code 4774560



Thieves Essential Oil Sample Sachets



10 pk

Code 4773560



Assorted Essential Oil Sample Sachets



50 pk assorted

Code 494008



Breathe Again™ Roll-On



Breathe Again Essential Oil Roll-on is a proprietary blend of oils specially formulated to help support respiratory wellness. Breathe Again contains four powerful eucalyptus oils: Eucalyptus Staigeriana, Eucalyptus Globulus, Eucalyptus Radiata, and Eucalyptus Blue.

Code 3528500 10 ml



Deep Relief™ Roll-On



Deep Relief Essential Oil Roll-On is a proprietary blend of oils specially formulated to relieve muscle soreness and tension with a blend of Peppermint, Wintergreen, Copal, and Palo Santo essential oils.

Code 3534500 10 ml



Stress Away™ Roll-On



This unique blend of Vanilla, Lime, Copaiba and other pure essential oils helps relieve daily stress, encourages relaxation, and reduces nervous tension.

Code 4472500 10 ml



Tranquil™ Roll-On



Tranquil Essential Oil Roll-On is a proprietary blend of Lavender, Cedarwood and Roman Chamomile essential oils formulated to calm and relax the body and mind.

Code 3533500 10 ml



Valor® Roll-On



Valor essential oil roll on is an empowering combination of Spruce, Rosewood, Frankincense, and Blue Tansy essential oils that work to increase feelings of strength, courage, and self esteem.

Code 3529500 10 ml



Caution advice for all Roll-Ons: Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, please consult a health care practitioner prior to use. Possible skin sensitivity. Do not apply to sensitive tissues. Not intended for children.

Cel-lite Magic™ Massage Oil



Cel-Lite Magic Massage Oil combines the healthful benefits of specially selected vegetable oils with vitamin E and essential oils to tone and nourish the skin. Grapefruit essential oil is beneficial for improving skin texture, and juniper oil works as a detoxifier and cleanser that is also beneficial to the skin.

Essential oils: Grapefruit, cedarwood, clary sage, cypress, juniper

Code 303508 236 ml



Dragon Time™ Massage Oil



Dragon Time Massage Oil uses powerful essential oils that have been researched in Europe for their balancing effects with pure vegetable oils. The result is a soothing, stabilising massage blend that helps calm and uplift women during challenging times of the month.

Essential oils: Lavender, sage, yarrow, fennel, ylang ylang, jasmine*, clary sage

Code 3034521 236 ml



Ortho Ease™ Massage Oil



A soothing massage oil that warms tired or stressed bodies.

Essential oils: Wintergreen, thyme, eucalyptus globulus, juniper, lemongrass, eucalyptus radiata, peppermint, marjoram, vetiver

Code 303308 236 ml



Ortho Sport™ Massage Oil



Ortho Sport Massage Oil provides soothing relief for tired, over-worked muscles after exercise and sports. This blend combines pure vegetable oil with oils such as Wintergreen, Peppermint, Thyme, Oregano, Vetiver.

Essential oils: Wintergreen, thyme, eucalyptus globulus, lemongrass, eucalyptus radiata, elemi, oregano, peppermint, marjoram, vetiver

Code 303208 236 ml



Relaxation™ Massage Oil



Relaxation Massage Oil can help create a state of relaxation and restore vitality to body, mind, and spirit. When combined with the proper essential oils, massage therapy can be a powerful boost to any health regimen.

Essential oils: Tangerine, lavender, spearmint, ylang ylang, peppermint, coriander, bergamot, geranium

Code 3037521 236 ml



Sensation™ Massage Oil



Sensation Massage Oil is designed to encourage romance and excitement. The wonderfully fragrant aroma in this powerfully emotional blend is extremely uplifting and refreshing. Specially blended with jasmine, ylang ylang, and other complementary essential oils.

Essential oils: Ylang ylang, jasmine*, coriander, geranium, bergamot

Code 3036521 236 ml



V-6™ Enhanced Vegetable Oil Complex



V-6 Enhanced Vegetable Oil Complex can be mixed with essential oils to create custom blends, formulas, and massage oils. This oil complex nourishes the skin, has a long shelf life, doesn't clog pores, and will not stain clothes.

Code 303108 236 ml

Code 3030500 944 ml



Essential 7™ Kit



The Essential 7 Kit was created so that anyone could immediately use and appreciate the benefits of our most popular essential oils and blends. Includes product information in 24 languages *Please see page 56 for list of languages.

Seven 5ml bottles: Joy, Panaway, Purification, Lavender, Peace & Calming, Lemon, Peppermint

Code 312008

EU

Everyday Oils™ Kit



The Every Day Oils Kit is ideal for making oils an essential part of your day, every day.

Nine 5ml bottles:

Frankincense, Lemon, Lavender, Peppermint, Purification, Panaway, Peace & Calming, Thieves, Valor

Code 369508

UK AT DE IE

Feelings™ Kit



Feelings features six essential oil blends formulated by D. Gary Young to promote emotional clearance and self renewal.

Six 5ml bottles: Harmony, Forgiveness, Inner Child, Present Time, Release, Valor

Code 312508

UK IE

Golden Touch 1™



Golden Touch 1 provides protection around the year. These essential oil blend formulas have been specifically created to take advantage of essential oil constituents that support many functions of the body.

Seven 5ml bottles: Di-Gize, Endoflex, Juvaflex, Melrose, Raven, R.C, Thieves

Code 3130

Raindrop Technique™ Kit



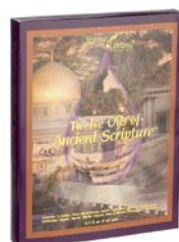
Raindrop Technique Kit combines the art of aromatherapy with the techniques of Vita Flex and massage in the application of essential oils to various areas of the body. This kit provides a revolutionary means of bringing balance and harmony to the body physically, mentally, and emotionally.

Nine 5ml bottles: Aroma Siez, Marjoram, Thyme, Basil, Oregano, Valor, Cypress, Peppermint, Wintergreen and Two 114 ml bottles (Ortho Ease™ Massage Oil and V-6™ Enhanced Vegetable Oil Complex)

Code 313708

UK AT DE IE

Twelve Oils of Ancient Scripture™



Contains the twelve most significant oils found in the Bible. Young Living's wish in bringing them to you is that you will savour and enjoy the beautiful fragrances and intriguing histories of these precious pure essential oils.

Twelve 5ml bottles: Cassia, Cedarwood, Frankincense, Cypress, Galbanum, Hyssop, Myrrh, Myrtle, Onycha, Spikenard, Rose of Sharon/Cistus, Aloes/Sandalwood

Code 3143

30 Oil Collection Europe

The Europe 30 Oil Collection brings together fifteen single oils and fifteen Young Living proprietary blends, increasing the range of benefits available to you, in a smart, durable carrying case. The pure and potent 5ml oils in this select collection offer a wonderfully diverse variety of opportunities to enhance physical, spiritual and emotional wellness.

This essential oil collection contains the following essential oil singles and blends (one bottle of 5ml each):

Essential Oil Singles:

Lemon, Lavender, Peppermint, Orange, Wintergreen, Grapefruit, Cedarwood, Frankincense, Cypress, Thyme, Lemongrass, Clove, Melaleuca Alternifolia, Bergamot, Fennel.

