Experience Wellness in Body & Soul

- **BODY:** When experiencing digestive discomfort, Orange can act as a carminative and antispasmodic.
- **SOUL:** This oil helps calm the nerves with its relaxing properties and acts as a nerve and calmative.

**USAGES:** Local application, body massage, topical application, sprays used for topical use, bath, direct inhalation, steam inhalation, compresses.