

Product Summary

Orange (*Citrus sinensis*) essential oil has a rich, citrus aroma that relaxes the body and uplifts the mind. The orange is believed to have originated in China and later became the fruit of the wealthy in Europe before being introduced to America.

Orange oil's sweet fragrance encourages positive emotions of peace and well-being. Rich in the powerful antioxidant limonene, orange essential oil supports the body's natural cellular processes. Orange oil is a popular ingredient in cosmetics, personal care products and in perfumery.

Primary Benefits

- Promotes relaxation
- Encourages positive emotions

Who Should Use Orange Essential Oil?

- Those looking to support a healthy immune system
- Those seeking a positive approach to the day

Suggested Use

- Topical: Dilute 1 drop with 1 drop of V-6 Vegetable Oil Complex or other vegetable oil (e.g. virgin coconut, olive, or almond) and apply to desired area as needed.
- Aromatic: Diffuse up to 1 hour 3 times daily.

Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Avoid direct sunlight or UV rays for up to 12 hours after applying orange.

Did You Know?

- Orange essential oil is cold pressed from the orange rind.
- Citrus fragrances are believed to induce relaxation, and reduce occasional feelings of unease.
- Orange oil is found in several popular Young Living products, including Abundance, Christmas Spirit, and Peace & Calming.
- Orange essential oil may be useful for dull or oily complexions and the appearance of wrinkles.

Complementary Products

- Slique Tea International
- Longevity Softgels
- NingXia Red



Key Scientific Studies

- Hongratanaworakit T, Buchbauer G. Human behavioral and physiological reactions to inhalation of sweet orange oil. http://www.actahort.org/books/679/679_9.htm.
- http://chemie.de/lexikon/e/Orange_oil/.
- <http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfcfr/CFRSearch.cfm> (182.20).
- <http://naturaldatabase.therapeuticresearch.com/nd/Search.aspx?cs=&s=ND&pt=9&Product=orange>.

Product Information

Orange Essential Oil—15 ml
Item No. 360208