

# GINGER WELLNESS ESSENTIAL OIL

## PERMITTED CLAIMS:

- Traditionally used in Aromatherapy to sudorific/diaphoretic/enhance/promote sweating/perspiration
- Traditionally used in Aromatherapy to orexigenic/improve/promote healthy appetite
- Traditionally used in Aromatherapy to maintain/support healthy appetite
- Traditionally used in Aromatherapy to decrease/reduce/relieve flatulence/carminative
- Traditionally used in Aromatherapy to decrease/reduce/relieve symptoms of indigestion/dyspepsia
- Traditionally used in Aromatherapy to decrease/reduce/relieve nausea
- Traditionally used in Aromatherapy to helps reduce occurrence of symptoms of motion/travel/sea sickness
- Traditionally used in Aromatherapy to decrease/reduce/relieve symptoms of motion/travel/sea sickness
- Traditionally used in Aromatherapy to decrease/reduce/relieve common cold duration
- Traditionally used in Aromatherapy to decrease/reduce/relieve symptoms of head cold
- Traditionally used in Aromatherapy to decrease/reduce/relieve the severity of common cold symptoms



## PRODUCT REPRESENTATION REQUIREMENTS:

- Product presentation must not imply or refer to eating disorders.
- Product presentation must not imply or refer to gastro oesophageal reflux disease.
- Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

## ACTIVE INGREDIENTS - Active ingredients cannot be promoted individually with specific benefits:

- Ginger oil

## DOSAGE FORM:

- 5ml, liquid
- Topical, Inhalation

## DIRECTIONS:

- **Topical:** Dilute 1 drop with 1 drop of V-6™ or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed.
- **Inhalation:** Apply 1-6 drops of undiluted essential oil to a tissue and inhale occasionally. Use up to 3 times daily.
- **Aromatic:** Diffuse up to 30 minutes 3 times daily.

## STATEMENTS WHICH NEED TO BE INCLUDED IN YOUR ADVERTISEMENT:

**INCLUDE:** Always read the label. Follow the directions for use. Not to be taken. If symptoms persist talk to your health professional.