

# LIGHT THE FIRE<sup>™</sup>

## **Product Summary**

The warm, spicy aroma of Light the Fire™ includes Mastrante and Northern Lights Black Spruce from Young Living's Ecuador and Canada farms, together with Nutmeg, Cassia, Ocotea, Canadian Fleabane, Lemon, Pepper, and Hinoki.

This unique and inspired essential oil blend was formulated by D. Gary Young for Young Living's 2015 International Grand Convention. Diffuse this blend for an inspiring fragrance in any environment or add it to V-6™ Vegetable Oil Complex for a powerful aromatic experience. Light the Fire includes the naturally occurring constituents beta-caryophyllene, alphapinene, beta-pinene, and limonene.

### **Primary Benefits**

- Light the Fire has a warm, spicy aroma, with a fresh cinnamon overtone.
- Diffuse this oil for an inspiring fragrance in any environment.
- Add to V-6 massage oil for a powerful scent experience.

#### Suggested Use

- Apply to desired area. In case of sensitivity, dilute 15 drops in 10ml of V-6.
- Aromatic: Diffuse up to 10 minutes 3 times daily.

### Cautions

- Keep out of reach of children.
- For external use only.
- Keep away from eyes and mucous membranes.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior

#### to use.

- Proceed with caution when applying to sensitive skin.
- Avoid direct sunlight or UV rays for up to 12 hours after applying product.

#### Ingredients

Myristica fragrans kernel oil, Cinnamomum cassia leaf oil, Lippia alba leaf/stem oil, Ocotea quixos leaf oil, Conyza canadensis oil, Citrus limon peel oil, Piper



nigrum fruit oil, Chamaecyparis obtusa oil, Picea mariana leaf oil.

#### **Complementary Products**

- Build Your Dream™ Essential Oil Blend
- Magnify Your Purpose™ Essential Oil Blend
- Valor<sup>®</sup> Essential Oil Blend
- Hong Kuai Essential Oil

# Did You Know?

- Cassia is an evergreen tree originating in southern China and is from the same family as Cinnamon.
- This specific Mastrante chemotype (Lippia alba, Chemotype III) is grown at our Ecuador farm and available exclusively through Young Living.
- Native to South America, Ocotea has a cinnamon-like aroma and comes from an evergreen tree that is part of the Laurel family.