

## Build Your Dream - Celebrating Young Living's 20th Anniversary

2014 marks two decades of Young Living setting the standard for quality, purity, and effectiveness in the essential oils industry. To celebrate this landmark achievement, Young Living Founder and CEO D. Gary Young has formulated Build Your Dream™ essential oil blend. This unique and powerful commemorative blend includes precious oils that highlight Young Living's 20-year journey of helping individuals discover profound and lasting transformations, support their health, and change lives around the world!

Whatever your dream is—living without the limits and challenges of a 9-to-5 job, finding needed answers to a life problem, or learning a new skill—Young Living's new Build Your Dream 20th anniversary essential oil blend can help you achieve it by providing added clarity, confidence, peace, and focus.

The oils in Build Your Dream were selected by D. Gary Young because of their special connection to Young Living and their significance in the growth and development of Young Living into the world leader in essential oils. Showcasing the outcome of Young Living's world-wide expansion over the last two decades, this special blend includes the following oils which have all been grown, harvested, and distilled at one of our many international farms:

Lavendula angustifolia – Utah, Idaho and Provence  
Boswellia sacra – Oman  
Melissa officinalis – Utah, Idaho and Provence  
Chamaecyparis formosensis – Taiwan  
Picea pungens – Idaho  
Cananga odorata – Ecuador

### Primary Benefits of Build Your Dream

- Promotes the desire to expand potential and motivation to accomplish dreams
- Inspires calm and uplifted emotions
- Boosts spiritual awareness and enlightenment for enhanced meditation
- Supports healthy-looking, vibrant skin
- Increases feelings of self-confidence

### Who Should Use Build Your Dream Essential Oil Blend?

- Individuals wanting to remove clouded vision to achieve their dreams
- Those seeking a positive start to the day and enhanced spiritual enlightenment
- Anyone wanting to enhance feelings of well-being, joy, and relaxation.

### Suggested Use

- Topical: Dilute 1 drop with 1 drop of V-6™ and apply to desired area as needed.
- Aromatic: Diffuse up to 30 minutes 3 times daily.

### Ingredients

Lavender (*Lavandula angustifolia*), Sacred Frankincense (*Boswellia sacra*), Melissa (*Melissa officinalis*), Blue Cypress (*Callitris intratropica*), Hong Kuai (*Chamaecyparis formosensis*), Idaho Blue Spruce (*Picea pungens*), Ylang Ylang (*Cananga odorata*), Dream Catcher™ (Sandalwood, Black Pepper, Anise, Tangerine, Bergamot, Blue Tansy, Ylang Ylang, Juniper), Believe (Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium), Blue Lotus (*Nymphaea caerulea*)



### Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Avoid direct sunlight or UV rays for up to 12 hours after applying product.

### Did You Know?

- This blend contains Blue Lotus, a rare and unique oil not found in any other Young Living blends.
- Seven of the oils in this blend are distilled at farms personally established by D. Gary Young.
- D. Gary Young established the Seed to Seal™ standard for this and all of Young Living's essential oils; a philosophy and guarantee that Young Living will only sell 100-percent pure, natural, uncut oils that maintain their vital potency.
- Lavender is physically balancing, emotionally uplifting, and supports healthy skin.
- Sacred Frankincense supports spiritual awareness and enlightenment, enhances meditation, and provides emotional support.
- Melissa stimulates feelings of joy and is calming and uplifting.
- Hong Kuai is high in sesquiterpenes and supports increased focus, mental clarity, and self-confidence.
- Blue spruce revives senses, promotes vitality, and supports spiritual connection.
- Ylang Ylang relaxes the mind and uplifts emotions.

### Complimentary Products

- AromaLux Atomizing Diffuser
- Transformation Essential Oil Blend
- Abundance Essential Oil Blend
- Bath & Shower Gel Base

### Product Information

Build Your Dream Essential Oil Blend—5 ml  
Item No. 483408