Essential Oil Blends:

Purification, Valor, Thieves, Peace + Calming, RC, Joy, Di-Gize, PanAway, Release, White Angelica, Raven, Highest Potential, Endoflex, Aroma Siez, Citrus Fresh.

Code 464108

EU

Includes product information in 24 languages. Please see page 56 for list of languages.



Vitassage™



Created by D. Gary Young, Vitassage™ incorporates Young Living's essential oils into the massage experience by dispensing up to three different oils simultaneously, while three stainless-steel roller balls massage sore, tired muscles.

Requires two (2) AAA batteries.

Batteries and oil not included.

Code 4625 25 x 2 ml Bottles

UK AT DE IE SE ES

Vitassage Case™



The Vitassage Storage Case is a must-have companion for the Vitassage that prevents excess oil from leaking onto tables and countertops. This multifunctional accessory stores and protects the unit during transportation and is made with high-grade plastics.

Code 4898

UK AT DE IE SE ES

Vitassage™ Accessory pack



Contains 6 x 2ml empty amber glass bottles, caps, drop reducers and 2 disposable pipettes.

Code 4926

UK AT DE IE SE ES

Essential Oil Sample Bottles



Essential oil sample bottles are a convenient, simple way to pass out essential oil samples to friends, family, and prospective customers and distributors. All twenty-five bottles come with lids and drop reducers.

Code 319408 25 x 2 ml Bottles

UK AT DE IE SE ES

Oil Bottle Labels



Oil bottle labels are small, circular labels that fit perfectly on the tops of essential oil bottles, 5 or 15 ml.

Please note, not all oils are featured in this label collection.

Code 3939 English only

UK AT DE IE SE ES



Roller Ball Fitments

Convert any 5 or 15ml Young Living Essential Oil bottle into a Roll-on applicator for convenient on the go use.

Caution: Oils containing citrus (singles or blends) may weaken the plastic and loosen the Roller Fitment. When using oils with citrus, ensure roller ball is securely attached to fitment before each use.

Code 4568 10 pk

UK AT DE IE SE ES

Clear Vegetable Capsules



Clear vegetable capsules are an excellent way to get your daily dose of essential oils. These NPcaps are all-natural and ideal for those with vegetarian, diabetic, or other restrictive, dietary needs. They are made from pullulan, a safe, water-soluble polysaccharide.

Code 3193 250 capsules

UK AT DE IE SE ES

Blender Bottle



A perfect companion for people on the go, the YL blender bottle helps you maintain your health and wellness regimen wherever your busy life takes you.

With our portable blender bottle, you can shake up a delicious glass of Balance Complete any time.

Code 4622

UK AT DE IE SE ES

Glass Droppers



The Young Living glass droppers are a convenient way to get just the right amount of essential oil that you need. They also come in handy if you want to remove any excess oil from your diffuser well.

Code 381008 6 pk

UK AT DE IE SE ES

Essential Oil Carrying Case

The Essential Oil Carrying Case is a convenient way to transport your essential oils. The cases are made of durable cloth with zipper close and a handle.

Code 3819

Holds 130 oils

Foam insert included



Essential Oil Carrier Case

Featured in our sought after Europe 30 Oil Collection, this sturdy, branded carrier case with space for thirty 5 or 15ml bottles is also available separately.

Code 4936500

Holds 30 15ml or 5ml bottles

Foam insert included





YOUNG LIVING
ESSENTIAL OILS

Diffusers

Young Living offers a line of diffusers that effectively spread the aromatic benefits of essential oils through the air without damaging their important constituents. Disperse Young Living's world leading essential oils into the air in a micro-fine vapour and enjoy!



Aria Diffuser



Young Living's Aria Ultrasonic Diffuser is a unique, stylish way to bring the benefits of essential oils into your home or workplace. This system combines the latest in diffuser technology with a variety of useful features. The included remote lets you choose from a selection of soothing, built-in

sounds or enjoy the multicolored LED lights. With the built-in speakers, you can plug in your own personal music device and enjoy the music of your choice.

Includes Lemon 5ml and Peppermint 5ml

Code 452408 UK plug

Code 4524502 European plug



Ultrasonic Diffuser



The Ultrasonic diffuser is an essential oil atomiser that can diffuse any essentials oils. This superb diffuser makes it easy to create a sense of well-being and to invigorate your home with a healthy atmosphere.

Includes Lavender 5ml and Citrus Fresh 5ml

Code 445608 UK plug

Code 445610 European plug



Home Diffuser



Young Living's newly designed Home Diffuser combines the multifunctional benefits of a humidifier, air purifier, atomiser, and aromatherapy diffuser into one easy-to-use product. Its ultrasonic technology breaks the mixture of essential oils and water into millions of microparticles and disperses it into the air.

Includes Lavender 5ml and Citrus Fresh 5ml

Code 458908 UK plug

Code 4589502 European plug





YOUNG LIVING[®]

Farm Collection

Provence, France

LAVENDER

Floral Water Refill

250ml (8 oz.) Refill

Provence Collection

We are proud to offer you the unique and exclusive Young Living Provence Collection.

This wonderful range has been planted, grown and harvested at our farm in Simiane-la-Rotonde, France. To ensure the high quality Young Living is renowned for worldwide, we only use the produce of this particular farm. Please be aware that the availability of these true gifts of nature is therefore limited and depends on weather and soil conditions, among other factors. Once a product is sold out, we may not receive further stock until the next harvest.

Clary Sage Floral Water



This aromatic clary sage floral water from Young Living's French farm in Provence, France is the ideal solution to clean your skin and to refresh your face in hot weather.

Ingredients: Pure Floral Water.

Code 503606 120 ml

UK IE

Clary Sage Floral Water Refill



This aromatic clary sage floral water from Young Living's farm in Provence is the ideal solution to clean your skin and to refresh your face in hot weather.

Ingredients: Pure Floral Water.

Code 503706 250 ml

UK IE

Lavender Bouquet



A dried lavender bouquet from our farm in Provence, France. This is a beautiful and natural piece of decoration, which comes with a 60ml dispenser of Essential Water to enhance and prolong the fine lavender scent.

Includes: Dried Lavender Plants also includes 60ml Lavender Water Spray.

Code 503806

UK IE

Dried Lavender Flowers



Dried lavender flowers from our farm in Provence, France, are perfect for potpourris, pillow fillings and they can also be used at weddings instead of throwing rice.

Includes: Dried Lavender Flowers.

Code 504006 100 g

Code 504406 250 g

Code 504506 500 g

EU

Lavender Essential Water



This precious essential water contains all the aromatic molecules of the essential oil itself and the floral water. When combined, these recreate the original fragrance of the plant and offer a beautiful, long lasting scent to freshen up your home.

Ingredients: Lavender Floral Water, Saponised Flax Seed Oil, Lavender Essential Oil

Code 504106 60 ml



Lavender Essential Water Refill



This precious essential water contains all the aromatic molecules of the essential oil itself and the floral water. When combined, these recreate the original fragrance of the plant and offer a beautiful, long lasting scent to freshen up your home.

Ingredients: Lavender Floral Water, Saponised Flax Seed Oil, Lavender Essential Oil

Code 503106 250 ml



Lavender Einkorn Pillow



These useful pillows are made of einkorn husk and filled with lavender flowers from our French farm in Provence. It is easy to carry and a fantastic travel companion.

