







CEDARWOOD Essential Oil Cedrus atlantica

Used in aromatherapy

Experience Wellness in Body & Soul

- BODY: Reduces the symptoms of cold & cough and relieves joint or muscle pain associated with sprains, strains & rheumatoid arthritis. Helps to relieve minor skin irritation, cuts, bruises, burns. Can be used to help with the relief of the symptoms of acne or boils. Cedarwood has a long history of being a beneficial ingredient in cosmetic preparations for oily skin.
- SOUL: Acts as a nervine and calmative which enhances relaxation and is relaxing and soothing when used for massage.

USAGES: Local application, body massage, topical application, sprays used for muscle pain/other topical use, bath, direct inhalation, steam inhalation, compresses



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