

PEPPERMINT WELLNESS ESSENTIAL OIL

PERMITTED CLAIMS:

- Traditionally used in Aromatherapy to decrease/reduce/relieve toothache
- Traditionally used in Aromatherapy to analgesic/Anodyne/relieve pain
- Traditionally used in Aromatherapy to antipyretic/febrifuge/relieve mild fever/reduce body temperature/body cooling
- Traditionally used in Aromatherapy to decrease/reduce/relieve mild rheumatic aches and pains
- Traditionally used in Aromatherapy to decrease/reduce/relieve loss of appetite
- Traditionally used in Aromatherapy to maintain/support healthy appetite
- Traditionally used in Aromatherapy to reduce occurrence of excess intestinal wind/gas
- Traditionally used in Aromatherapy to decrease/reduce/relieve colic (wind/gas pain)
- Traditionally used in Aromatherapy to decrease/reduce/relieve flatulence/carminative
- Traditionally used in Aromatherapy to helps reduce occurrence of symptoms of indigestion/dyspepsia
- Traditionally used in Aromatherapy to decrease/reduce/relieve symptoms of indigestion/dyspepsia
- Traditionally used in Aromatherapy to helps enhance/improve/promote/increase bile secretion/flow
- Traditionally used in Aromatherapy to decrease/reduce/relieve symptoms of stomach upsets
- Traditionally used in Aromatherapy to decrease/reduce/relieve nausea
- Traditionally used in Aromatherapy to antispasmodic/spasmodic
- Traditionally used in Aromatherapy to decrease/reduce/relieve headache symptoms
- Traditionally used in Aromatherapy to decrease/reduce/relieve mild migraine symptoms
- Traditionally used in Aromatherapy to decrease/reduce duration of mild migraine
- Traditionally used in Aromatherapy to decrease/reduce/relieve menstruation pain/dysmenorrhoea
- Traditionally used in Aromatherapy to antitussive/cough suppressant
- Traditionally used in Aromatherapy to decrease/reduce/relieve cough



PRODUCT REPRESENTATION REQUIREMENTS:

- Product presentation must not imply or refer to bone disease or disorders e.g. rheumatoid arthritis, juvenile arthritis, debilitating osteoarthritis, osteoporosis. Note: this requirement is not intended to apply where the indications referring to osteoporosis specified in column 2 of Table 2 of this instrument are also used.
- Product presentation must not imply or refer to eating disorders.
- Product presentation must only refer to mild migraine.
- Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.
- Product presentation must only refer to mild rheumatic aches/pains.
- Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
- Product presentation must not imply or refer to gastro oesophageal reflux disease.

ACTIVE INGREDIENTS - active ingredients cannot be promoted individually with specific benefits:

- Peppermint oil

DOSAGE FORM:

- 5ml/15ml, liquid
- Topical, Inhalation

DIRECTIONS:

- **Topical:** Dilute 5 drops in 10 ml V-6™ or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed.
- **Inhalation:** Apply 1-6 drops of undiluted essential oil to a tissue and inhale occasionally. Use up to 3 times daily.
- **Aromatic:** Diffuse up to 10 minutes 3 times daily.

STATEMENTS WHICH NEED TO BE INCLUDED IN YOUR ADVERTISEMENT:

INCLUDE: Always read the label. Follow the directions for use. Not to be taken. If symptoms persist talk to your health professional.