Code 504606 Neck Pillow

Code 504806 Rectangular Pillow



Natural Flaxseed Solubilizer



Thanks to this 100% natural solubilizer you can now easily mix your favourite essential oils with water to add it to a soothing bath or household cleaning products.

Ingredients: Saponised Flax Seed Oil.

Code 503306 120 ml



Lavender Floral Water



This refreshing lavender floral water from Young Living's French farm in Provence is the ideal solution to clean even oily skin and to refresh your face in hot weather.

Ingredients: Pure Floral Water

Code 502806 120 ml



Lavender Floral Water Refill



This refreshing lavender floral water from Young Living's French farm in Provence is the ideal solution to clean even oily skin and to refresh your face in hot weather.

Ingredients: Pure Floral Water

Code 502906 250 ml



Rosemary Floral Water



This aromatic rosemary floral water from Young Living's French farm in Provence is the ideal solution to clean your skin and to refresh your face in hot weather

Ingredients: Pure Floral Water

Code 503406 120 ml



Rosemary Floral Water Refill



This aromatic rosemary floral water from Young Living's French farm in Provence is the ideal solution to clean your skin and to refresh your face in hot weather

Ingredients: Pure Floral Water

Code 503506 250 ml



Nicolas Diffuser



This aesthetic diffuser does not require electricity to diffuse your favourite essential oils. Using natural evaporation in room temperature conditions, the Nicolas diffuser is inexpensive, unbreakable and ecologically friendly. It is made of 100% recyclable materials and easy to transport.

Code 504206

Code 502706 Paper Filters 5 pk

EU

Wild Lavender Essential Oil



Wild lavender grows in the mountains of Provence and produces the most exquisite lavender oils in the world. These precious and rare plants have been harvested by hand in the area around Séderon, the village where Gary Young stayed when he first travelled to France to learn how to find and distil the best plants and essential oils worldwide.

Ingredients: Lavender Essential Oil

Code 503006 5 ml

UK IE



Lavender Sachets

These pretty little sachets contain dried lavender flowers from Young Living's French farm and can be used as decoration, as a gift or to freshen up closets and wardrobes. Each set of three sachets comes with a 60ml spray of Essential Water to enhance and prolong the beautiful lavender scent.

Includes: Dried Lavender Flowers in a cotton bags also includes 60ml Lavender Water Spray.

Code 503906

UK IE

Thieves

According to historical accounts from fourteenth century France, a band of thieves robbed the dead and dying plague victims after covering themselves with various aromatic oils such as cinnamon and clove and never became ill. When they were captured, they were forced to divulge their secret formula. Young Living's Thieves™ essential oil blend is based on this ancient account.

The Thieves blend combines pure clove, cinnamon bark, rosemary, lemon, and eucalyptus (*E. radiata*) essential oils and has been university tested and proven to be 99.9 percent effective at killing airborne bacteria. The antibacterial properties of Thieves inspired an entire line of natural home and body products, including oral care, hand care, and household cleaning solutions.

Eucalyptus

Thieves® Cleansing Soap



Thieves Cleansing Soap is fragrant with the rich aroma of naturally antiseptic Thieves essential oil blend. Moisturising plant oils and botanical extracts help promote healthy, smooth skin.

Essential oils: Clove, cinnamon bark, rosemary, lemon, eucalyptus radiata

Code 367908 99.25 g



Thieves® Dentarome Ultra Toothpaste



Thieves Dentarome Ultra Toothpaste is an advanced formula of all-natural ingredients that gently cleans your teeth while harnessing the power of pure Thieves essential oil blend for fresh breath.

Essential oils: Peppermint, clove, eucalyptus globulus, thieves, thyme, wintergreen

Code 3744521 118 g



Thieves® AromaBright Toothpaste



Thieves AromaBright Toothpaste is a premium, all-natural toothpaste made with 100% pure essential oils, including the powerful and exclusive Thieves essential oil blend, along with other ingredients promoting oral health.

Essential oils: Peppermint, spearmint, clove, ocotea, cinnamon, lemon, eucalyptus, rosemary

Code 3039521 114 g



Thieves® Dental Floss



Formulated with the power of Thieves essential oil blend, Thieves Dental Floss efficiently and effectively keeps bacteria at bay. Made from strong fibres that resist fraying and breakage, this hard-wearing floss easily glides between teeth, making it more efficient in cleaning hard-to-reach places.

Essential oils: Peppermint, clove, lemon, cinnamon, eucalyptus, rosemary

Code 4463560 1 x 50 m

Code 4464560 3 x 50 m



Thieves® Foaming Hand Soap



Thieves Foaming Hand Soap will cleanse, defend, and condition the skin with the essential oil blend Thieves, pure lemon and orange essential oils, aloe, Ginkgo biloba, and vitamin E. Dispensed as a rich foam.

Essential oils: Thieves

Code 367408 236 ml

Code 364308 3 x 236 ml

Code 359408 Refill 946 ml

UK AT DE IE

Thieves® Fresh Essence plus Mouthwash



Thieves Fresh Essence Plus Mouthwash contains a special formulation of essential oils that gives you incredibly fresh breath.

Essential oils: Thieves, spearmint, peppermint, vetiver

Code 368308 236 ml

UK AT DE IE SE

Thieves® Household Cleaner



Experience the wonder of Thieves Household Cleaner, as tough stains and problem areas in your home become simple and easy to clean without using harsh or abrasive chemicals.

Essential oils: Thieves

Code 374308 428 ml

UK AT DE IE

Thieves® Household Cleaner Refill



Dilute in a spray bottle or bucket or use straight for extra strength.

Dilution ratios are listed on the label for your convenience.

Essential oils: Thieves

Only available in Austria, Germany and UK.

Code 447508 1.8 l

UK AT DE

Thieves® Spray



Thieves Spray is ideal for use on door handles, toilet seats, and any surface that needs cleansing.

Essential oils: Thieves

Caution: Do not use on the body. Keep away from children.

Code 326508 29.5 ml

Code 326608 3 x 29.5 ml

UK AT DE IE SE

Thieves® Waterless Hand Purifier



As an all-natural product, Thieves Waterless Hand Purifier promotes good hygiene by cleaning and refreshing the hands without the use of water any time, anywhere.

Essential oils: Clove, cinnamon, rosemary, lemon, peppermint, eucalyptus radiata

Code 362108 29.35 g

Code 362208 3 x 29.35 g

UK AT DE IE SE

Unforgettable Experiences



Young Living distributors have numerous opportunities to attend events that offer hands-on education to cultivate a deeper love of essential oils. Annual harvests,

such as the lavender and melissa harvests, are some of our most popular Young Living events. Attendees participate in seeding, harvesting, distilling, and replanting—literally playing a vital role in our proprietary Seed to Seal® process. Gary Young delights in personally interacting with distributors, leading them on tours through the farms and conducting special training sessions that inspire a knowledge and appreciation for Young Living's unique line of products.

Pictured above: Dr Gabriele Prakama Hauser participates in the Lavender Harvest.

