

# ALL-NATURAL VAPOR CHEST RUB

## INGREDIENTS:

- 1/2 cup coconut oil
- 40 drops of Young Living's Raven Essential Oil
- 10 drops of Young Living's Eucalyptus Radiata Essential Oil
- 10 drops Orange Oil

## DIRECTIONS:

1. Melt the coconut oil in a glass bowl/jar
2. Add in all of the the essential oils and mix thoroughly
3. Pour into a glass jar that can be sealed and use as needed



[www.youngliving.com/en\\_CA](http://www.youngliving.com/en_CA)



# ALL-NATURAL VAPOR CHEST RUB

## INGREDIENTS:

- 1/2 cup coconut oil
- 40 drops of Young Living's Raven Essential Oil
- 10 drops of Young Living's Eucalyptus Radiata Essential Oil
- 10 drops Orange Oil

## DIRECTIONS:

1. Melt the coconut oil in a glass bowl/jar
2. Add in all of the the essential oils and mix thoroughly
3. Pour into a glass jar that can be sealed and use as needed



[www.youngliving.com/en\\_CA](http://www.youngliving.com/en_CA)

