







VETIVER Essential Oil Chrysopogon zizanioides

Used in aromatherapy

Experience Wellness in Body & Soul

- · BODY: Find relief for tired muscles or for pain of joints and muscles associated with sprains, strains, or rheumatoid arthritis. Vetiver is also the perfect oil to apply topically to help with pimples and acne or to experience relief from painful boils.
- · SOUL: Vetiver has an earthy and grounding aroma that brings you back to nature.

USAGES: Local application, body massage, topical application, sprays used for muscle pain/other topical use, bath, direct inhalation, steam inhalation, compresses





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