NingXia Red™

NingXia Red® is Young Living's super supplement specially formulated to energise, fortify, and replenish the body and mind. This proprietary blend contains pure essential oils, renowned wolfberry puree from China's Ningxia province, and a variety of vitamin-rich whole fruits such as cherries, blueberries, and pomegranates. Just 60ml of NingXia Red supplies the body with vital antioxidants and phytonutrients that provide a natural energy supply. At the same time, this nutritious supplement fortifies and helps support the immune system and rejuvenates the body.

Ningxia Wolfberries

NingXia Red™



Energise, fortify, and replenish with NingXia Red, the naturally delicious, nutrient-infused wolfberry drink. With a big boost in antioxidant activity, Enjoy vital nutrition that feeds important energy systems. Step up to a whole new level of health with NingXia Red.

Code 3042560 2 pk (Two 750ml bottles)

Code 3044560 4 pk (Four 750ml bottles)

Code 3045560 6 pk (Six 750ml bottles)

Code 3046560 8 pk (Eight 750ml bottles)

UK AT DE IE SE

NingXia Red™ Singles



Attractive, 60ml packets are ideal for introducing the naturally delicious NingXia Red. Tough, small pouches protect the powerful benefits of the NingXia wolfberry. Throw them in your purse or backpack, or give them as samples to friends, family, and interested consumers.

Code 3525560 30 pk

Code 3526560 60 pk

Code 3523560 90 pk

UK AT DE IE SE

NingXia Red Combo Pack

NingXia Red Combo Pack is perfect for NingXia Red lovers. It contains two bottles of NingXia Red plus thirty singles so you can enjoy a naturally delicious nutrient infusion anywhere.



**Code 4710560
(Two 750ml
bottles and 30
singles)**

UK AT DE IE SE

Wolfberry Crisp™ bars



Wolfberry Crisp bars are naturally sweetened, high-protein bars that contain 16 grams of protein from almonds, soy, wolfberries, and pumpkin seeds.

Code 631508 6 pk

UK AT DE IE SE



NINGXIA NINGXIA
Red Red
 寧夏
 ENERGISE • FORTIFY • REVITALIZE
 ANREGEND • KRÄFTIGEND • REVITALISIEREND
 ENERGIGIVANDE • STÄRKANDE • VITALISERANDE
 YOUNG LIVING™
 ESSENTIAL OILS
 Fruit Juice Drink From Concentrate
 Fruchttrinkbrennung aus
 konzentrierten Fruchtessenz
 En fruktstyck av drickslösliga fruktstycker
 Best Before:
 See Bottom of Bottle for Expiration Date
 Siehe Boden des Flaschens für das
 Ablaufdatum
 750 ml

750 ml

NingXia NITRO™



NingXia NITRO is an all natural supplement to support your daily energy and mental alertness needs. NingXia NITRO is a simple and convenient way to become more focused and supports physical performance.

Essential oils: Vanilla, spearmint, peppermint, nutmeg, black pepper

Code 306408 14 x 20 ml tubes

UK

NingXia Red™ Leaflet



The NingXia Red leaflet informs and delights with the latest research information about the power of NingXia Red. Great for displaying or handing out, this booklet is sure to attract attention.

Code 495208 25 pk

UK AT DE IE SE ES

NingXia Wolfberries™ (Dried)



Great as a snack, in a smoothie, or on top of yoghurt or cereal, dried wolfberries add flavour, texture and health-boosting benefits to many of your favourite foods.

Code 636008 453 g

UK AT DE IE



Energise, Fortify, and Replenish

NingXia Red's® special combination of wolfberry puree, essential oils, and other whole foods enables quick and efficient absorption of nutrients that energise, fortify, and replenish the body. Young Living's wolfberries are grown in pesticide-free orchards by an exclusive supplier in the Ningxia province of China. The berries are handpicked, cleaned, and processed within 24 hours of harvesting to maintain their maximum nutrient profile. This commitment to quality, from the raw ingredient to the finished product, is what sets Young Living apart.

Pictured above: Gary and wolfberries in China.

Essential Nutrition

Young Living is one of the first companies to infuse nutritional supplements with pure essential oils. Our nutritional line offers an effective, convenient way to get all of the benefits of essential oils daily, while also providing other necessary vitamins, minerals, and nutrients. These superior supplements provide a ready-to-go solution that increases overall wellness and vitality in the user. In addition, our innovative nutritional line offers targeted solutions such as enzymes and probiotics, meal replacements, cleansing programmes, and digestion aids.



Peppermint

Balance Complete™



Balance Complete is both a powerful nutritive energiser and a cleanser. Balance Complete also features Young Living's proprietary V-Fibre™ blend, which supplies an incredible 11 grams of fibre per serving.

Essential oils: Orange

Code 329208 756g powder



BLM™



BLM makes it possible to support normal bone and joint health with a nutritional supplement.

Essential oils: Wintergreen, clove, balsam fir (Idaho)

Code 323408 90 capsules



Blue Agave



Blue Agave nectar is a delicious, natural sweetener preferred by health-conscious people for use in foods and beverages. It has a low glycemic index rating, making it ideal for those who wish to avoid sucrose or artificial sweeteners.

Code 322408 946 ml

Code 322108 237 ml



ComforTone™



ComforTone is an effective combination of herbs and essential oils that support the digestive system by binding, eliminating, and "scouring" residues from the colon and enhancing its natural ability to function optimally.

Essential oils: Tarragon, anise, ginger, peppermint, tangerine, rosemary, mugwort, German chamomile

Code 320408 150 capsules



Detoxzyme™



Detoxzyme combines powerful enzymes that complete digestion, detoxify, and promote cleansing. Detoxzyme works with the body to support normal functioning of the digestive system.

Essential oils: Cumin, anise, fennel

Code 320308 180 Vegetarian capsules

UK AT DE

Digest + Cleanse™



Digest + Cleanse soothes gastrointestinal upset and supports healthy digestion. Precision delivery softgels release in the intestines for optimal absorption.

Essential oils: Peppermint, lemon, ginger, caraway, fennel, anise

Code 329308 30 softgels

UK AT DE

Essentialzyme™



Essentialzyme is a bilayered, multienzyme complex caplet specially formulated to balance digestive health and to support overall enzyme activity.

Essential oils: Cumin, anise, fennel, peppermint, tarragon, clove

Code 327208 90 Bilayered caplets

UK

Essentialzymes-4™



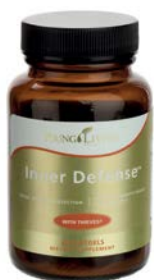
Essentialzymes-4 is a multi-spectrum enzyme complex. It is specially formulated to aid the critically needed digestion of dietary fats, proteins, fibre, and carbohydrates commonly found in a lot of modern diets that contain many processed foods.

Essential oils: Anise, ginger, rosemary, tarragon, fennel, lemongrass

Code 464508 60 Dual dose blister packs

UK

Inner Defense™



Young Living's Inner Defense softgels contain potent essential oils including Oregano, Thyme, and Thieves. Inner Defense helps strengthen the immune system, protects bioterrain, and energises systemic defense.

Essential oils: Oregano, thyme, clove, cinnamon, rosemary, eucalyptus radiata lemon, citronella

Code 329508 30 softgels

UK AT DE

JuvaPower™



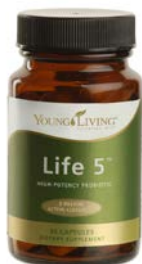
JuvaPower is a high-antioxidant vegetable powder complex and is one of the richest sources of acid-binding foods. JuvaPower is rich in liver-supporting nutrients.

