

# CLARY SAGE WELLNESS ESSENTIAL OIL

## PERMITTED CLAIMS:

- Traditionally used in Aromatherapy to relieve weariness/tiredness/fatigue/feeling of weakness
- Traditionally used in Aromatherapy to decrease/reduce/relieve excessive perspiration/sweating
- Traditionally used in Aromatherapy to decrease/reduce/relieve loss of appetite
- Traditionally used in Aromatherapy to maintain/support healthy appetite
- Traditionally used in Aromatherapy to decrease/reduce/relieve flatulence/carminative
- Traditionally used in Aromatherapy to help reduce occurrence of symptoms of indigestion/dyspepsia
- Traditionally used in Aromatherapy to decrease/reduce/relieve symptoms of indigestion/dyspepsia
- Traditionally used in Aromatherapy to antispasmodic/spasmolytic
- Traditionally used in Aromatherapy to decrease/reduce mental/cognitive fatigue
- Traditionally used in Aromatherapy to haemagogue/emmenagogue/promotes menstrual flow
- Traditionally used in Aromatherapy to maintain/support/regulate healthy menstrual cycle
- Traditionally used in Aromatherapy to decrease/reduce/relieve menstrual spasms/cramps
- Traditionally used in Aromatherapy to decrease/reduce/relieve menstruation pain/dysmenorrhea
- Traditionally used in Aromatherapy to decongestant/relieve nasal congestion
- Traditionally used in Aromatherapy to expectorant/clear respiratory tract mucous



## PRODUCT REPRESENTATION REQUIREMENTS:

- Product presentation must not imply or refer to eating disorders.
- Product presentation must not imply or refer to serious musculoskeletal or neurological conditions.
- Product presentation must not imply or refer to chronic fatigue syndrome.
- Product presentation must not imply or refer to mental illnesses, disorders or conditions.
- Product presentation must not imply or refer to gastro oesophageal reflux disease.
- Product presentation must not imply or refer to abortifacient action.
- Product presentation must not imply or refer to serious forms of respiratory disorders/diseases, such as: asthma, pneumonia, COAD, COPD, influenza.

## ACTIVE INGREDIENTS - Active ingredients cannot be promoted individually with specific benefits:

- Clary oil

## DOSAGE FORM:

- 5ml/15ml, liquid
- Topical, Inhalation

## DIRECTIONS:

- **Topical:** Dilute 1 drop with 1 drop of V-6™ or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed.
- **Inhalation:** Apply 1-6 drops of undiluted essential oil to a tissue and inhale occasionally. Use up to 3 times daily.
- **Aromatic:** Diffuse up to 30 minutes 3 times daily.

## STATEMENTS WHICH NEED TO BE INCLUDED IN YOUR ADVERTISEMENT:

**INCLUDE:** Always read the label. Follow the directions for use. Not to be taken. If symptoms persist talk to your health professional.