



PRODUCT GUIDE

Canada
2015-2016

WELCOME



Welcome, Friends!

The guide you hold represents our two decades of hard work, research, discovery, and unmatched expertise. We are thrilled to celebrate every milestone that has brought us, as a global community, to this landmark anniversary.

You can scarcely imagine a more humble beginning than ours. From what started on a remote farm in Idaho with a homemade pressure cooker distiller, Young Living has grown into the World Leader in Essential Oils®—an international presence with markets and farms around the world. More than our growth, however, this anniversary celebrates a legacy of transforming lives through the power of pure essential oils and our exacting Seed to Seal® process.

Authenticity, sustainability, and efficacy are personal passions for me. The Seed to Seal promise allows us to deliver the pure, authentic essential oils that change lives; and it's why, even after 20 years, Mary and I are still passionate about what we do. For us, 2014 is about nothing less than the promise of true, lasting wellness that each precious drop holds.

If you believe that your family deserves to harvest the benefits of nature's solutions every day, without compromise, we agree. We encourage you to discover how our products can replace harsh chemicals in your home, support your body, reveal your natural radiance, and help you find an oasis of calm in a world of noise.

We believe that life's truest, most lasting solutions are found in nature. After experiencing the Young Living lifestyle and Seed to Seal promise for yourself, we think you will agree.

Sincerely,

A stylized, cursive signature of D. Gary Young in black ink.

A cursive signature of Mary Young in black ink.

D. Gary and Mary Young




CONTENTS

<i>About Young Living</i>	<i>2</i>
<i>Essential Oil Singles</i>	<i>16</i>
<i>Essential Oil Blends.....</i>	<i>20</i>
<i>At Home.....</i>	<i>26</i>
<i>Healthy & Fit.....</i>	<i>32</i>
<i>Personal Care.....</i>	<i>36</i>
<i>Sharing the Lifestyle</i>	<i>46</i>
<i>Index</i>	<i>56</i>
<i>Share Young Living Flyers</i>	<i>57</i>
<i>How to Order.....</i>	<i>69</i>

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 [FACEBOOK.COM/YOUNGLIVINGCANADA](https://www.facebook.com/YoungLivingCanada)



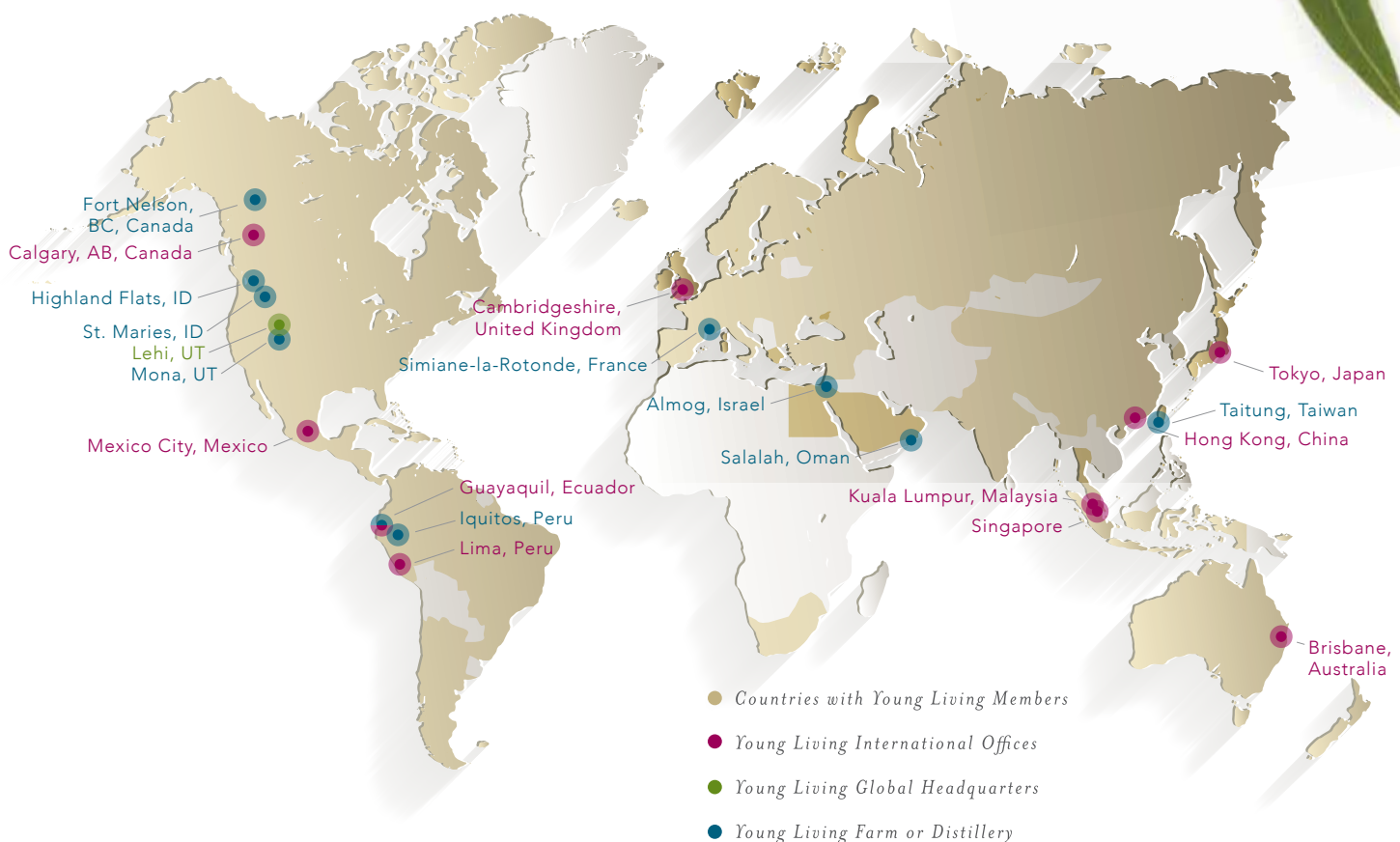
We take the stewardship of our planet seriously. Our state-of-the-art production process brings you the purest oils on Earth. We call it Seed to Seal™. It's not a slogan—it's our calling.

Dr. H. H. H. H.

Our PURPOSE

Eucalyptus Radiata

Bringing greater wellness and abundance to people all over the world has always been the top priority for Young Living Founder and CEO D. Gary Young. He won't rest until his unique message and products have been taken to every home in the world.



Canada Growth FACTS

Since the Canada market opening in 2013, Young Living Canada has launched over 100 new products, including 23 new products in 2015 alone.

In 2014, Canada active members and sales more than doubled.

Young Living essential oils come from over 50 different sources and are all worthy of the Seed to Seal distinction.





A Young Living member plants a frankincense tree at the Young Living farm in Salalah, Oman.



Frankincense trees flourish on the island of Socotra off the coast of Yemen.

Our promise of purity from **SEED TO SEAL**

OUR EXCLUSIVE SEED TO SEAL® PROCESS INCLUDES FIVE CAREFUL STEPS:

SEED – Potent essential oils come from plant species that have been authenticated by Young Living and industry experts through scientific research, field study, university partnerships, and on-site planting certification. Selecting seeds that produce the highest value is a vital first step in our Seed to Seal process.

CULTIVATE – Young Living's knowledge of soil preparation, balance of sun and water, responsible weed and pest control, and wild craft harvesting ensure that stringent standards are met, both on our own farms as well as with our carefully monitored partner farms. We continue to conduct research and remain dedicated to growing the highest quality aromatic plants.

DISTILL – Combining ancient and modern techniques, Young Living's low-pressure steam distillation process ensures that the beneficial plant compounds in each batch of essential oil remain uncompromised. This step is completed at just the right time to ensure all beneficial constituents are present to maximize the quality of the oil. Additionally, we use tree resin hydrodistillation for select oils and cold pressing techniques for most of our citrus essential oils.

TEST – Young Living never accepts diluted, cut, or adulterated essential oils. To guarantee consistent quality, our essential oils are tested in our own internal labs, as well as in third-party facilities, to ensure that they meet demanding specifications, exceed international standards, and contain the optimal levels of constituents.

SEAL – We complete our Seed to Seal process by carefully sealing and inspecting each bottle of essential oil at our 107,000-square-foot state-of-the-art clean-room facility and then shipping to members worldwide. Individual bottle labels are encoded with detailed tracking information that allows Young Living to trace each bottle of essential oil back to its source.



For more detailed information on our Seed to Seal process and global farms, visit SeedtoSeal.com.





Peppermint

A Look at Our Farms **AROUND THE GLOBE**

To ensure that Young Living is able to control every step of the Seed to Seal process, we own eight farms on four continents and partner or co-op farm with many other farms around the world. Gary Young personally travels the globe to scout farms that offer ideal conditions for growing our premium botanicals. This personal, direct involvement in the growing process is what allows us to ensure that each product delivers the purity and efficacy our members have come to expect.



FORT NELSON, BRITISH COLUMBIA, CANADA

Purchased in 2014, our Northern Lights farm grows and distills black spruce, ledum, yarrow, and other botanicals. As part of

our commitment to sustainability, this scenic farm will also be the site of continuous reforestation of the trees we harvest, including the black spruce trees, which are crucial for our popular Valor essential oil blend.



HIGHLAND FLATS, NAPLES, IDAHO, USA

The site of both the Winter Harvest and Spring Replanting events, the scenic Highland Flats Tree Farm is where

members are able to experience our Seed to Seal process firsthand. The farm grows and distills Idaho balsam fir, Western red cedar, pine, Idaho blue spruce, and other conifers and is the home of the world's first fully automated, state-of-the-art distillery.



NORTHERN LIGHTS FARM, BRITISH COLUMBIA, CANADA

Keeping up with the high demand that comes with massive worldwide growth, Young Living built a distillery almost overnight in the cold of winter and began distillation of the black spruce oil, commonly used in the popular blend Valor. Be sure to stop by and witness the magnificence of the Northern Lights Farm.



MONA, UTAH, USA

Our farm in Mona has been growing lavender, hyssop, clary sage, peppermint, goldenrod, and more since 1995. It now also grows einkorn grain. This beautiful farm hosts our annual Lavender Days celebration and many other special events.



SIMIANE-LA-ROTONDE, FRANCE

Celebrated for its rolling hills and fields of fragrant lavender, the region of Provence, France, is home to our third farm. This picturesque

farm grows lavender, lavandin, rosemary, clary sage, and einkorn grain.



SALALAH, OMAN

Since 2010 Young Living has partnered with local Omani harvesters to obtain and secure our supply of Sacred Frankincense resin.

Young Living is the first and only company in the world to obtain permission to distill and export this precious essential oil and bring it into the Western world.



GUAYAQUIL, ECUADOR

The lush, fertile soil in Guayaquil creates a superb environment to grow unique and rare botanicals such as eucalyptus blue, ylang ylang, chocolate,

dorado azul, and ocotea, among many others. This farm's state-of-the-art distillery is the largest in South America.