Essential oils: Fennel, anise

Code 327608 226 g

UK AT DE

Life 5



Life 5 represents the culmination of years of extensive research. It is a proprietary combination of 5 friendly bacteria strains in a delayed release capsule. Life 5 contains 10 billion active cultures per serving at the point of manufacture.

Code 309908 30 capsules

UK

Longevity softgels



Longevity™ softgels are a potent, proprietary blend of fat-soluble antioxidants. Enriched with the pure essential oils thyme, orange, and now frankincense.

Essential oils: Thyme, clove, orange, frankincense

Code 328908 30 softgels

UK AT DE

MegaCal™



MegaCal is a wonderful source of calcium, magnesium, manganese, and vitamin C. It supports normal bone vascular and nerve function.

Essential oils: Lemon

Code 328008 450 g powder



MultiGreens



MultiGreens™ is a nutritious chlorophyll formula designed to help boost vitality, nervous and circulatory systems to help relieve stress, and promote energy metabolism and glucose utilisation.

Essential oils: Rosemary, lemongrass, lemon, melissa

Code 324808 120 capsules



OmegaGize³™



OmegaGize³ combines the power of three core daily supplements omega-3 fatty acids, vitamin D-3, and CoQ10 (ubiquinone). These supplements combine with our proprietary enhancement essential oil blend to create an omega-3, DHA-rich fish oil supplement that may support general wellness.

Essential oils: Lemongrass, myrrh, clove, German chamomile

Code 309708 120 softgels



Power Meal™



Power Meal is a vegetarian protein supplement formulated without soy, dairy, or animal products.

Essential oils: Orange, lemon, grapefruit, anise, fennel, nutmeg

Code 6300 780 g

Sulfurzyme™



Sulfurzyme capsules help support joint comfort and maintain joint mobility. They contain three powerful active ingredients: MSM, Ningxia wolfberry fruit powder, and Young Living's™ copaiba essential oil.

Essential oils: Copaiba

Code 3243521 120 capsules



Slique™ Tea



Slique Tea is a delicious, rare blend of natural ingredients chosen for their impressive phytonutrient content. The tea features an exquisite blend of delicious cacao powder, cinnamon bark, flavourful ground nutmeg, and pure, proprietary vanilla essential oil.

Essential oils: Vanilla*

Code 4572523 25 bags



True Source™



True Source contains dried food powders, whole food vitamins, minerals, and other nutrients. The result is an impressive formulation that will change the way you look at daily multivitamins.

Code 3502 30 packets

5-Day Nutritive Cleanse™



The 5-Day Nutritive Cleanse facilitates gentle and effective cleansing to improve overall health and well-being.

This nutritive cleanse includes 2 NingXia Red bottles (750 ml x 2), Balance Complete and Digest + Cleanse.

Code 489008



Essential Living

Natural plant extracts have long been regarded for their tremendous skin-rejuvenating benefits. Young Living's premium face creams, cleansers, and toners combine quality plants, botanicals, and the added benefit of pure essential oils. These exclusive skin-care products offer a wide range of benefits, including reduced signs of aging, deep conditioning, cleansing, hydration, relief from multiple skin irritations, and much more. Young Living has the perfect natural skin-care solution for every skin type.



Jasmine

A.R.T™ Beauty Masque



Immerse yourself in the natural richness of the exquisite orchid flower and 100% pure Young Living essential oils. The A-R-T Beauty Masque is a premium beauty product that harnesses the orchid's exceptional

longevity features and combines it with the wellness-promoting benefits of essential oils and other natural botanicals. This spa-quality formula pampers and soothes the face to leave it feeling visibly more radiant, while also protecting skin from damaging environmental elements.

Essential oils: Copaiba, lime, cedarwood, vanilla*, ocotea, lavender

Code 5168 8 masques per pack

A.R.T™ Cream Masque



Young Living has brought the age-defying and Wellness benefits of the world's finest spas directly into your home with the A-R-T Creme Masque. This formula is designed to deeply moisturise and fortify your skin's natural defences using our exclusive blend of hyaluronic acid and pure essential oils. The Creme Masque targets the effects of aging to help you maintain wellness and younger-looking skin.

Essential oils: Vetiver, Davana, Roman Chamomile, Ylang Ylang, Geranium, Vanilla*, Ocotea, Jasmine*

Code 5173

A.R.T™ Renewal Serum



Chinese tradition has long revered the power of the orchid, and today its petals are highly valued for their reparative and protective properties. With A-R-T Renewal Serum, Young Living has combined the remarkable properties of the orchid (*Phalaenopsis amabilis*) with the skin-enhancing benefits of pure essential oils and other natural botanicals to create a beauty product unlike any other.

Essential oils: Coriander, Ylang Ylang, Bergamot, Jasmine*, Geranium

Code 5175

A.R.T™ Skin Care System



This system contains the Day Activator (30 ml), Night Reconstructor (30 ml), Gentle Foaming Cleanser (100 ml), and A.R.T booklet in a presentation box.

Code 3131500



A.R.T™ Day Activator



Young Living's Day Activator contains the superior Photolyase enzyme that uses visible light to maximise its effects.

Essential oils: Sandalwood, frankincense, German chamomile, Melaleuca alternifolia

Code 5170500 30 ml



A.R.T™ Gentle Foaming Cleanser



A proprietary blend of pure essential oils helps revitalise your complexion and support recovery.

Essential oils: Frankincense, lavender, melissa, sandalwood, lemon

Code 5172500 100 ml



A.R.T™ Purifying Toner



This remarkable formula will purify and rejuvenate the skin's surface restoring a firm and healthy-looking complexion.

Essential oils: Frankincense, lemon, lavender, sandalwood, peppermint, melissa

Code 5174 118 ml

A.R.T™ Night Reconstructor



A powerful night recovery moisturiser, Young Living's Night Reconstructor contains the unique endonuclease enzyme.

Essential oils: Sandalwood, frankincense, German chamomile

Code 5171500 30 ml



Sandalwood Moisture Cream



Sandalwood Moisture Cream is an ultra-hydrating moisturiser infused with pure Young Living essential oils. Methylsulfonylmethane (MSM) - a naturally occurring, plant based chemical, softens skin and promotes elasticity. This product contains shea butter.

Essential oils: Rosewood, lavender, rosemary, sandalwood, myrrh

Code 514808 113 g



Wolfberry Eye Cream



Wolfberry Eye Cream is a natural water based moisturiser. Containing the anti-aging and skin conditioning properties of wolfberry seed oil, this cream soothes tired eyes and minimises the appearance of bags, circles and fine lines.

Essential oils: Lavender, geranium, Roman chamomile, rosewood, frankincense

Code 5145 14.1 g

Cinnamint Lip Balm



Cinnamint Lip Balm is rich in botanicals that quench dry, parched lips while protecting from climatic extremes. It contains nourishing essential oils, wolfberry seed oil, and antioxidant vitamins A, C, and E.

