

# **HEALTHY HANDS**

# Feeling well with the power of Thieves

# **KEY MESSAGES**

It's in each of our hands to be conscientious of the part we play in preventing the spread of germs by how we take care of ourselves and our community.

Simple measures, with the right information and quality resources can empower us all to stay well.

Keep it easy with three tips for staying well.

1. PREVENTION: GET BACK TO BASICS

2. RELIEF: COUGH AND COLD

3. MAINTENANCE: EVERYDAY WELLNESS

Plus, we'll cover the 3 simple sets curated specially to address and support these three steps with plant-based, effective ingredients.

All available for a limited time while supplies last.

# DETAILED TALKING POINTS FOR EACH STEP

# 1. PREVENTION

- Washing your hands is one of the best ways to help prevent the spread of seasonal germs like cough and cold.
- 1 in 5 respiratory infections, such as a cold, can be prevented by handwashing.\* CDC
- Wash hands with soap for at least 20 seconds (that's the "Happy Birthday" song from beginning to end, twice).

Lather and scrub the back of your hands, between fingers and under your nails!

· Preventive measures are your first line of defense to staying well.



## THIEVES CLEAN HANDS SET

Item No. 32497 | Wholesale: \$56.48 | Retail: \$74.32 | PV: 44.78

#### Set includes:

- · Thieves Foaming Hand Soap, 236 ml
  - Cleanse and condition skin with this gentle, yet effective alternative to chemically-derived soaps.
- Thieves Spray, 29.5 ml
  - Spray down surfaces and frequently touched objects (like shopping cart handles, doorknobs, remotes, tables, etc.).
  - Portable cleaning spray, ideal for small surfaces.
- · Thieves Waterless Hand Sanitizer, 225 ml
  - This powerful yet gentle germ-fighting formula effectively kills common, illness-causing germs and bacteria.
  - Infused with Thieves blend, Peppermint essential oil and soothing aloe vera, Thieves Waterless Hand Sanitizer leaves hands feeling clean and soft.

# 2. RELIEF

- When viruses, like the common cough and cold hit, be intentional about your recovery.
  - Get rest, stay hydrated.
  - Reach for cough and cold natural health products to limit the impact of your symptoms.
  - When used in aromatherapy, these oils are shown to help relieve coughs and colds.
    You may also dilute and apply to the bottoms of your feet before bed or in the morning.

## COUGH & COLD NHP SET

Item No. 32498 | Wholesale: \$86.40 | Retail: \$113.68 | PV: 68.85

## Set includes:

- Thieves, 15 ml
- R.C., 5 ml
- Laurus Nobilis, 5 ml
- · Lemon, 5 ml







# 3. MAINTENANCE

- Daily wellness routines and supplements are like insurance for our body.
- Fueling up with nutrients and vitamins allows us to be proactive in our overall health and well-being.
- A natural daily routine with wholesome products to empower you to live the life you choose.

### **EVERYDAY WELLNESS SET**

Item No. 32496 | Wholesale: \$150.30 | Retail: \$197.76 | PV: 118.80

#### Set includes:

- NingXia Red, 2-pack
  - A delicious drink that contains NingXia wolfberry puree; a super blend of blueberry, aronia, cherry, pomegranate and plum juices; natural stevia, grape seed and pure vanilla extracts; and Orange, Yuzu, Lemon and Tangerine essential oils.
  - Provides whole-body nutrient infusion.
- Life 9
  - High-potency probiotic that combines 17 billion live cultures from nine beneficial bacteria strains.
  - Promotes healthy digestion, gut health and helps maintain normal intestinal function for overall support of a healthy immune system.
- Super C
  - In addition to helping our bodies maintain healthy bones, hair, nails and skin, it is a valuable source of vitamin C, essential vitamins and minerals our bodies need to perform its daily functions.

### Additional resources for more information:

- Visit www.youngliving.com/en\_CA
- Follow "YoungLivingCanada" on Facebook and Instagram for product tips and education
- Check out the Young Living Canada Blog for more tips on cough and cold

IT'S IN YOUR (healthy) HANDS

Spread love and wellness with Thieves.