IQUITOS, PERU

After much investigation and interaction with government officials, Young Living has purchased more than 3,400 acres of wild

Amazon rain forest, where we are building a distillery, researching wild-crafting of native plants and trees, and distilling them to produce essential oils for Young Living.

Partner Farms

Besides our own farms, Young Living partially owns many others around the world in partnership with independent growers. Our partners agree to adhere strictly to our Seed to Seal process and are carefully vetted for compliance. Through our partner farms, Young Living is able to support local independent farming while maintaining our absolute commitment to quality.

Co-op Farms

We also source many of our essential oils from co-op farms around the world. These respected growers work exclusively with Young Living and pledge to adhere strictly to our Seed to Seal process. As an investor in these farms, we closely monitor the quality and authenticity of the botanicals and oils they provide.

Qualified Vendors

We also purchase many of our essential oils from a variety of global vendors whose suppliers abide by our stringent, demanding Seed to Seal process. We rigorously and thoroughly test the essential oils provided by these vendors.



A close-up photograph of tea plant leaves, showing their serrated edges and vibrant green color. The leaves are slightly out of focus, creating a soft, natural background for the text.

What are **ESSENTIAL OILS?**

As the World Leader in Essential Oils®, we offer hundreds of single oils, blends, and oil-infused products, each containing the optimal levels of specific, naturally occurring constituents to maximize their benefits. Whether you use oils for aromatic purposes, personal care, or household solutions, every aspect of daily life can benefit from the incorporation of essential oils!

OIL AND OIL-INFUSED PRODUCTS

Pure, YLTG essential oils are the foundation of everything Young Living does.

We offer products in four categories designed to enrich and simplify your life, every day:



ESSENTIAL OILS

True joy can be found when harmony exists between the body and spirit. This synergetic relationship has driven how we formulate products from day one. Use essential oils neat, as blends, or as infusions in our other great products.

See page 16 for Essential Oils.

AT HOME

Young Living brings you natural products that you can use every day to keep your home and family clean and safe, all while avoiding the harsh chemicals found in many of today's cleaners, hygiene products, and other household items.

See page 26 for At Home.

HEALTHY & FIT

Formulating powerful, essential oil-infused products, Young Living offers many healthful options that not only satisfy nutritional needs but your taste buds as well!

See page 32 for Healthy & Fit.

PERSONAL CARE

Our essential oil-infused shampoos, lotions, and targeted skin-care products will reveal your natural glow as they cleanse, moisturize, and nourish with natural formulas free from harmful chemicals. Pamper your body from the outside in!

See page 36 for Personal Care.

How to Use ESSENTIAL OILS

Follow label instructions and the suggestions below to experience the transformative benefits of essential oils.



AROMATICALLY

Use essential oils aromatically to uplift the spirit.

- Rub 2–3 drops of essential oil between your palms and inhale.
- Add a few drops of essential oil to a bowl of hot water. Cover your head and bowl with a towel. Breathe deeply and slowly.
- Use your favourite essential oils in our diffusers.

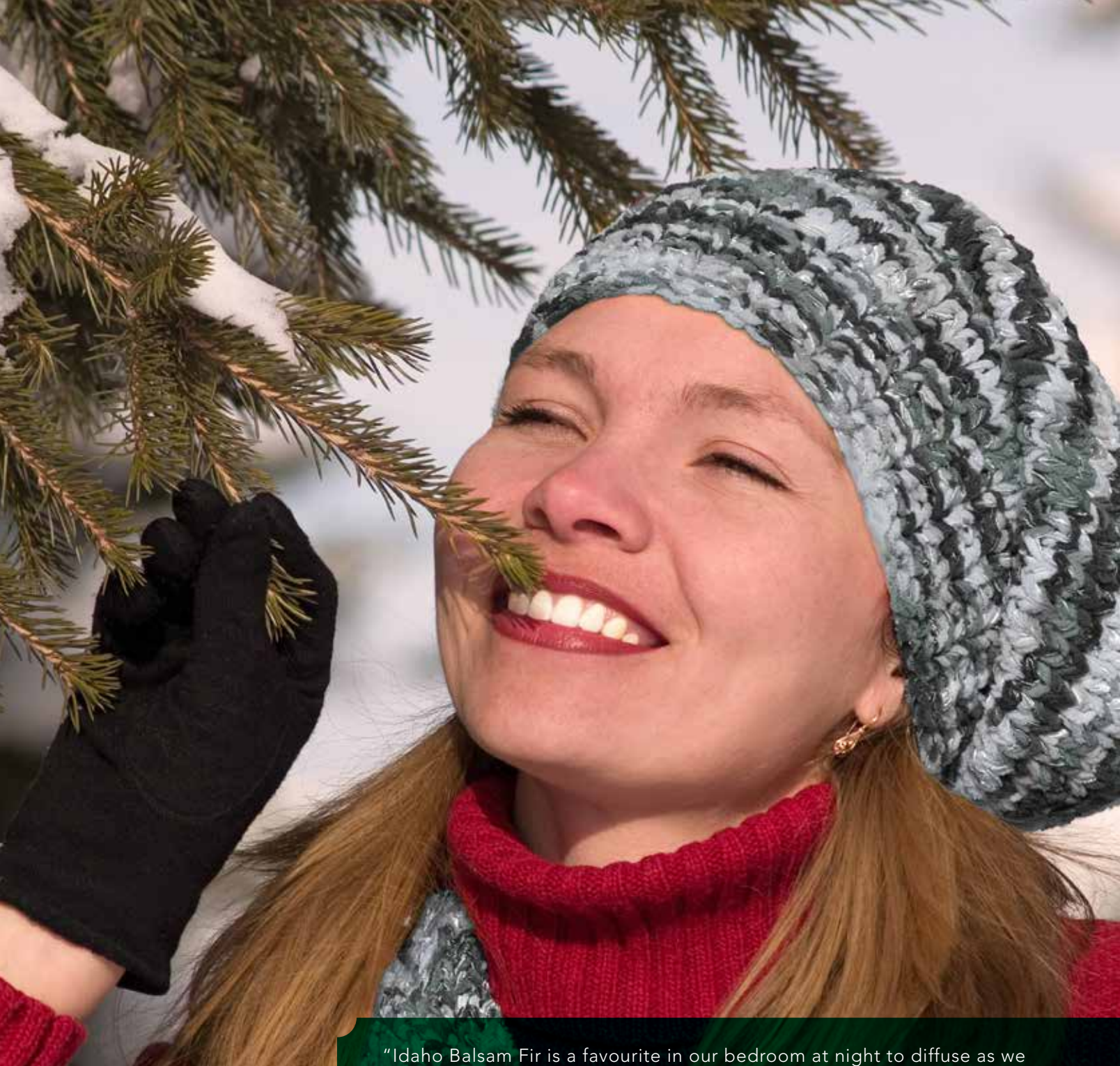


TOPICALLY

Many essential oils are safe and beneficial to use directly on the skin.

- Place 2–3 drops of essential oil directly on the desired area and massage in. Repeat as desired. Always follow the label's dilution instructions.

Caution: Essential oils are very potent and may be irritating to the skin. If irritation occurs, apply Young Living's V-6™ Vegetable Oil Complex or any pure vegetable oil to the area to dilute. Citrus-based oils and blends may cause temporary photosensitivity.



"Idaho Balsam Fir is a favourite in our bedroom at night to diffuse as we fall asleep." Chanelle Morin: Platinum, Saskatchewan



Winter harvest at the St. Maries, Idaho, Young Living farm.

Introducing the **NEW LOOK** of Young Living

Look for distinctive new packaging and labels as beautiful as their aromas, our essential oils and blends will be more shareable than ever. Get conversations started with our gold-capped exclusive blends and silver-capped singles in clear amber bottles that show off the precious oils inside.



Lime



Lime Tree

Beautiful new things are on the horizon for Young Living. Keep an eye on our products, labeling, promotional materials, website, and beyond as we reveal an inspiring, vibrant new look for Young Living in 2015 & 2016.

Enjoy the convenience of our roll-ons? Soon there will be even more to love. Each roll-on will arrive at your doorstep encased in a bright paper tube that incorporates Idaho balsam fir, pine, and Idaho blue spruce chips from our own farm distilleries. These custom cases will proudly bear our exclusive Seed to Seal® stamp, a reminder of the state-of-the-art process we take to bring you the highest quality essential oils in the world!

We can't wait to offer you a beautiful new brand that makes sharing Young Living easier than ever, with the same unmatched quality we have maintained for the last 20 years and counting!



Lavender





ESSENTIAL OIL

products

Essential oils are the foundation of everything we do at Young Living and are at the center of our mission to change lives for the better. In this section we share with you the core of our product lines: effective, 100% pure essential oils backed by our Seed to Seal promise. On every page you will find keys to enjoying essential oil products for you and your family.



Essential Oil SINGLES



Peppermint

Over the past two decades, Young Living has researched and perfected a proprietary Seed to Seal® process that creates the world's finest essential oils. We verify the most beneficial seed species, follow pure cultivating practices, participate in the entire distillation process, implement rigorous testing for quality assurance, and seal and inspect all individual bottles before carefully shipping them worldwide. Our dedication to perfection is what makes us stand out in our field as the world leader in essential oils.

BASIL *Ocimum basilicum*

Item No. **350003** 15 ml Whsl. \$28.50 Retail \$37.50 PV 24.75



Generally used as a spice in cooking, Basil has a pleasing aroma and is steam distilled from the flowering plant in Vietnam and India. Basil is also used as part of Young Living's Raindrop Technique®. A massage with basil oil brings feelings of relief and balance.

HOW TO USE: Diffuse or dilute and apply topically.

CEDARWOOD *Cedrus atlantica*

Item No. **350903** 15 ml Whsl. \$12.00 Retail \$17.11 PV 11.25



Cedarwood has a warm cedar aroma. It is relaxing and soothing when used for massage. Cedarwood has a long history of use as a beneficial ingredient in cosmetic preparations for oily skin.

HOW TO USE: Directly inhale, diffuse, or apply topically.

CITRONELLA *Cymbopogon nardus*

Item No. **308503** 15 ml Whsl. \$22.50 Retail \$29.61 PV 19.50



Citronella has a fresh, elevating aroma that can be inhaled directly or diffused to lift the spirits. It can be also applied topically to tone and balance the skin.

HOW TO USE: Directly inhale, diffuse, or apply topically.

CLOVE *Syzygium aromaticum*

Item No. **352403** 15 ml Whsl. \$17.50 Retail \$23.03 PV 15.25



Steam distilled from dried clove buds in Madagascar, clove is an important ingredient in Young Living's Thieves® oil blend. Clove oil has a sweet, spicy fragrance that is stimulating and revitalizing.

HOW TO USE: Diffuse or dilute and apply topically.

☀ Photosensitivity: Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

💧 Topical: Apply directly to skin. Dilution may be required, see label for usage.

🍷 Dilute: Topical or dietary dilution required. See individual labels for details.