Essential oils: Peppermint, spearmint, orange, cinnamon bark

Code 515008 4.5 g



Grapefruit Lip Balm



A light and refreshing addition to daily lip care, Grapefruit Lip Balm assists in the prevention of dryness.

Essential oils: Grapefruit essential oil, wolfberry seed oil

Code: 517808 4.5 g



Lavender Lip Balm



Lavender Lip Balm soothes dry lips, harnessing the power of lavender essential oil and the moisturising benefits of jojoba oil and vitamin E.

Essential oils: Lavender

Code 520308 4.5 g



Progressence Phyto Plus™



Progressence Phyto Plus contains a high quality wild yam extract optimally blended with vitex oil and essential oils to help women find balance the way nature intended. Specially formulated by D. Gary Young, ND, and Dan Purser, MD, Progressence Phyto Plus maximises the effects of wild yam extract and vitex oil by utilising an innovative suspension system. The first-ever skin serum of its kind on the market, this essential oil-infused product enhances moisture absorption through the skin and contains pure frankincense, bergamot, and peppermint essential oils.

Essential oils: Copaiba, sacred frankincense, cedarwood, bergamot, peppermint, rosewood, chaste tree, wild yam, clove

Code 458108 15ml



Mountain Mint™



AromaGuard deodorants are the first natural deodorants formulated exclusively from essential oils and all-natural ingredients. Young Living's Mountain Mint deodorant contains the natural skin-soothing properties of coconut oil, beeswax, and vitamin E and is infused with lemon, rosemary, and other pure essential oils. Free of propylene glycol and potentially toxic aluminum salts, Mountain Mint provides an effectively safe and pleasant alternative to commercial deodorants for proper hygiene.

Essential oils: Clove, lemon, peppermint, rosemary, eucalyptus radiata, white fir

Code 375308 42 g



Meadow Mist™



AromaGuard deodorants are the first natural deodorants formulated exclusively from essential oils and all-natural ingredients. Young Living's Meadow Mist deodorant is an aluminum-free alternative to commercial products. It contains the natural skin-soothing properties of coconut oil, beeswax, and vitamin E and is infused with lavender, lemon, and other pure essential oils. Free of propylene glycol and potentially toxic aluminum salts, Meadow Mist deodorant is effective, safe, and pleasant for proper hygiene.

Essential oils: Lemon, geranium, rosemary, coriander, lavender, bergamot, melaleuca alternifolia, niaouli, ylang ylang, clove

Code 375208 42 g



Lavender Hand & Body Lotion



Infused with Lavender essential oil and other plant based ingredients, Lavender Hand & Body Lotion moisturises and protects skin from over exposure for long and lasting hydration. This formula is certified eco friendly and all natural.

Essential oils: Lavender, myrrh, lemon, davana

Code 5201500 236 ml



Genesis Hand & Body Lotion



Genesis™ Hand & Body Lotion blends coconut oil and lecithin with fragrant essential oils and MSM to promote soft, healthy skin. It moisturises, normalises, and protects your skin.

Essential oils: Rosewood, jasmine*, bergamot, palmarosa, lemon, ylang ylang, geranium, Roman chamomile

Code 3706500 245 g





YOUNG & LIVING
A-R-T
RENEWAL
SERUM
REVITALIZING BLEND
OF ORCHID PETALS
AND ESSENTIAL OILS
Net Wt. 20-142 0.68 FL. OZ.

Dragon Time™ Bath & Shower Gel



Dragon Time Bath & Shower Gel combines the soothing and calming properties of essential oils with naturally moisturising botanicals for a luxurious gel that leaves you feeling clean, relaxed, and uplifted.

Essential oils: Mandarin, lavender, Roman chamomile, geranium, sage, bergamot, rosewood, clary sage, ylang ylang, fennel, lemon, palmarosa, marjoram, jasmine*, blue tansy

Code 3739500 236 ml



Evening Peace™ Bath & Shower Gel



Evening Peace Bath & Shower Gel blends the most natural botanical ingredients with essential oils to relax tired muscles and help soothe away stress and tension. An ideal way to end the day.

Essential oils: Sandalwood, blue tansy, ylang ylang, geranium, jasmine*, palmarosa, rosewood, clary sage, lemon, bergamot, Roman chamomile

Code 3742500 236 ml



Lavender Bath & Shower Gel



Infused with pure Lavender oil, Lavender Bath and Shower Gel will cleanse and rejuvenate your skin while it soothes and relaxes your mind. It's free of chemicals and synthetic preservatives and contains plant based ingredients like coconut oil and star anise.

Essential oils: Lavender, myrrh, lemon, davana

Code 5202500 236 ml



Morning Start™ Bath & Shower Gel



Morning Start Bath & Shower Gel gets your day started right with an invigorating blend of the finest essential oils added to naturally cleansing and moisturising botanicals.

Essential oils: Lemongrass, juniper, rosemary, peppermint

Code 3745500 236 ml



Sensation™ Bath & Shower Gel



Sensation Bath & Shower Gel combines an enchantingly fragrant mix of oils used by Cleopatra to enhance love and increase desire with the finest natural ingredients to create a bathtime experience you'll want to repeat often.

Essential oils: Rosewood, ylang ylang, jasmine*

Code 3748500 236 ml



Lavender Volume Shampoo



Lavender Volume Shampoo gently cleanses and volumises fine hair while nourishing and restoring balance. Renewing and invigorating, Lavender Volume Shampoo contains MSM, a sulfur compound that has a reputation for strengthening hair.

Essential oils: Lavender, lemon, clary sage, jasmine*

Code 5100500 236 ml



Lavender Volume Conditioner



Lavender Volume Conditioner gently conditions and volumises fine hair. A fabulous follow-up to Lavender Volume Shampoo, it is formulated with MSM, milk protein, and vitamins to strengthen limp and weak hair.

Essential oils: Lavender, lemon, clary sage, jasmine*

Code 5102500 236 ml



LavaDerm™ Cooling Mist



LavaDerm Cooling Mist is specially formulated with two of nature's most soothing substances, lavender essential oil and aloe vera. Use it to cool and rejuvenate stressed skin.

Essential oils: Lavender

Code 324908 59 ml



Lavender Mint Daily Shampoo



Lavender Mint Daily Shampoo is an invigorating cleansing blend suitable for all hair types.

Essential oils: Lavender, peppermint, spearmint

Code 5191550 295 ml



Lavender Mint Daily Conditioner



Lavender Mint Daily Conditioner is an invigorating daily moisture blend suitable for all hair types.

Essential oils: Lavender, peppermint, spearmint

Code 5192550 295 ml



Copaiba Vanilla Shampoo



Copaiba Vanilla Moisturising Shampoo is a rich hydrating cleanse for dry or damaged hair.

Essential oils: Lavender, copaiba, geranium, vanilla*

Code 5194550 295 ml



Copaiba Vanilla Conditioner



Copaiba Vanilla Moisturising Conditioner is a rich hydrating conditioner for dry or damaged hair.

Essential oils: Lavender, copaiba, geranium, vanilla*

Code 5195550 295 ml



Lavender Hand Soap



Lavender Foaming Hand Soap, part of Young Living's Lavender Signature Series, is a gentle, cleansing addition to our all-natural product line-up. Refreshing and rejuvenating to even the most sensitive skin, just a small amount of this fragrant soap cleanses and conditions your skin without leaving it dry or irritated.

