

## Product Summary

Essentialzyme™ is a bi-layered, multi enzyme complex caplet specially formulated to balance digestive health and support overall enzyme activity to combat the modern diet. Essentialzyme contains tarragon, peppermint, anise, fennel, and clove essential oils to improve overall enzyme activity, reduce pancreatic stress, and support healthy pancreatic function.

Digestive health is a key component of wellness. We all strive to ensure our daily diet is as healthy as possible but a poorly functioning digestive system can undo some or all of our hard work. A poorly functioning or dysfunctional digestive system may inhibit or reduce the amount of nutrients that the body can absorb and metabolise. Working together with mindful dietary choices wellness and nutritional health can be maximised.

## Primary Benefits

- Supports proper fat, protein, fibre, and carbohydrate breakdown and digestion
- Supports nutrient absorption
- Unlocks key food minerals and improves energy derived from foods
- Formulated to support natural enzyme production

## Who Should Use This Product?

Adults looking to support digestive health and maximise nutritional benefit from a healthy diet.

## Ingredients

Light layer (Emulsifier: Microcrystalline cellulose, Anti-caking agent: DiCalcium phosphate dihydrate, Pancrealipase, Pancreatin, Emulsifiers: Hydroxypropylcellulose and Hydroxypropylmethylcellulose, Trypsin, Stearic acid, anti-caking agent: Silicon dioxide), Dark layer (Emulsifiers: Microcrystalline cellulose and Hydroxypropylcellulose, Anti-caking agent: DiCalcium phosphate dihydrate, Betain HCl, Bromelain 600, Thymus vulgaris leaf powder, Carrot powder, Alfalfa leaf powder, Stearic acid, Papain, Cumin seed powder, Emulsifier: Crosslinked sodium carboxy methyl cellulose, anti-caking agent: Silicon dioxide, Anise (*Pimpinella anisum*) fruit oil, Fennel (*Foeniculum vulgare*) seed oil, Peppermint (*Mentha piperita*) herb oil, Tarragon (*Artemisia dracunculus*) herb oil, Clove (*Syzygium aromaticum*) bud oil), Coating (sodium citrate, sodium carboxymethylcellulose, dextrin, soy lecithin, dextrose).

## Complementary Products

- Life 5
- NingXia Red
- Essentialzymes-4



## Suggested Use

Take 1 bi-layer caplet 3 times daily between meals.

## Cautions

Do not give this product to children under 16 years of age except under the supervision of a health professional. If discomfort persists, discontinue use of this product and consult a health professional.

## Did You Know?

- Essentialzyme™ is a sustaining product. It should be taken in between meals to sustain enzyme function.
- Tarragon has been traditionally linked with proper digestion and stomach health.
- Peppermint is a popular digestive herb and has many wide ranging applications.
- Cloves are considered a digestive aid which supports peristalsis.

## Key Scientific Studies

Lawless J. (1995) *The Illustrated Encyclopedia of Essential Oils*. Great Britain: Barnes and Noble, INC. pg 131.

Blumenthal, M. (2000) *Herbal Medicine, Expanded Commission E Monographs*. Austin, Texas, American Botanical Council pg. 124–129.

Lis-Balchin, Maria. *Aromatherapy Science: A guide for healthcare professionals*. Page 202:235.

## Product Information

90 Bi-layer caplets  
Item No. 327208