

BALANCE COMPLETE



Product Summary

This unique meal replacement is both a powerful nutritive energiser and cleanser. Whole Ningxia wolfberry powder and nutrient-dense brown rice bran deliver 11 grams of V-Fiber™ per serving and a balanced, complete, nutritionally dynamic meal.

The average western European diet is not always ideal, time pressure and hectic lifestyles have cut down the amount of time spent on cooking and food preparation. We eat largely over processed foods that provide very little nutrition and tons of calories. At the same time, our demand for essential nutrients has never been greater; we work more, take a lot of medications, and eat too much junk food and refined sugar.

To catch up and keep up with today's extraordinary demands, we must provide our systems with essential nutrients. Young Living developed the Core Essentials Complete nutritional programme to supply a full spectrum of essential nutrients supercharged with the world's finest revitalising essential oils. The programme includes NingXia Red®, Longevity™, True Source™, OmegaGize™, and Balance Complete.

Balance Complete supplies an optimal balance of nutrients ideal for a nutritious, calorie-conscious, delicious and satisfying meal.

Primary Benefits

- Improves toxin and fat elimination
- Enhances and supports nutrient absorption
- Supports maintenance of normal cholesterol levels
- Supplies 11 grams heart-healthy fibre per serving
- Nurtures friendly bacterial and colon health

Who Should Use This Product?

Balance Complete is perfect for anyone interested in improving health and wellbeing. Those interested in cleansing and weight loss should strongly consider the 5-Day Nutritive Cleanse. This simple and effective programme can be made to fit anyone's needs.

Ingredients

V-Fiber Proprietary Blend (Ningxia wolfberry powder, brown rice bran, inulin, larch polysaccharide, guar gum, konjac, xanthan gum, and sodium alginate); nutrient-dense foods (ultra-bioactive New Zealand whey protein, barley grass, and aloe vera); Proprietary Enzyme Complex (lactase, lipase, bromelain, papain, and amylase); and all-natural, low-glycemic flavours (natural vanilla, xylitol, fructose)

Suggested Use

- Add two scoops of Balance Complete to 250ml of cold water or the milk of your choice. Shake, stir, or blend until smooth.
- During Young Living's 5-Day Nutritive Cleanse, replace your three daily meals with Balance Complete and follow recommended schedule. For daily health maintenance, replace your least nutritious meal with Balance Complete. For weight management programmes, replace two daily meals with Balance Complete.

Did You Know?

- Whole Ningxia wolfberry powder, the key ingredient in V-Fiber, supplies wolfberry protein-polysaccharides, is 16% protein by volume, and contains zeaxanthin, an antioxidant critical for eye health.
- Konjac root can absorb up to 200 times its weight in water, making it ideal for supporting digestive flow and regularity.

- Inulin fibre and larch polysaccharide are prebiotics, meaning they promote friendly flora in the intestines.

Complementary Products

- NingXia Red, OmegaGize, Longevity, True Source™ and Digest + Cleanse.

What Makes This Product Unique?

- Young Living's proprietary V-Fiber blend makes Balance Complete extraordinary. V-Fiber is a cutting edge approach to fibre, ideal for cleansing, weightloss, and everyday health maintenance. It supplies a remarkable 11 grams of fibre per serving by combining nutrient-dense fibre and soluble fibre concentrates. Research from the Life Extension Foundation has shown that fibre blends produce more viscosity and effect than singular fibre sources. V-Fiber delivers optimal viscosity with nutrient-rich fibres and natural fibre concentrates that:
 - form more bulk and improve elimination
 - absorb more toxins
 - satisfy the appetite
 - balance blood sugar
- Balance Complete's protein is non-denatured, sourced from New Zealand and is certified
- grass-fed
- hormone-free
- antibiotic-free