Essential oils: Lavender, lemon, myrrh

Code 443008 236 ml

Code 443108 3 x 236 ml



Lavender-Rosewood Moisturising Soap



Lavender-Rosewood Moisturising Soap is a great addition to any hand care regimen. This bar won't dry your skin like commercial, synthetically-based soaps, and is free of perfumes, chemicals, and artificial colours.

Essential oils: Lavender, rosewood

Code 367308



KidScents™ Shampoo



KidScents Shampoo has a safe, mild formula designed to provide the perfect pH balance for children's delicate skin. It contains MSM, aloe vera, chamomile, and other nourishing herbs and vitamins, and pure essential oils.

Essential oils: Tangerine, lemon, blue tansy

Code 3686 214 ml

KidScents™ Slique® Toothpaste



Young Living's KidScents Slique Toothpaste is the perfect oral-care solution for kids of all ages. Now flavoured with our Slique Essence essential oil blend, this formula is an excellent training tool for children as they learn proper oral-hygiene habits.

Essential oils: Grapefruit, tangerine, spearmint, lemon, ocotea, clove, cinnamon, eucalyptus, rosemary

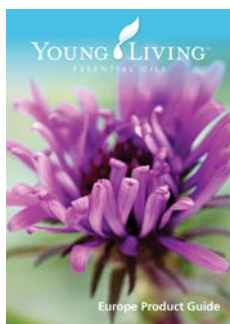
Code 4574 114 g

Essential Education

Young Living's products and business opportunity provide an excellent benefit and lifestyle that you will love sharing with your friends and family. Educating yourself is the first step in changing your life and the lives of others. The tools in these pages provide valuable information on everything from top-selling products to structuring your organisation. The more you know, the easier it is to help yourself and others reach wellness, purpose, and abundance.



Product Guide



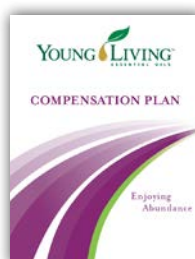
With beautiful photographs and detailed descriptions, the Product Guide makes it easy for you to share Young Living's products with others.

Code 384908 1 guide

Code 385008 10 pk

EU

Compensation Plan Leaflet



The Compensation Plan Highlight leaflet provides an overview of Young Living's generous compensation plan and bonus opportunities.

Code 472008 25 pk

UK AT DE IE SE ES

Raindrop Technique® Leaflet



A leaflet including diagrams on how to perform The Raindrop Technique.

Code 441008 1 leaflet

UK AT DE IE SE ES

Raindrop Technique DVD



Now you can learn the powerful Raindrop Technique as taught by the master, Gary Young. Step-by-step instructions will carefully guide you through each of the massage techniques and provide you with the essential knowledge needed to perform a successful Raindrop Technique.

Code 3998 1 DVD

Everyday Essentials Booklet



The Everyday Essentials booklet introduces beginners to the world of essential oils and explains how to make essential oils part of your day, every day.

Code 492108 25 pk

EU

5 Day Nutritive Cleanse™ Booklet



The 5 Day Nutritive Cleanse booklet is the companion piece to Young Living's 5 Day Nutritive Cleanse programme.

Code 398708 25 pk

EU

Essential Rewards Booklet

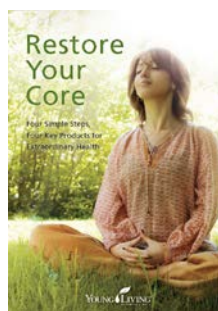


The Essential Rewards booklet explains the features and benefits of Young Living's popular Essential Rewards autoship programme. Keep your customers and distributors informed with this handy booklet.

Code 430008 25 pk

EU

Restore your Core Booklet



Young Living's Restore Your Core booklet provides an in-depth overview of our Core Essentials Complete nutritional programme.

Code 390808 25 pk

EU

Thieves® Booklet



The Thieves booklet is a comprehensive look at Young Living's Thieves line, complete with a history of the oil blend, and how to use each Thieves product.

Code 349008 25 pk

EU

Everyday Oils at a Glance



Learn more about an eclectic selection of our essential oils and our Essential Rewards Kits with the Essential Oils at a Glance guide, which also includes exciting usage suggestions!

Code 471708 25 pk

EU

Sharing for Success Booklet

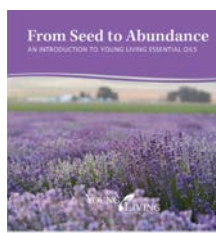


Enjoy personal and professional rewards sooner than you ever thought possible with Young Living's Sharing for Success process and the 90 Day Plan in this informative booklet!

Code 477508 10 pk

EU

From Seed to Abundance DVD



Learn what essential oils are, how they work, and why Young Living's are the most effective. See our commitment to quality and our mission to inspire individuals to lives of wellness, purpose and abundance

English DVD ; Subtitles in German, Swedish, Spanish, Polish and Dutch.

Code 3619500 1 DVD

Code 4583500 50 pk

EU

Seed to Seal™ DVD



The Seed to Seal DVD explains Young Living's unique, five step Seed to Seal process and how each step ensures the quality of our essential oils. Gain credibility when speaking about the competitive advantages and superior quality exclusive to Young Living essential oils and oil enhanced products.

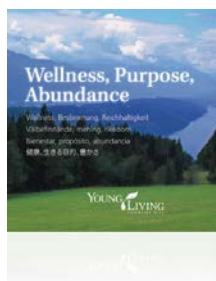
English DVD ; Subtitles in German, Swedish, Spanish, Polish and Dutch.

Code 4547500 1 DVD

Code 4582500 50 pk

EU

Wellness, Purpose, Abundance DVD



Experience the moving stories of several Young Living Distributors as they search for the answers to life's challenges. From finding physical health to quests for financial independence, discover how the Young Living opportunity can empower you to change your own life and the lives of others.

English DVD ; Subtitles in German, Swedish, Spanish and Japanese.

Code 4736 1 DVD

Code 4737 10 pk

EU

Languages included in 24 language manual: English, German, Swedish, Bulgarian, Czech, Danish, Greek, Estonian, Finnish, French, Croatian, Hungarian, Italian, Lithuanian, Latvian, Maltese, Dutch, Polish, Portuguese, Romanian, Russian, Spanish, Slovakian, Slovenian

Index

A

Abundance 19
Acceptance 19
Aria Diffuser 35
Aroma Life 19
Aroma Siez 19
A.R.T Cream Masque 48
A.R.T Day Activator 49
A.R.T Gentle Foaming Cleanser 49
A.R.T Night Reconstructor 49
A.R.T Purifying Toner 49
A.R.T Renewal Serum 48
A.R.T Skin Care System 48
Awaken 20

B

Balance Complete 45
Balance Kit 11
Balsam Fir (Idaho) 12
Basic Starter Kit 8
Basic Plus Starter Kit 9
Basil 12
Believe 20
Bergamot 12
Blender Bottle 33
BLM 45
Blue Agave 45
Brain Power 20
Breathe Again Roll-On 28

