

# COOL AZUL™

# **Product Summary**

Cool Azul™ is a proprietary essential oil blend created by D. Gary Young. The light aroma of Dorado Azul and the warm fragrance of Plectranthus Oregano (both Young Living exclusive oils), along with Peppermint, Wintergreen, Sage, Copaiba, Blue Cypress, Elemi, and other oils, create a topically cooling experience, resulting from the inclusion of peppermint essential oil.

Apply this blend topically for a cool sensation and aromatic experience. Cool Azul is ideal for use before, during, and after physical activities. Attach an AromaGlide™ roller fitment to the bottle and pack it in your gym bag, purse, or backpack for quick and easy on-the-go application. Whatever your training or fitness level, Cool Azul is convenient and easy for anyone, including physical, sports, and massage therapists alike.

## **Primary Benefits**

- Cool Azul has an invigorating yet relaxing aroma.
- Leaves skin feeling soft & hydrated while helping to support post exercise recovery.

# Suggested Use

 Apply to desired area. In case of sensitivity, dilute 5 drops in 10 ml of V-6™.

#### Cautions

- Keep out of reach of children.
- For external use only.
- Keep away from eyes and mucous membranes.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

• Proceed with caution when applying to sensitive skin.

## Ingredients

Gaultheria procumbens leaf
oil, Mentha piperita oil, Salvia
officinalis oil, Plectranthus
amboinicus leaf/stem oil,
Copaifera officinalis resin,
Melaleuca viridiflora leaf oil,
Lavandula angustifolia oil,
Callitris introtropica wood oil,
Canarium luzonicum gum oil,
Vetiveria zizanoides root oil,
Carum carvi seed oil, Hyptis
suaveolens seed oil, Chamomilla recutita flower oil.



## **Complementary Products**

- Ortho Sport<sup>®</sup> Massage Oil
- Ortho Ease® Massage Oil
- Deep Relief™ Roll-On
- PanAway® Essential Oil Blend
- Relieve It™ Essential Oil Blend

# Did You Know?

- Physical inactivity is one of the leading risk factors for health and is estimated to attribute to one million deaths (about 10 % of the total), per year in the WHO European Region.
- More than half of the European region's population is not active enough to meet health recommendations.
- For adults aged 18-64, 150 minutes of moderate physical activity is recommended per week.
- Dorado Azul and Plectranthus Oregano essential oils are grown on Young Living farms.