

Product Summary

Utilise the powerful constituents found in Ginger, Cardamom, Peppermint, Fennel, and Spearmint essential oils to help ease occasional stress with Young Living's new AromaEase essential oil blend! AromaEase has been formulated specifically for emotional stress that may affect the stomach and digestive tract. The minty, vibrant aroma may also help if you suffer from sickness during travel.

This synergistic blend of peppermint, ginger, cardamom and fennel opens and releases energetic blocks and brings feelings of balance when applied to the abdomen. Diffuse, breathe in directly from the bottle, or apply topically to the solar plexus Vita Flex points and abdominal energy centres to help support healthy energy flow and vitality.

Primary Benefits & Features

- Promotes relaxation and comfort
- Grounds and calms the body
- Uplifts, refreshes, and invigorates
- Supports clarity during times of stress

Who Should Use AromaEase Essential Oil Blend?

- Anybody who suffers from occasional travel induced motion sickness
- Individuals looking to calm and balance the body
- People wanting to create an atmosphere of peace and stillness.

Suggested Use

- Topical: Apply to desired area. In case of sensitivity, dilute 15 drops in 10 ml of V-6™
- Aromatic: Diffuse up to 30 minutes 3 times daily.

Cautions

- Keep out of reach of children.
- Dilute before applying to skin.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.
- Not intended for children under the age of 6 without the advice of a health professional.

Ingredients

Mentha piperita (Peppermint) oil, Mentha spicata (Spearmint) leaf extract, Zingiber officinale (Ginger) root oil, Elettaria cardamomum (Cardamom) seed oil, Foeniculum vulgare (Fennel) oil.



Did You Know?

- Peppermint refreshes and reenergises the mind.
- Spearmint helps open and release emotional blocks and brings feelings of balance as well as a lasting sense of well-being.
- The gentle, stimulating aroma of Ginger supports courage.
- Fennel is a popular digestive herb, widely used to settle minor intestinal upset.

Complimentary Products

- Aroma Diffuser
- DiGize Essential Oil Blend
- JuvaFlex Essential Oil Blend
- Release Essential Oil Blend
- Tranquil Essential Oil Roll-On

Product Information

AromaEase Essential Oil Blend 5ml
 Item No. 474908 & 474910