C

Cedarwood 12
Cel-lite Magic Massage Oil 29
Christmas Spirit 20
Cinnamint Lip Balm 49
Cistus 13
Citrus Fresh 20
Clarity 20
Clary Sage 13
Clary Sage Floral Water 37
Clary Sage Floral Water Refill 37
Clear Vegetable Capsules 33
Clove 13
ComforTone 45
Common Sense 20
Compensation Plan Leaflet 54
Copaiba 13
Copaiba Vanilla Conditioner 53
Copaiba Vanilla Shampoo 53
Cypress 13

D

Deep Relief Roll-On 28
Detoxzyme 46

Digest + Cleanse 46
Di-Gize 20
Dorado Azul 13
Dragon Time 21
Dragon Time Bath & Shower Gel 52
Dragon Time Massage Oil 29
Dried Lavender Flowers 37

E

Elemi 13
EndoFlex 21
En-R-Gee 21
Essential 7 Kit 30
Essential Oil Carrier Case 33
Essential Oil Sample Bottles 32
Essential Oil Sample Packets 5 Sachets 27
Essential Rewards Booklet 55
Essentialzyme 46
Essentialzymes-4 46
Eucalyptus Blue 13
Eucalyptus Globulus 14
Eucalyptus Radiata 14
Evening Peace Bath & Shower Gel 52
Everyday Essentials Booklet 55
Everyday Oil at a Glance 55
Everyday Oils Kit 30
Exodus II 21

F

Feelings Kit 30
Fennel 14
5-Day Nutritive Cleanse 47
5 Day Nutritive Cleanse Booklet 55
Forgiveness 21
Frankincense 14
From Seed to Abundance DVD 56

G

Genesis Hand & Body Lotion 50
Gentle Baby 21
Geranium 14
Ginger 14
Glass Droppers 33
Golden Touch 1 30
Grapefruit 14
Grapefruit Lip Balm 49
Gratitude 21
Grounding 21

H

Harmony 22
Helichrysum 14
Highest Potential 22
Hinoki 15
Home Diffuser 35

I

Idaho Blue Spruce 15

ImmuPower 22
Inner Child 22
Inner Defense 46

J

Jasmine 15
Joy 22
Juniper 15
Juva Cleanse 22
JuvaFlex 22
JuvaPower 46

K

KidScents Shampoo 53
KidScents Slique Toothpaste 53

L

Lady Sclareol 22
LavaDerm Cooling Mist 52
Lavender 15
Lavender Bath & Shower Gel 52
Lavender Bouquet inc Water Spray 37
Lavender Dry Flowers 37
Lavender Eincorn Pillow 38
Lavender Essential Oil Sample Sachet 27
Lavender Essential Water 38
Lavender Essential Water Refill 38
Lavender Floral Water 38
Lavender Floral Water Refill 38
Lavender Hand & Body Lotion 50
Lavender Hand Soap 53
Lavender Lip Balm 50
Lavender Mint Daily Conditioner 53
Lavender Mint Daily Shampoo 53
Lavender-Rosewood
Moisturising Soap 53
Lavender Sachets inc Water Spray 39
Lavender Volume Conditioner 52
Lavender Volume Shampoo 52
Lemon 15
Lemon Essential Oil Sample Sachets 27
Lemongrass 15
Life 5 46
Lifestyle Kit 11
Lime 15
Longevity 23
Longevity softgels 46

M

Marjoram 16
Meadow Mist 50
MegaCal 47
Melaleuca Alternifolia 16
Melissa 16
Melrose 23
M-Grain 23
Mister 23
Morning Start Bath & Shower Gel 52
Mountain Mint 50

MultiGreens 47

Myrrh 16

N

Nicolas Diffuser 39

NingXia Red 42

NingXia Red Combo Pack 42

NingXia Red Leaflet 44

NingXia NITRO 44

NingXia Red Singles 42

NingXia Wolfberries (Dried) 44

O

Ocotea 16

Oil Bottle Labels 32

Oil Carrier Case 33

OmegaGize 47

Orange 16

Oregano 16

Ortho Ease Massage Oil 29

Ortho Sport Massage Oil 29

P

Palo Santo 16

PanAway 23

Patchouli 17

Peace and Calming Essential Oil

Sample Sachets 27

Peace & Calming 23

Peppermint 17

Peppermint Essential Oil

Sample Sachets 27

Pine 17

Power Meal 47

Premium Starter Kit 9

Product Guide 54

Progessence Phyto Plus 50

Purification 23

R

Raindrop Technique DVD 54

Raindrop Technique Kit 30

Raindrop Technique Leaflet 54

Raven 23

R.C. 24

Relaxation Massage Oil 29

Release 24

Relieve It 24

Restore your Core Booklet 55

Roller Ball Fitments 32

Roman Chamomile 17

Rose 17

Rosemary 17

Rosemary Floral Water 38

Rosemary Floral Water Refill 38

RutaVala 24

S

Sacred Frankincense 17

Sacred Mountain 24

Sage 17

Sample Sachets Cards 27

Sandalwood 18

Sandalwood Moisture Cream 49

SARA 24

SclarEssence 24

Seed to Seal DVD 56

Sensation 24

Sensation Bath & Shower Gel 52

Sensation Massage Oil 29

Sharing for Success Booklet 55

Slique Essence (Europe) 25

Slique Tea 47

Spearmint 18

StressAway 15 ml 25

Stress Away Roll-On 28

Sulfurzyme 47

T

Tangerine 18

The Gift 25

Thieves 25

Thieves AromaBright Toothpaste 40

Thieves Booklet 55

Thieves Cleansing Soap 40

Thieves Dental Floss 40

Thieves Dentarome Ultra Toothpaste 40

Thieves Essential Oil Sample Sachets 27

Thieves Foaming Hand Soap 41

Thieves Fresh Essence plus

Mouthwash 41

Thieves Household Cleaner 41

Thieves Household Cleaner Refill 41

Thieves Spray 41

Thieves Waterless Hand Purifier 41

3 Wise Men 26

Thyme 18

Tranquil Roll-On 28

Transformation 25

Trauma Life 25

True Source 47

Twelve Oils of Ancient Scripture 30

U

Ultrasonic Diffuser 35

V

V-6 Enhanced Vegetable Oil Complex 29

Valerian 18

Valor 25

Valor Roll-On 28

Vetiver 18

Vitassage 32

Vitassage Accessory pack 32

Vitassage Case 32

W

Wellness, Purpose, Abundance DVD 56

White Angelica 25

Wild Lavender Essential Oil 39

Wintergreen 18

Wolfberry Crisp bars 42

Wolfberry Eye Cream 49

Y

Ylang Ylang 18

How to Order

Order your favourite Young Living products quickly and hassle free:

1. Contact your local Young Living Distributor.
2. Call our Customer Care Department

Free Phone: (UK Only) 0800 9179438

Direct Tel: (Not toll free) 01480 710032

Toll free from a landline within:

Austria	0800 296 205
Germany	08000 825049
Sweden	0207 93400
Spain	900 812976
Czech Republic	800144066
Poland	0800005216

Monday - Friday 09:00 - 17.00 Wednesday 09.00 - 16.00
CLOSED on UK public holidays

3. Visit Youngliving.com for more information.

Do not forget the added benefits of becoming a Young Living Distributor:

- 24 percent off retail pricing.
- Reduced shipping and free product when you enroll in the monthly Essential Rewards programme.
- The ability to earn commissions and bonuses through Young Living's lucrative compensation plan.





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