🌿 Aromatic: Inhale directly or use a Young Living diffuser.



COPAIBA *Copaifera reticulata*Item No. **343103** 15 ml Whsl. \$49.25 Retail \$64.80 PV 43.00 🌿

Distilled from gum resin that is wild harvested from Brazilian copaiba, copaiba contains the highest amounts of beta caryophyllene (55 percent) of any known essential oil.

HOW TO USE: Diffuse or dilute and apply topically.

CYPRESS *Cupressus sempervirens*Item No. **353003** 15 ml Whsl. \$22.00 Retail \$28.95 PV 19.25 🔥 🌿

Cypress is a fresh, herbaceous, slightly evergreen aroma that is steam distilled from freshly cut branches of cypress trees in Spain. It refreshes, restores and promotes a sense of security and grounding.

HOW TO USE: Diffuse, directly inhale or dilute and apply topically.

FRANKINCENSE *Boswellia carterii*Item No. **354803** 15 ml Whsl. \$84.00 Retail \$110.53 PV 73.50 🌿 🔥

The ancient Egyptians used the oil found in the wild-crafted resin of *Boswellia carterii* trees in Kenya to promote younger, fresher looking skin. Frankincense is also known for its sweet, warm, balsamic aroma with calming properties that can increase spirituality and inner strength.

HOW TO USE: Diffuse or dilute and apply topically.
See also Sacred frankincense.

GERANIUM *Pelargonium graveolens*Item No. **355403** 15 ml Whsl. \$47.25 Retail \$32.17 PV 41.25 🌿 🔥

Steam distilled from the flowering plant in Egypt, geranium has a wonderfully uplifting, calming, flowery scent. It is excellent for the appearance of skin and its aromatic influence helps release negative memories.

HOW TO USE: Diffuse or dilute and apply topically.

GRAPEFRUIT *Citrus paradisi*Item No. **356003** 15 ml Whsl. \$19.25 Retail \$25.33 PV 16.75 🌿

Cold pressed from the fresh fruit peel of grapefruits grown in the United States, grapefruit's sweet, zesty scent is uplifting and revitalizing.

HOW TO USE: Diffuse or dilute and apply topically.

HELICHRYSUM *Helichrysum italicum*Item No. **356303** 5 ml Whsl. \$97.25 Retail \$127.96 PV 85.00 🌿 🔥

Derived from the flowering tops in Eastern Europe, helichrysum was traditionally used to support healthy looking skin. The helichrysum flowers are commonly called "everlasting" or "immortal."

HOW TO USE: Diffuse or dilute and apply topically.

IDAHO BALSAM FIR *Abies balsamea*Item No. **331603** 15 ml Whsl. \$72.00 Retail \$94.74 PV 62.75Item No. **331403** 5 ml Whsl. \$30.00 Retail \$39.47 PV 26.00 🌿 🔥

Idaho Balsam Fir is a conifer oil distilled in northern Idaho that has a refreshing and uplifting scent. Used to balance moods, it promotes increased spirituality.

HOW TO USE: Diffuse or dilute and apply topically.

Young Living tips

DID YOU KNOW...

You can replace harsh chemicals in your hot tub with 12-15 drops of **GERANIUM** essential oil to keep your water fresh and clean.

JADE LEMON *Citrus limon eureka var. formosensis* **New!**
Item No. **468503** 5 ml Whsl. \$12.50 Retail \$16.45 PV 10.75



Jade Lemon oil is released only after the fruit is picked, giving it a richer and more fragrant aroma. It has a unique lemon-lime scent that invigorates and uplifts the senses.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

LAVENDER *Lavandula angustifolia*
Item No. **357503** 15 ml Whsl. \$27.00 Retail \$35.53 PV 23.50



Steam distilled from the flowering plants grown at the Young Living farms in Simiane-la-Rotonde, France, and Mona, Utah, lavender is the most versatile essential oil. Its refreshing, relaxing scent has balancing properties that also bring a sense of calm.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

LEMON *Citrus limon*
Item No. **357803** 15 ml Whsl. \$13.00 Retail \$17.11 PV 11.25



Cold pressed from the fresh fruit peel of lemons grown in Argentina and the United States, lemon oil has refreshing and cooling properties. Its fresh, citrus scent is an instant pick-me-up.

HOW TO USE: Diffuse or dilute and apply topically.

LEMONGRASS *Cymbopogon flexuosus*
Item No. **358103** 15 ml Whsl. \$13.00 Retail \$17.11 PV 11.25



Lemongrass has a light, fresh, citrus aroma with earthy undertones. Refreshing, rejuvenating, stimulating, and balancing, it is an inspiring oil.

HOW TO USE: Diffuse or dilute and apply topically.

LIME *Citrus latifolia*
Item No. **307403** 15 ml Whsl. \$14.25 Retail \$18.75 PV 12.25



Lime is sought after for its invigorating and energizing citrus aroma. It can be used to freshen the home and chase away unwanted odors.

HOW TO USE: Diffuse or dilute and apply topically.

MARJORAM *Origanum majorana*
Item No. **358403** 15 ml Whsl. \$39.75 Retail \$52.30 PV 34.75



Marjoram has a woody, spicy aroma that has a warm, calming effect. It is a relaxing oil that is great to use for massaging after physical activity, making it an essential addition to the Raindrop Collection.

HOW TO USE: Diffuse or dilute and apply topically.

OCOTEA *Ocotea quixos*
Item No. **355603** 5 ml Whsl. \$41.75 Retail \$54.93 PV 36.50



Extracted from an Ecuadorian tree, Ocotea has high levels of alpha humulene. It also contains natural properties that are beneficial to the skin.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

ORANGE *Citrus sinensis*
Item No. **360203** 15 ml Whsl. \$12.50 Retail \$16.45 PV 10.75



Cold pressed from the fresh fruit peel of oranges grown in the United States, orange's sweet, citrus fragrance induces relaxation and encourages positive emotions.

HOW TO USE: Diffuse or dilute and apply topically.

OREGANO *Origanum vulgare*Item No. **360503** 15 ml Whsl. \$31.75 Retail \$41.78 PV 27.75 🌿

This versatile oil is warming to the skin and a key part of Young Living's Raindrop Technique. This application of essential oils through massage promotes a strong sense of comfort and relaxation.

HOW TO USE: Diffuse or dilute and apply topically.

PEPPERMINT *Mentha piperita*Item No. **361403** 15 ml Whsl. \$24.75 Retail \$32.57 PV 21.50 🌿

One of the oldest and most highly regarded herbs, peppermint essential oil has a fresh aroma that is energizing to give you a renewed feeling of vigor.

HOW TO USE: Diffuse or dilute and apply topically.

SACRED FRANKINCENSE *Boswellia sacra*Item No. **355203** 15 ml Whsl. \$102.75 Retail \$135.20 PV 89.75Item No. **355003** 5 ml Whsl. \$48.50 Retail \$63.82 PV 42.25 🌿

Sacred frankincense essential oil comes from Boswellia sacra tree resin that is wild harvested and steam distilled at the Young Living farm in Salalah, Oman. This oil is ideal for those who wish to take their spiritual journey and meditation experiences to a higher level.

HOW TO USE: Diffuse, inhale directly, or dilute and apply topically.

TEA TREE *Melaleuca alternifolia*Item No. **358703** 15 ml Whsl. \$29.75 Retail \$39.14 PV 26.00 🌿

Previously known as Melaleuca Alternifolia oil, Tea Tree oil is steam distilled from the leaves in Australia. It has a wide range of uses and is especially beneficial to the skin.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

THYME *Thymus vulgaris*Item No. **365003** 15 ml Whsl. \$38.75 Retail \$50.99 PV 33.75 🌿

Steam distilled from the flowering plants in Spain, thyme has a spicy, warm, herbaceous aroma that is both powerful and penetrating.

HOW TO USE: Diffuse or dilute and apply topically.

WINTERGREEN *Gaultheria procumbens*Item No. **365803** 15 ml Whsl. \$20.25 Retail \$26.64 PV 17.75 🌿

Wintergreen has a sweet, minty scent distilled from the fresh leaves in China. This oil is known for its soothing properties, particularly when used in massage.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

*Young Living tips***TRY THIS AT HOME**

Melt together 1 tablespoon of coconut oil with 1 tablespoon of beeswax; then add 10 drops of your favourite essential oil. Pour into an empty lip balm carrier and enjoy an all-natural, moisturizing lip balm anywhere you go. Have fun mixing and matching essential oils to create your customized perfect blend.

YLANG YLANG *Cananga odorata*Item No. **365903** 15 ml Whsl. \$46.75 Retail \$61.51 PV 40.75 🌿

Distilled from the flowers, traditional usage of ylang ylang was to relax the mind and balance emotions. This oil is widely used to inspire feelings of romance.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

Essential Oil BLENDS



Eucalyptus Radiata

The efficacy and harmony of the oils is of the utmost importance when developing an essential oil blend. Young Living's years of rigorous research combined with extensive lab testing and farming expertise means every essential oil blend contains complementary constituents that deliver the expected result. To meet such demanding standards, Gary Young oversees the development and formulation of Young Living's unique essential oil blends.

AROMAEASE

Item No. **474903** 5 ml Whsl. \$40.25 Retail \$52.96 PV 34.75  



AromaEase™ has a cool, minty aroma and contains powerful essential oil constituents that promote feelings of calmness when used aromatically.

HOW TO USE: Diffuse, directly inhale, or dilute with V-6™ Vegetable Oil Complex or olive oil and apply to desired area as needed.

ESSENTIAL OILS: peppermint, spearmint, ginger, cardamom, fennel

AROMA SIEZ

Item No. **330903** 15 ml Whsl. \$36.00 Retail \$47.37 PV 31.50 



A key blend in Young Living's exclusive Raindrop Technique®, Aroma Siez™ combines lavender and peppermint essential oils to promote relaxation

HOW TO USE: Diffuse or dilute and apply topically.

ESSENTIAL OILS: basil, lavender, cypress, marjoram, peppermint

CITRUS FRESH *New!*

Item No. **331803** 15 ml Whsl. \$17.75 Retail \$23.36 PV 15.25 



Citrus Fresh™ is a blend of energizing citrus oils that help bring about a sense of calm, creativity and feelings of joy. It also works as an air purifier.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

ESSENTIAL OILS: orange, grapefruit, mandarin, tangerine, lemon, spearmint

DIGIZE


Item No. **332403** 15 ml Whsl. \$37.50 Retail \$49.34 PV 32.75 




DiGize™ is a blend of pure tarragon, ginger, peppermint, and other essential oils that may bring about calming feelings.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

ESSENTIAL OILS: wintergreen, clove, helichrysum, peppermint

 **Photosensitivity:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

 **Topical:** Apply directly to skin. Dilution may be required, see label for usage.

 **Dilute:** Topical or dietary dilution required. See individual labels for details.

 **Aromatic:** Inhale directly or use a Young Living diffuser.



JOY

Item No. **337203** 15 ml Whsl. \$47.75 Retail \$62.83 PV 41.75 ☀️ 🔥 🌿



Joy™ is an uplifting blend of pure essential oils that creates magnetic energy and brings happiness to the heart.

