

PATCHOULI



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Essential Oil *Pogostemon cablin*

Used in aromatherapy

## Experience Wellness in Body & Soul

- **BODY:** Patchouli is a great oil to help with pimples and acne or to experience relief from painful boils as well as to relieve minor skin irritations due to cuts, scrapes, bruises or minor burns. When experiencing digestive discomfort, Patchouli acts as a carminative and antispasmodic.
- **SOUL:** Patchouli essential oil may be used topically to improve the appearance of dry skin and is an ideal complement when added to your favorite skin care products. Diffuse this oil for a calming, relaxing, and peaceful fragrance.

USAGES: *Local application, body massage, topical application, sprays used for muscle pain/other topical use, bath, direct inhalation, steam inhalation, compresses*



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