HOW TO USE: Diffuse, directly inhale, or dilute and apply topically.

ESSENTIAL OILS: bergamot, lemon, palmarosa, ylang ylang, mandarin, rose, geranium, jasmine, Roman chamomile, coriander

PANAWAY

Item No. **339003** 15 ml Whsl. \$91.00 Retail \$119.74 PV 79.50

Item No. **339103** 5 ml Whsl. \$40.50 Retail \$53.29 PV 35.25 🌿



PanAway® contains wintergreen and clove essential oils. These oils or their active components are widely used in massage after physical activity.

HOW TO USE: Dilute and apply topically.

ESSENTIAL OILS: wintergreen, clove, helichrysum, peppermint

PEACE & CALMING

Item No. **339803** 5 ml Whsl. \$16.50 Retail \$21.71 PV 14.25 ☀️ 🌿 🌿



The gentle scent of Peace & Calming® encourages deep relaxation and may assist with meditation prior to bedtime.

HOW TO USE: Diffuse, directly inhale or dilute and apply topically.

ESSENTIAL OILS: tangerine, ylang ylang, blue tansy, orange, patchouli

PURIFICATION

Item No. **339903** 15 ml Whsl. \$21.50 Retail \$28.29 PV 18.75 🔥 🌿 🌿



The sweet refreshing scent of Purification® instantly deodorizes unpleasant odors in the air. This blend also contains citronella oil.

HOW TO USE: Diffuse, directly inhale or dilute and apply topically.

ESSENTIAL OILS: lemongrass, rosemary, tea tree, myrtle, citronella

R.C.

Item No. **340903** 5 ml Whsl. \$12.00 Retail \$15.79 PV 10.25 🌿 🌿 🌿



R.C.™ is an invigorating blend of cypress, spruce, and three varieties of eucalyptus that is comforting when applied to the chest and throat.

HOW TO USE: Diffuse, directly inhale or dilute and apply topically.

ESSENTIAL OILS: eucalyptus (*E. globulus*, *E. radiata*, *E. citriodora*), myrtle, spruce, peppermint, pine, lavender, marjoram, cypress

STRESS AWAY

Item No. **463003** 15 ml Whsl. \$34.50 Retail \$45.39 PV 29.75 🌿 🌿 🌿



Stress Away is the first product to contain the unique combination of lime and vanilla essential oils. Stress Away also includes copaiba and lavender.

HOW TO USE: Apply generously to wrists, temples, neck, or any desired area as needed.

ESSENTIAL OILS: copaiba, lime, cedarwood, vanilla, ocotea, lavender

THIEVES

Item No. **342303** 15 ml Whsl. \$38.75 Retail \$50.99 PV 33.75 🌿 🌿 🌿



The revolutionary Thieves® blend contains powerful essential oils that have many household and personal uses. Diffuse throughout the home to neutralize unwanted odors or apply to the bottoms of the feet.

HOW TO USE: Diffuse or dilute and apply topically.

ESSENTIAL OILS: clove, cinnamon bark, rosemary, lemon, eucalyptus (*E. radiata*)

VALOR

Item No. **342903** 15 ml Whsl. \$33.00 Retail \$43.42 PV 28.75 🔥 🌿 🌿



Valor® is an empowering blend that promotes feelings of strength, courage, and protection. Valor is also believed to support energy alignment.

HOW TO USE: Diffuse, directly inhale or dilute and apply topically.

ESSENTIAL OILS: spruce, blue tansy, frankincense

Essential Oil ROLL-ONS



Jasmine

Natural essential oil-infused benefits can be yours anytime, anywhere. With our scientifically blended formulas in convenient roll-on packaging, you can bring the pure essence of Young Living with you wherever you go.

DEEP RELIEF ROLL-ON

Item No. **353403** 10 ml Whsl. \$31.00 Retail \$40.79 PV 26.75



Deep Relief Essential Oil Roll-On is a proprietary blend of oils specially formulated with a blend of Peppermint, Wintergreen, Copaiba, and Palo Santo essential oils.

HOW TO USE: Apply generously to wrists, temples, neck, or any desired area as needed.

ESSENTIAL OILS: peppermint, Idaho balsam fir, clove, vetiver, wintergreen, lemon, helichrysum, copaiba

STRESS AWAY ROLL-ON

Item No. **447203** 10 ml Whsl. \$33.25 Retail \$43.75 PV 28.75



This unique blend of vanilla, lime, copaiba and other pure essential oils encourages relaxation.

CAUTION: Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, please consult a health care practitioner prior to use. Possible skin sensitivity. Do not apply to sensitive tissues. Not intended for children.

HOW TO USE: Apply generously to wrists, temples, neck, or any desired area as needed.

ESSENTIAL OILS: copaiba, lime, cedarwood, vanilla, ocostea, lavender

Young Living tips

DID YOU KNOW...

You can create your own roll-ons! Combine *COPAIBA* and *PEPPERMINT* and massage into the skin to promote a relaxing and soothing feel.

See pages 17 & 19 for more information on these essential oil singles.

VALOR ROLL-ON

Item No. **352903** 10 ml Whsl. \$32.25 Retail \$42.43 PV 27.75



Valor Essential Oil Roll-On is an empowering combination of Spruce, Rosewood, Frankincense, and Blue Tansy essential oils that work to increase feelings of strength, courage, and self-esteem.

HOW TO USE: Apply generously to wrists, temples, neck, or any desired area as needed.

ESSENTIAL OILS: spruce, rosewood, blue tansy, frankincense



Idaho Balsam Fir

MASSAGE Oils

ORTHO EASE MASSAGE OIL

Item No. **303303** 236 ml Whsl. \$40.00 Retail \$52.63 PV 34.75



Designed to provide a relaxing soothing massage Ortho Ease® Massage Oil is a calming blend of vegetable oils and 100 percent pure essential oils such as wintergreen, peppermint, juniper, and marjoram.

HOW TO USE: Gently massage into areas of the body as desired. Shake well before using.

ESSENTIAL OILS: wintergreen, eucalyptus (*E. globulus*, *E. radiata*) thyme, juniper, lemongrass, peppermint, marjoram, vetiver

V-6 VEGETABLE OIL COMPLEX

Item No. **303103** 236 ml Whsl. \$25.00 Retail \$32.89 PV 21.75



V-6™ Vegetable Oil Complex may be used to create custom massage oils or to dilute essential oils that may irritate the skin.

HOW TO USE: For direct application, blend 5 drops of essential oil in 10 ml of V-6. For topical applications, blend 15–30 drops of essential oil in 30–60 ml of V-6. Stronger oils (e.g., cinnamon, clove, oregano) require more dilution than gentler oils. Shake well before using.

Essential Oils COLLECTIONS

EVERYDAY OILS

Item No. **369503** Whsl. \$149.25 Retail \$196.38 PV 129.75



The Everyday Oils™ collection is the perfect beginner's kit, containing ten of our most versatile essential oils that have many uses in everyday life such as cleaning, and more. This kit will become a useful part of your day,

every day. Instructional booklet is included.

HOW TO USE: See individual products.

INCLUDES: Ten 5-ml bottles: frankincense, Joy, lavender, lemon, peppermint, PanAway, Peace & Calming, Purification, Thieves, Valor

RAINDROP TECHNIQUE

Item No. **313703** Whsl. \$149.00 Retail \$196.05 PV 129.75



Raindrop Technique® combines the benefits of diffusing essential oils with the art of massage and Vita Flex. This kit is designed to bring a sense of balance to the mind. Instructional DVD and booklet are included.

HOW TO USE: See individual products.

INCLUDES: Nine 5-ml bottles: Aroma Siez, basil, cypress, marjoram, oregano, peppermint, thyme, Valor, wintergreen. Two 8-oz. massage bottles: Ortho Ease, V-6 Vegetable Oil Complex

Essential Oils DIFFUSERS

Jasmine

AROMALUX ATOMIZING DIFFUSER

Item No. **469503** Whsl. \$127.25 Retail \$168.43 PV 65.75 **A**

Item No. **469403** Atomizer Top Whsl. \$5.25 Retail \$6.91 PV 0



A combination atomizer, air purifier, and diffuser, the AromaLux™ is the most powerful way to create a beneficial environment with essential oils. Designed by D. Gary Young and available exclusively through Young Living, the AromaLux incorporates proprietary design principles, technology, and features to simplify and enhance the aromatic experience.

HOW TO USE: Attach a 5 ml or 15 ml bottle of essential oil to the atomizer top and select desired setting. See instruction booklet for complete usage details.

INCLUDES: 5 ml Thieves essential oil blend

DEWDROP HOME DIFFUSER

Item No. **533003** Whsl. \$73.75 Retail \$97.04 PV 38.25 **A**



More than just an aroma diffuser, Young Living's Dewdrop™ Home Diffuser also functions as a humidifier and atomizer in one simple-to-use product. Inspired by the purity and elegance of a drop of morning dew, the Dewdrop™ Diffuser's design reflects Young Living's dedication to providing high-quality essential oils. Custom designed with up to four hours of continuous diffusion, automatic shut-off, and ambient light control, the Dewdrop™ Home Diffuser can transform any space into a spa-like atmosphere.

HOW TO USE: Fill well with distilled or purified water, add 8-12 drops of the desired essential oil, and turn on diffuser. See instruction booklet for complete usage details.

INCLUDES: 5 ml Lavender and 5 ml Purification essential oils

A Atomizing: Uses air flow technology to break up straight essential oils into microparticles.

The
DEW DROP

Home Diffuser

*Just add water and your favourite oil to
give your day something*

Refreshing,

Rejuvenating,

and...

...Relaxing...





AT HOME *products*



Your home is your sanctuary—a place where life unfolds with family, friends, and memories. Keeping this space clean and safe is one of your top priorities, and Young Living is here to make it easy. We know you want effective, natural products that are free from harsh chemicals, so we created our At Home line. These powerful, essential oil-infused products are designed to be natural, safe solutions for you and your family. From the cleaning products you use to the toothpaste in your medicine cabinet, your home should be the place where total wellness begins.



Natural PURIFICATION



Rosemary

THIEVES

Item No. **342303** 15 ml Whsl. \$38.75 Retail \$50.99 PV 33.75



The revolutionary Thieves® blend contains powerful essential oils that have many household and personal uses. Diffuse throughout the home to neutralize unwanted odors or apply to the bottoms of the feet.

HOW TO USE: Diffuse or dilute and apply topically.

ESSENTIAL OILS: clove, cinnamon bark, rosemary, lemon, eucalyptus (*E. radiata*)

THIEVES AROMABRIGHT TOOTHPASTE

Item No. **303903** 118 ml Whsl. \$12.00 Retail \$15.79 PV 10.25



This premium, all-natural toothpaste is made with pure essential oils, including the cleansing benefits of Thieves essential oil blend. Its safe and effective formula provides a fortress of support for healthy looking gums, clean teeth, and a confident smile. It is the optimal choice for health-minded consumers.

HOW TO USE: Brush teeth every morning and night and preferably after each meal.

THIEVES FOAMING HAND SOAP

Item No. **367403** 236 ml **single** Whsl. \$15.00 Retail \$19.74 PV 13.00

Item No. **364303** 3 pk. Whsl. \$41.00 Retail \$53.95 PV 35.50

Item No. **359403** 946 ml **refill** Whsl. \$44.75 Retail \$58.88 PV 38.50



Cleanse and condition your skin with Thieves® Foaming Hand Soap. Blending Thieves, lemon, and orange essential oils with other natural ingredients, it is a gentle yet effective alternative to chemically derived soaps.

Pump included.

HOW TO USE: Pump foam onto hands, lather, and rinse thoroughly.

THIEVES DENTAROME ULTRA TOOTHPASTE

Item No. **374403** 118 ml Whsl. \$10.00 Retail \$13.16 PV 8.75



Thieves® Dentarome Ultra Toothpaste is an advanced formula of all-natural ingredients that gently cleans and whitens your teeth while harnessing the power of pure Thieves essential oil blend for fresh breath. Dentarome Ultra is preferred by those concerned with appearance of whiter teeth.

HOW TO USE: Brush teeth and gums thoroughly morning and night.

Young Living tips

DID YOU KNOW...

THIEVES HOUSEHOLD CLEANER can be used to keep your jewelry sparkling and clean! Dilute 1 tsp. of Thieves Household Cleaner in 2 cups of water and soak your jewelry for just a few minutes. Rinse in warm water and see it shine!

See page 30 for more details on Thieves Household Cleaner.



NATURAL PURIFICATION

Thieves®

Our Thieves essential oil blend is inspired by a medieval legend of four thieves who used a special aromatic blend of clove, rosemary, and other botanicals. In the spirit of this legend, our Thieves line of products offers safe, natural alternatives to harsh chemicals and cleaners with formulas that work hard and smell amazing.



THIEVES HOUSEHOLD CLEANER

Item No. **374303** 426 ml Whsl. \$25.50 Retail \$33.55 PV 22.00

Item No. **447503** 1893 ml **refill** Whsl. \$98.75 Retail \$129.93 PV 85.25



Thieves® Household Cleaner is an all-purpose, concentrated cleaner formulated with 100 percent plant- and mineral-based ingredients. Thieves Household Cleaner is biodegradable and complies with EPA standards.

HOW TO USE: Use for household cleaning purposes as needed. Follow dilution ratios as listed on the label.

THIEVES MINTS *New!*

Item No. **513803** 30 ct. Whsl. \$14.75 Retail \$19.41 PV 12.75



Enjoy the cool, invigorating taste of Thieves Mints. The natural, sugar-free ingredients include the power of Thieves and Peppermint essential oils, providing a healthy alternative to freshen your breath.

HOW TO USE: Dissolve 1 mint in mouth as needed.



THIEVES SPRAYItem No. **326503** 30 ml Whsl. \$10.50 Retail \$13.82 PV 9.00Item No. **326603** 3 pk. Whsl. \$27.25 Retail \$35.86 PV 23.75

Thieves® Spray is a portable cleaning spray ideal for small surfaces. Thieves Spray may be used on doorknobs, handles, toilet seats, and more.

HOW TO USE: Spray on surfaces to clean as needed.

THIEVES WATERLESS HAND PURIFIERItem No. **362103** 30 ml Whsl. \$5.75 Retail \$7.57 PV 5.00Item No. **362203** 3 pk. Whsl. \$15.75 Retail \$20.72 PV 13.75

Convenient, portable, and long-lasting, Thieves® Waterless Hand Purifier is enhanced with natural peppermint oil to cleanse and purify hands.

HOW TO USE: Use daily as often as necessary to purify hands.





HEALTHY & FIT

products

True wellness starts from within. Our Healthy & Fit solutions offer optimal nutrition, with a boost of pure, potent essential oils. Nourish your vitality, your sense of adventure, and your dreams by giving your body foods and supplements that can help you go the distance.



Essential NUTRITION

Vitamins and minerals are two of the foundations of a healthy lifestyle; however, diet alone often cannot provide enough of these essential nutrients. We are pleased to provide convenient multivitamin supplement solutions that not only feature bioavailable, food-sourced vitamins and minerals, but they also contain an infusion of powerful essential oils to help you feel your best, every day of your active life.

BALANCE COMPLETE *Coming Soon!*

Item No. **329203** 780 ml Whsl. \$58.00 Retail \$76.32 PV 49.75



Balance Complete™ is a superfood-based supplement. Formulated to energize and cleanse, it features Young Living's proprietary V-Fiber™ blend, which supplies an impressive 11 grams of fiber per serving.

HOW TO USE: Add 2 scoops to 236 ml. cold water or milk and blend until smooth. For added flavour, add fruit or essential oils.

LIFE 5 *Coming Soon!*

Item No. **309903** 30 ct. Whsl. \$31.25 Retail \$41.12 PV 26.75



Life 5™ is a high-potency probiotic that supports core intestinal health.* Five strains, including 2 super strains, enhance colonization up to 10 times.*

HOW TO USE: Take 1 capsule every night following a meal or as needed.

OMEGAGIZE³ *Coming Soon!*

Item No. **309703** 120 ct. Whsl. \$68.75 Retail \$90.46 PV 58.75



OmegaGize³™ combines the power of three core daily supplements—omega-3 fatty acids, vitamin D3, and CoQ10 (ubiquinone), combined with our proprietary enhancement essential oil blend to create an omega-3, DHA-rich fish oil supplement that may support normal brain, heart, and bone health.*

HOW TO USE: Take 2 capsules 2 times daily or as needed.

SLIQUE BARS

Item No. **502403** 6 bars Whsl. \$21.00 Retail \$27.63 PV 9.00



Slique™ Bars' medley of exotic fruits, nuts, and science creates the perfect functional, nutritious snack.

HOW TO USE: Consume before or between meals with 355 ml. of water.

NUTRIENT INFUSION

NINGXIA Red®

NingXia Red, our powerful superfruit beverage, energizes, fortifies, and revitalizes. This proprietary blend features pure essential oils, wolfberry puree, and other nutritious fruits.



NINGXIA RED

Item No. **304203** 2 pk., 750 ml ea. Whsl. \$83.25 Retail \$109.54 PV 71.00
 Item No. **304403** 4 pk., 750 ml ea. Whsl. \$149.25 Retail \$196.38 PV 127.00
 Item No. **304503** 6 pk., 750 ml ea. Whsl. \$220.00 Retail \$289.47 PV 187.25
 Item No. **304603** 8 pk., 750 ml ea. Whsl. \$286.00 Retail \$376.32 PV 243.50



NingXia Red® is a delicious drink that contains whole Ningxia wolfberry puree; a super blend of blueberry, aronia, cherry, pomegranate, and plum juices; natural stevia, grape seed, and pure vanilla extracts; and orange, yuzu, lemon, and tangerine essential oils. NingXia Red provides a whole-body nutrient infusion.

HOW TO USE: Drink 30-60 ml 2 times daily

NINGXIA RED SINGLES

Item No. **352503** 30 pk., 60 ml ea. Whsl. \$98.00 Retail \$128.95 PV 84.50
 Item No. **352603** 60 pk., 60 ml ea. Whsl. \$191.75 Retail \$252.30 PV 164.75
 Item No. **352303** 90 pk., 60 ml ea. Whsl. \$285.00 Retail \$375.00 PV 245.00



When you share the naturally delicious, nutrient-infused NingXia Red®, you're giving loved ones the opportunity to support a healthy lifestyle and enjoy a greater measure of wellness.

HOW TO USE: Drink 30-60 ml 2 times daily.

NINGXIA RED COMBO PACK

Item No. **471003** (2) 750 ml, 30 singles Whsl. \$172.50 Retail \$226.97 PV 147.75



The NingXia Red® Combo Pack is perfect for NingXia Red lovers. It contains two 750-ml bottles of NingXia Red, plus a 30 pack of singles, so you can enjoy a naturally delicious nutrient infusion anywhere.

HOW TO USE: Drink 30-60 ml 2 times daily.



PERSONAL CARE



products

True beauty resides within all of us. Prepare to radiate beauty as you discover natural products that reveal the glow you were born with. Free from the harmful chemicals found in many mainstream skin and hair products, Young Living's beauty products contain all-natural ingredients infused with essential oils. These precious oils are a centuries-old beauty secret that can refine your complexion.



Facial and SKIN CARE

Orchid

ART CREME MASQUE *New!*

Item No. **517303** 30 ml Whsl. \$54.50 Retail \$71.71 PV 46.75



The ART® Creme Masque is formulated to deeply moisturize and protect skin using an exclusive blend of hyaluronic acid and pure essential oils. Other natural, spa-quality botanicals are added to help

soothe, tighten, and restore the look of youthfulness to the skin. Suitable for all skin types.

HOW TO USE: Wash and dry face. Apply evenly to face. Let sit 20 minutes. Remove excess residue with moist towel.

ART L'BRIANTÉ — NEUTRAL/WINTER SCENT

Item No. **507603** Whsl. \$46.00 Retail \$60.53 PV 39.75



L'Brianté lip gloss/essential oil scent duos are perfect for revealing your natural beauty on the go. Winter features a nude gloss and a sophisticated essential oil blend that includes Vetiver, Sandalwood, and Ylang Ylang.

HOW TO USE: Apply gloss over lips until you have achieved your desired look; apply essential oil blend to desired areas.

ESSENTIAL OILS: Vetiver, Idaho balsam fir, white fir, royal Hawaiian sandalwood, ylang ylang

ART L'BRIANTÉ™ —RED/AMORESSENCE SCENT

Item No. **507403** Whsl. \$46.00 Retail \$60.53 PV 39.75



Stay beautiful on the go with L'Brianté lip gloss/essential oil duos. Amoresence features gloss with a rich red colour and a romantic essential oil blend scent, including Jasmine and Vetiver.

HOW TO USE: Apply gloss over lips until you have achieved your desired look; apply essential oil blend to desired areas.

ESSENTIAL OILS: Vetiver, Idaho blue spruce, jasmine, davana, ocotea, ylang ylang, Roman chamomile, geranium

ART GENTLE CLEANSER *New!*

Item No. **536103** 100 ml Whsl. \$38.00 Retail \$50.00 PV 32.75



ART® Gentle Cleanser supports healthy glowing skin by washing away impurities with a soft, gentle lather. Infused with skin-loving essential oils, your face will feel clean and refreshed with a renewed, radiant look.

HOW TO USE: Apply to wet hands, and with a circular motion massage over face and neck.

ART L'BRIANTÉ —PINK/SUMMER SCENT

Item No. **507503** Whsl. \$46.00 Retail \$60.53 PV 39.75



Look and feel radiant with L'Brianté lip gloss/essential oil scent duos. Summer features flirty pink gloss and a sweet essential oil blend that includes Tangerine and Patchouli.

HOW TO USE: Apply gloss over lips until you have achieved your desired look; apply essential oil blend to desired areas.

ESSENTIAL OILS: Tangerine, mandarin, spearmint, lime, vetiver, patchouli, Idaho tansy

ART LIGHT MOISTURIZER *New!*

Item No. **536203** 30 ml Whsl. \$68.00 Retail \$89.47 PV 58.50



ART® Light Moisturizer helps your skin retain and maintain proper hydration. With Young Living's essential oils and natural ingredients, your face will feel soft and supple, preparing your canvas like a beautiful work of art.

HOW TO USE: After cleansing and toning skin, apply gently over face and neck. Use in the morning or as needed.

FACIAL and SKIN CARE

ART[®]

Young Living's premium skin-care products bring together the highest quality botanical and essential oil ingredients available to hydrate, cleanse, nourish, and improve the appearance of your skin. Young Living offers the perfect natural skin-care solution for every skin type, with products that are expertly formulated to help keep your skin smooth and looking great.



ART REFRESHING TONER *New!*

Item No. **536003** 118 ml Whsl. \$28.00 Retail \$36.84 PV 24.00



ART® Refreshing Toner gently removes impurities without drying the skin. The perfect blend of essential oils helps balance your skin's pH, while leaving your face clean, toned, and refreshed.

HOW TO USE: After cleansing skin, sweep toner across face and neck with a cotton ball. Use morning and evening as needed.

ART RENEWAL SERUM

Item No. **517503** 20 ml Whsl. \$86.75 Retail \$114.14 PV 74.75



ART® Renewal Serum is an intricate blend of exotic orchids and essential oils that helps soothe and protect the most delicate areas of the face. These premium ingredients are formulated to deeply nourish, hydrate, and help restore a youthful appearance.

HOW TO USE: Wash face. Apply ART Renewal Serum to delicate areas of face 2 times daily and allow to absorb. For best results, follow up with your choice of Young Living's moisturizing creams.

ART SHEERLUMÉ BRIGHTENING CREAM

Item No. **483303** 30 ml Whsl. \$78.00 Retail \$102.63 PV 67.75



An advanced formula powered by a sophisticated, proprietary blend of alpine botanicals and pure essential oils, Sheerlumé™ will visibly brighten and balance skin tone.

HOW TO USE: Apply a thin layer of Sheerlumé on clean skin. For best results, use morning and night, either alone or under your favourite Young Living moisturizing cream.

ART SKIN CARE SYSTEM *New!*

Item No. **536303** Whsl. \$127.50 Retail \$167.76 PV 109.75



Young Living's new ART® Skin Care System safely and effectively cleanses, tones, and moisturizes your face to bring out your natural and inherent beauty. That is the beauty of ART®!

HOW TO USE: See individual products for usage.

Young Living tips

TRY THIS AT HOME

"Botanical Bath Salts"

Melt away your day and take a moment to pamper yourself with this easy to make recipe for a luxurious Lavender and Tea Tree bath salt. Just add 10-15 drops each of *LAVENDER* and *TEA TREE* essential oils to your favourite Epsom salt to experience the relaxation and balance that comes with using Young Living Essential Oils.

See pages 18 & 19 for more information on these essential oil singles.

Natural Formulas for **AUTHENTIC BEAUTY**

Strong, confident, authentic---the real you is your best look. We have created our ART line of skin care products to help you radiate the beauty you were born with, so you can feel like a work of art each day. Infused with pure essential oils, ART's natural ingredients nourish and smooth. This unique system combines traditional wisdom with cutting-edge esthetic science for naturally derived, effective products in a world of synthetics.

Our easy-to-follow skin care regimen is gentle enough for every skin type; while active, targeted solutions deliver individualized results. These products go beyond conventional solutions---formulated with the bioactive ingredients your skin craves, they help your complexion look its most radiant now and in the long term.

*Your skin is a canvas
--prepare it beautifully.*



Essential BATH & BODY CARE



Rose

LAVENDER HAND & BODY LOTION *New!*

Item No. **520103** 236 ml Whsl. \$24.00 Retail \$31.58 PV 20.75



Infused with Lavender essential oil and other plant-based ingredients, Lavender Hand & Body Lotion moisturizes and protects skin from overexposure for long-lasting hydration. This formula is eco-friendly and all natural.

HOW TO USE: Use as needed to moisturize dehydrated skin.

ORANGE BLOSSOM FACIAL WASH *New!*

Item No. **513603** 118 ml Whsl. \$47.50 Retail \$62.50 PV 41.00



This gentle, soap-free facial wash cleanses the skin without stripping natural oils. It contains MSM for softening, help to improve elasticity, and Lavender essential oil to soothe skin.

HOW TO USE: Lather gently over face and neck with warm water; rinse thoroughly. Use daily.

PROGESSENCE PHYTO PLUS

Item No. **458103** 15 ml Whsl. \$43.00 Retail \$56.58 PV 37.50



Progescence Phyto Plus contains a high quality wild yam extract optimally blended with vitex oil and essential oils. The first-ever skin serum of its kind on the market, this essential oil-infused product enhances moisture absorption and contains pure frankincense, bergamot, and peppermint essential oils.

HOW TO USE: Apply 2-4 drops 2 times daily on neck area. For added effect, apply 1-2 drops along forearms 2 times daily.

SATIN FACIAL SCRUB, MINT *New!*

Item No. **373503** 60 ml Whsl. \$18.75 Retail \$24.67 PV 16.25



Satin Facial Scrub™, Mint is a water-based exfoliant. It contains jojoba oil, mango butter, MSM, aloe, and Peppermint essential oil to minimize the appearance of pores and rejuvenate dull skin.

HOW TO USE: Massage gently over face and neck with warm water; rinse thoroughly. Use as needed.

SHUTRAN

Item No. **483503** 15 ml Whsl. \$86.25 Retail \$113.49 PV 75.00



An empowering essential oil blend specially formulated for men to boost feelings of masculinity and confidence, Shutran™ is perfect for use as a cologne that appeals to both men and women.

HOW TO USE: Apply 2-4 drops 2 times daily or as needed to neck or wrists.

Essential Oils: Idaho blue spruce, ocotea, hinoki, ylang ylang, coriander, davana, cedarwood, lemon, lavender

THIEVES FOAMING HAND SOAP

Item No. **367403** 236 ml **single** Whsl. \$15.00 Retail \$19.74 PV 13.00

Item No. **364303** 3 pk. Whsl. \$41.00 Retail \$53.95 PV 35.50

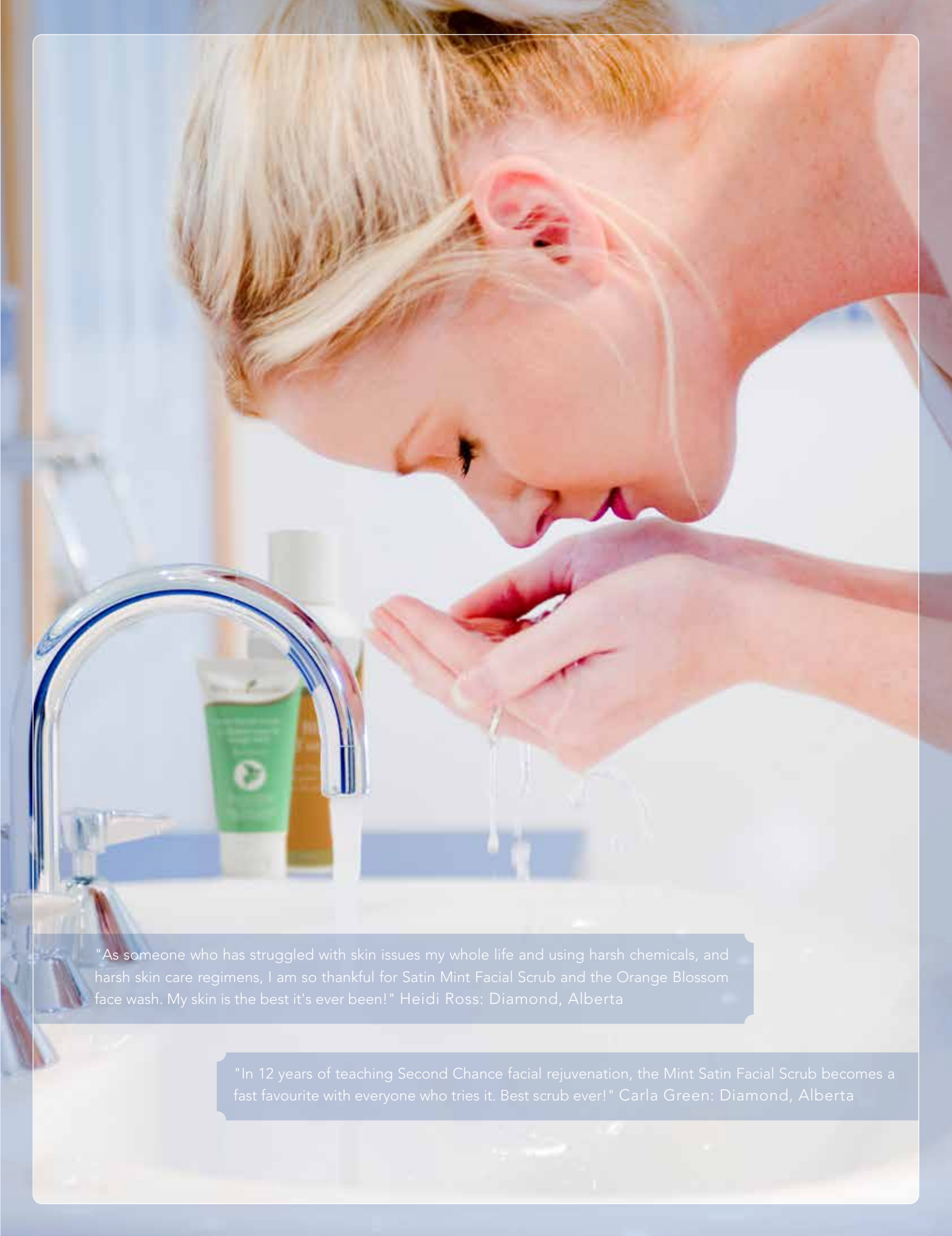
Item No. **359403** 946 ml **refill** Whsl. \$44.75 Retail \$58.88 PV 38.50



Cleanse and condition your skin with Thieves® Foaming Hand Soap. Blending Thieves, lemon, and orange essential oils with other natural ingredients, it is a gentle yet effective alternative to chemically derived soaps.

Pump included.

HOW TO USE: Pump foam onto hands, lather, and rinse thoroughly.



"As someone who has struggled with skin issues my whole life and using harsh chemicals, and harsh skin care regimens, I am so thankful for Satin Mint Facial Scrub and the Orange Blossom face wash. My skin is the best it's ever been!" Heidi Ross: Diamond, Alberta

"In 12 years of teaching Second Chance facial rejuvenation, the Mint Satin Facial Scrub becomes a fast favourite with everyone who tries it. Best scrub ever!" Carla Green: Diamond, Alberta

Essential HAIR CARE



German
Chamomile

COPAIBA VANILLA MOISTURIZING SHAMPOO

Item No. **519403** 295 ml Whsl. \$26.50 Retail \$34.87 PV 22.75



Plant-based, safe, and environmentally responsible, Copaiba Vanilla Moisturizing Shampoo is a rich, hydrating cleanser for dry or damaged hair.

HOW TO USE: Use daily to hydrate dry or damaged hair.

COPAIBA VANILLA MOISTURIZING CONDITIONER

Item No. **519503** 295 ml Whsl. \$26.50 Retail \$34.87 PV 22.75



Plant-based, safe, and environmentally responsible, Copaiba Vanilla Moisturizing Conditioner is a rich, hydrating conditioner for dry or damaged hair.

HOW TO USE: Use daily to hydrate dry or damaged hair.

LAVENDER MINT DAILY SHAMPOO

Item No. **519103** 295 ml Whsl. \$23.00 Retail \$30.26 PV 19.75



Plant-based, safe, and environmentally responsible, Lavender Mint Daily Shampoo is an invigorating daily cleansing blend suitable for all hair types.

HOW TO USE: Use daily to cleanse and nourish hair.

LAVENDER MINT DAILY CONDITIONER

Item No. **519203** 295 ml Whsl. \$23.00 Retail \$30.26 PV 19.75



Plant-based, safe, and environmentally responsible, Lavender Mint Daily Conditioner is an invigorating daily moisture blend suitable for all hair types.

HOW TO USE: Use daily to cleanse and nourish hair.

Essential ORAL CARE



Thyme

THIEVES AROMABRIGHT TOOTHPASTE

Item No. **303903** 118 ml Whsl. \$12.00 Retail \$15.79 PV 10.25



This premium, all-natural toothpaste is made with pure essential oils, including the cleansing benefits of Thieves essential oil blend. Its safe and effective formula provides a fortress of support for healthy looking gums, clean teeth, and a confident smile. It is the optimal choice for health-minded consumers.

HOW TO USE: Brush teeth every morning and night and preferably after each meal.

THIEVES DENTAROME ULTRA TOOTHPASTE

Item No. **374403** 118 ml Whsl. \$10.00 Retail \$13.16 PV 8.75



Thieves® Dentarome Ultra Toothpaste is an advanced formula of all-natural ingredients that gently cleans and whitens your teeth while harnessing the power of pure Thieves essential oil blend for fresh breath. Dentarome Ultra is preferred by those concerned with appearance of whiter teeth.

HOW TO USE: Brush teeth and gums thoroughly morning and night.

THIEVES MINTS *New!*

Item No. **513803** 30 ct. Whsl. \$14.75 Retail \$19.41 PV 12.75




Enjoy the cool, invigorating taste of Thieves Mints. The natural, sugar-free ingredients include the power of Thieves and Peppermint essential oils, providing a healthy alternative to freshen your breath.

HOW TO USE: Dissolve 1 mint in mouth as needed.

A man and a woman are hiking through a lush green forest. The woman, in the foreground, wears a colorful knit beanie, a green jacket, and a large blue backpack. The man, slightly behind her, has a beard and wears a dark blue hoodie and a red backpack. They are both looking towards the right. The background is filled with tall trees and dense foliage.

SHARING *the lifestyle*

A bundle of dried vanilla beans, tied together with a piece of light-colored twine, is positioned horizontally across the middle of the page, partially overlapping the text and the image of the hikers.

True wellness is multidimensional. We are proud to have spent the last 20 years and counting developing a product line that cultivates wellness by purifying the home, nourishing the body, beautifying skin and hair, and comforting the spirit—all while never compromising on our stringent Seed to Seal standards. That's not all there is to living well, though. Knowing that your future and family are as well cared for as your mind and body is the final dimension of wellness. If you have always wanted greater financial independence and wanted to accomplish it doing something you can feel great about, sharing Young Living can help you find the missing piece in your wellness puzzle.



Essential EDUCATION



Eucalyptus

EVERYDAY ESSENTIALS BOOKLET

Item No. **492103** 25 pk. English Whsl. \$14.00 Retail \$18.42 PV 0

Item No. **49210308** 25 pk. French Whsl. \$14.00 Retail \$18.42 PV 0



The Everyday Essentials booklet is the perfect introduction to Young Living's oils, and is the ideal tool for sharing our most popular essential oils.

NINGXIA RED BOOKLET

Item No. **495203** 10 pk. English Whsl. \$4.75 Retail \$6.25 PV 0

Item No. **49520308** 10 pk. French Whsl. \$4.75 Retail \$6.25 PV 0



The NingXia Red leaflet informs and delights with the latest research information about the power of NingXia Red. Great for displaying or handing out, this booklet is sure to attract attention.

PRODUCT GUIDE

Item No. **384903** single English Whsl. \$2.25 Retail \$2.96 PV 0

Item No. **38490308** single French Whsl. \$2.25 Retail \$2.96 PV 0

Item No. **385003** 10 pk. English Whsl. \$17.25 Retail \$22.70 PV 0

Item No. **38500308** 10 pk. French Whsl. \$17.25 Retail \$22.70 PV 0



With beautiful photographs and detailed descriptions, the Product Guide makes it easy for you to share Young Living's products with others.

THIEVES BOOKLET

Item No. **349003** 25 pk. English Whsl. \$8.00 Retail \$10.53 PV 0

Item No. **34900308** 25 pk. French Whsl. \$8.00 Retail \$10.53 PV 0



The Thieves booklet is a comprehensive look at Young Living's Thieves line, complete with a history of the oil blend, and how to use each Thieves product.

Young Living tips

DID YOU KNOW...

The *VIRTUAL OFFICE* is a great place to find many useful and educational tools as well as all the latest Canada news.



Tools for SHARING

Sharing essential oils has just become simpler with Young Living's industry-first 10-count sample packets. You can now share essential oils with these 0.25-ml samples that will send any prospect off with a memorable impression of Young Living and the benefits of 100% pure, YLTG essential oils.



ESSENTIAL OIL SAMPLE PACKETS 4 PACK

Item No. **494003** 40 Packets Whsl. \$42.25
Retail \$55.59 PV 18.00

INCLUDES: lavender, Peace & Calming, peppermint, and Thieves sample packets



LAVENDER ESSENTIAL OIL SAMPLE PACKETS

Item No. **477003** 10 packets Whsl. \$11.75
Retail \$15.46 PV 5.00



PEACE & CALMING ESSENTIAL OIL SAMPLE PACKETS

Item No. **477403** 10 packets Whsl. \$11.75
Retail \$15.46 PV 5.00



PEPPERMINT ESSENTIAL OIL SAMPLE PACKETS

Item No. **477103** 10 packets Whsl. \$11.75
Retail \$15.46 PV 5.00



THIEVES ESSENTIAL OIL SAMPLE PACKETS

Item No. **477303** 10 packets Whsl. \$11.75
Retail \$15.46 PV 5.00

Get Started Now With Our **PREMIUM STARTER KIT**

Get started on the right foot with the ultimate Young Living product and business experience! This extraordinary collection is our most popular kit featuring everything needed to start experiencing the Young Living lifestyle.



GET STARTED

with Young Living

Not a member yet? Sign-up with one of our Starter Kits and become eligible for a host of exclusive benefits, including:

- 24 percent discount off retail price
- Potential to earn commissions and bonuses
- Eligibility to participate in the Essential Rewards program and earn free products, discounted shipping, and more
- Knowledge that you are part of a worldwide mission dedicated to helping others.



PREMIUM STARTER KIT

Item No. **467203** Whsl. \$173.00 Retail \$173.00 PV 100.00

(1) Everyday Oils Kit

(1) Dewdrop Home Diffuser

(1) Basic Starter Kit:

(1) Kit Box & Insert

(1) Welcome to Young Living Booklet

(1) Essential Oils at a Glance User's Guide

(1) Member Resource Guide

(1) S.E.E.D. Sharing for Success Booklet

(1) Stress Away 5 ml

(1) AromaGlide Roller Fitment

(2) Lavender Sample Packet

(2) Peppermint Sample Packet

(2) Peace & Calming Sample Packet

(2) Thieves Sample Packet

(3) Sample Packet Business Card

(2) NingXia Red 60 ml.

(1) Essential Reward promotion certificate



EVERYDAY OILS STARTER KIT

Item No. **467703** Whsl. \$144.00 Retail \$144.00 PV 100.00

(1) Everyday Oils Kit

(1) Basic Starter Kit:

- (1) Kit Box & Insert
- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide
- (1) Member Resource Guide

(1) S.E.E.D. Sharing for Success Booklet

- (1) Stress Away 5 ml
- (1) AromaGlide Roller Fitment
- (2) Lavender Sample Packet
- (2) Peppermint Sample Packet
- (2) Peace & Calming Sample Packet

(2) Thieves Sample Packet

- (3) Sample Packet Business Card
- (2) NingXia Red 60 ml.
- (1) Essential Rewards Promotion Certificate



BASIC PLUS STARTER KIT

Item No. **467103** Whsl. \$87.00 Retail \$87.00 PV 0

(1) Dewdrop Home Diffuser

(1) Basic Starter Kit:

- (1) Kit Box & Insert
- (1) Welcome to Young Living Booklet
- (1) Essential Oils at a Glance User's Guide
- (1) Member Resource Guide

(1) S.E.E.D. Sharing for Success Booklet

- (1) Stress Away 5 ml
- (1) AromaGlide Roller Fitment
- (2) Lavender Sample Packet
- (2) Peppermint Sample Packet
- (2) Peace & Calming Sample Packet

(2) Thieves Sample Packet

- (3) Sample Packet Business Card
- (2) NingXia Red 60 ml.
- (1) Essential Rewards Promotion Certificate

NINGXIA Red®

Starter Kit

Item No. **318003** Whsl. \$175.50 Retail \$175.50 PV 100.00

- (1) Basic Starter Kit
- (2) NingXia Red (750 ml)
- (30) NingXia Red Singles (60 ml)
- (1) NingXia Red Leaflet



ESSENTIAL REWARDS KITS

Our custom Essential Rewards program helps you to always keep your favourite Young Living products on hand, offers amazing discounts, and saves you time by simplifying your monthly orders.

What is the Essential Rewards program?

Essential Rewards is a simple but exciting autship program exclusively for Young Living members. Signing up for Essential Rewards qualifies you for outstanding benefits, including:

- Easy, automatic shipments of your favourite products
- Essential Rewards points that can be used toward future orders
- Discounted shipping rates
- Priority shipments of your favourite Young Living products
- Special pricing on Essential Rewards kits
- Exclusive bonuses, including the Rising Star Team Bonus and the Essential Rewards Diffuser bonus.

EARN BONUS POINTS

Every Essential Rewards order earns you points that you can use toward free products! The percentage you earn back on your order will grow until you can earn a generous 20 percent back!

- 1-6 consecutive months: 10 percent back
- 7-12 consecutive months: 15 percent back
- 13 or more consecutive months: 20 percent back

ESSENTIAL REWARDS KITS

In addition to these great benefits, you can also take advantage of our Essential Rewards-exclusive kit, the NingXia Red Essential Rewards Kit.

NINGXIA [®] Red

Essential Rewards Kit

Add the NingXia Red Essential Rewards Autoship Pack to your order and have your monthly shipment of this delicious nutrient infusion automatically shipped right to your door!

Item No. **489303** Whsl. \$213.50 Retail \$280.92 PV 181.50

(4) NingXia Red (750 ml)

(30) NingXia Red Singles (60 ml)



Index

A

AromaEase	20
Aroma Life	29
AromaLux Atomizing Diffuser	24
Aroma Siez	20
ART Creme Masque	38
ART Gentle Foaming Cleanser	38
ART L'Brianté Neutral/Winter Scent	38
ART L'Brianté Pink/Summer Scent	38
ART L'Brianté Red/Amoressence	38
ART Refreshing Toner	40
ART Renewal Serum	40
ART Sheerlumé Brightening Cream	40
ART Skin Care System	40

B

Balance Complete	34
Basic Plus Starter Kit	52
Basic Starter Kit	51
Basil	16

C

Cedarwood	16
Citronella	16
Citrus Fresh	20
Clove	16
Copaiba	17
Copaiba Vanilla Moisturizing Conditioner	44
Copaiba Vanilla Moisturizing Shampoo	44
Cypress	17

D

Deep Relief Roll-On	22
DiGize	20

E

Essential Oil Sample Packets 4 Pack	49
Everyday Essentials Brochure	48
Everyday Oils	23

F

Frankincense	17
--------------	----

G

Geranium	17
Grapefruit	17

H

Helichrysum	17
-------------	----

I

Idaho Balsam Fir	17
------------------	----

J

Jade Lemon	18
Joy	21

L

Lavender	18
Lavender Essential Oil Sample Packets	49
Lavender Hand & Body Lotion	42
Lavender Mint Daily Conditioner	44
Lavender Mint Daily Shampoo	44
Lemon	18
Lemongrass	18
Life 5	34
Lime	18

M

Marjoram	18
----------	----

N

NingXia Red	35
NingXia Red Booklet	48
NingXia Red Combo Pack	35
NingXia Red Singles	35

O

Ocotea	18
OmegaGize3	34
Orange	18
Orange Blossom Facial Wash	42
Oregano	19
Ortho Ease Massage Oil	25

P

PanAway	21
---------	----

Peace & Calming	21
Peace & Calming Essential Oil Sample Packets	49
Peppermint	19
Peppermint Essential Oil Sample Packets	49
Premium Starter Kit	51
Product Guide	48
Progescence Phyto Plus	42
Purification	21

R

Raindrop Technique	23
R.C.	21

S

Sacred Frankincense	19
Satin Facial Scrub, Mint	42
Shutran	42
Slique Bars	34
Stress Away	21
Stress Away Roll-On	22

T

Tea Tree	19
Thieves	21, 28
Thieves AromaBright Toothpaste	28, 45
Thieves Booklet	48
Thieves Dentarome Ultra Toothpaste	28, 45
Thieves Essential Oil Sample Packets	49
Thieves Foaming Hand Soap	28, 42
Thieves Household Cleaner	30
Thieves Mints	30, 45
Thieves Spray	31
Thieves Waterless Hand Purifier	31
Thyme	19

V

V-6 Vegetable Oil Complex	23
Valor	21
Valor Roll-On	22

W

Wintergreen	19
-------------	----

Y

Ylang Ylang	19
-------------	----

WHY JOIN *Young Living?*

When you join Young Living, you join a supportive global community of individuals who are passionate about natural, authentic solutions for themselves and their families. Young Living membership is much more than access to the world's purest essential oils and essential oil-infused products; it also offers:

- 24 percent off retail pricing on all Young Living products. This substantial discount allows you to discover more of your favourites and share our transformative products with others.
- The opportunity to participate in our compensation plan. One of the industry's most generous, our plan offers a higher-than-average payout through commissions, sizeable bonuses, and retail sales, just for sharing essential oils.
- The convenience of our Essential Rewards autoship program. Not only do your favourite products arrive hassle-free at your door month after month, but you may also accumulate points toward free products, just for placing a recurring monthly order! Plus, joining the Essential Rewards program offers shipping discounts, qualification for certain bonuses, and access to program-exclusive promotions!
- Recognition for your talents and hard work. Every year, we host several retreats in beautiful locations around the world to reward and train those who have demonstrated exceptional dedication in building their businesses. Additionally, we offer on-stage recognition for the rank advancements of our members each year at our International Grand Convention.

Ready to join? See the reverse to learn how!



YOUNG LIVING™
ESSENTIAL OILS

How to SIGN UP

Joining Young Living is easy and full of perks. Here's how it works:

1. Go to YoungLiving.com/Signup.
2. Follow the signup prompts, including selecting the Wholesale or Retail member option:
 - Wholesale members enjoy a 24 percent product discount, plus the opportunity to take advantage of the Essential Rewards program and our generous compensation plan.
 - Retail members pay full price for Young Living products with no minimum orders to remain active. Retail members cannot take advantage of Essential Rewards or the compensation plan.
3. Select your optional Starter and Essential Rewards kits.
4. Add any additional products to your order.
5. Proceed to checkout and complete your enrollment.
6. Begin enjoying the remarkable benefits of the highest quality essential oil-infused products in the world!

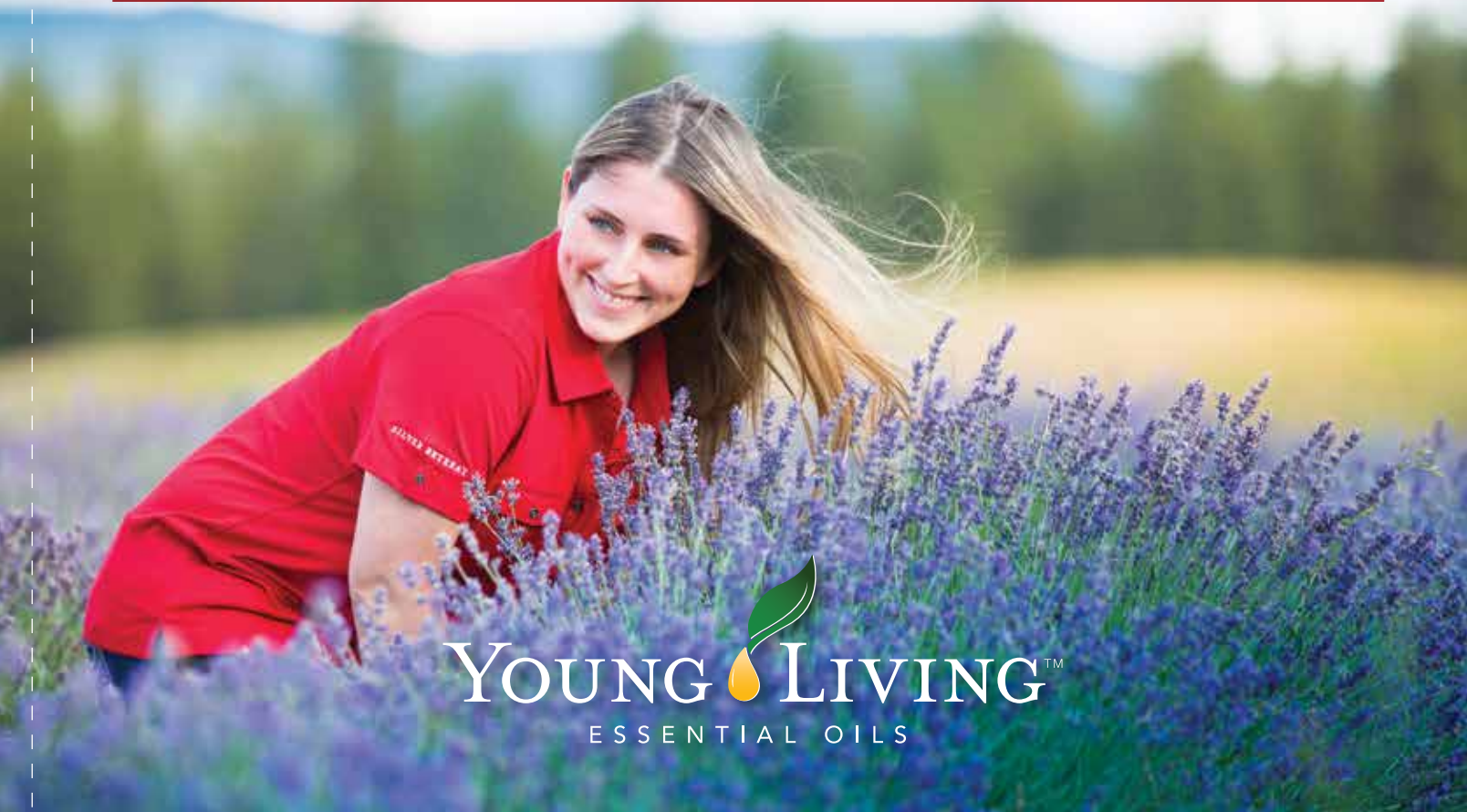


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How to ORDER

Order your favourite Young Living products quickly and hassle free:

1. Visit YoungLiving.com/en_CA for more information.
2. Call our Member Services Department at 1.855.429.2616 Monday through Friday 6 a.m. to 9 p.m., MT; Saturday 7 a.m. to 8 p.m., MT; and Sunday 9 a.m. to 5 p.m., MT.
3. For international (NFR) ordering and support, call 1.800.763.9963 or e-mail orders@youngliving.com.

Remember the added benefits of becoming a Young Living member:

- 24 percent off retail pricing
- Reduced shipping and free product when you enroll in the monthly Essential Rewards program
- Ability to earn commissions and bonuses through Young Living's lucrative compensation plan





7326 - 10th Street N.E. Suite 350, Calgary, Alberta T2E 8W1
YoungLiving.com/en_CA • 1.855.429.2616

For more information, please contact this Young Living member:

We take the stewardship of our planet seriously. Our state-of-the-art production process brings you the purest oils on Earth.

We call it
SEED^{TO}SEAL[®]

It's not a slogan—it's our calling.

A stylized, handwritten-style signature of the words 'Young Living' in a cursive script.



Our rigorous, proprietary Seed to Seal[®] process is what sets Young Living apart. It is how we ensure that every single Young Living product you order has been produced with unmatched attention to quality and sustainability. You will begin seeing this exclusive seal on many of your favourite products as a reminder that in each drop of our essential oils, you will find unsurpassed purity and effectiveness.

WORLD LEADER *in* **ESSENTIAL OILS**