# BLACK SEED OIL

Item No. 31056 Size: 106 ml AUST L 338102

#### PRODUCT SUMMARY & BACKGROUND

Harvested and cold-pressed from the tiny black seeds of the Nigella sativa plant to help maintain the chemical composition of the oil, Black Seed Oil is known as "The Seed of the Blessing" or habbatus sauda in the Middle East. It has been used in a variety of ways dating back for more than 3,000 years and was even found in the tombs of Egyptian pharaohs.

Black Seed Oil was traditionally used in Middle Eastern herbal medicine to maintain and support healthy immune system function and healthy blood sugar levels. This vegan supplement also acts as an antioxidant to reduce the formation of free radicals in the body.



## **KEY INGREDIENTS**

100% pure, Seed to Seal-certified Black Seed Oil

# EXPERIENCE

Black Seed Oil has a warm, herbaceous, oregano-like flavour.

#### FEATURES

- Peppery, oregano-like flavour
- Vegan
- Contains essential fatty acids, antioxidant properties, vitamins and trace minerals
- Composed of unsaturated fats including linoleic and oleic acid

#### BENEFITS

Traditionally used in Middle Eastern herbal medicine to:

- Reduce free radicals formed in the body
- Help support general health and wellbeing
- Help maintain healthy blood sugar levels when used in conjunction with a balanced diet
- Support a healthy immune system
- Maintain healthy immune system function
- Take as a supplement in conjunction with Bloom by Young Living Collagen Complete and Olive Essentials

#### HOW TO USE

Shake well before using. Take 1 tsp (5 ml) twice daily with food.

#### STORAGE

Store at 2°C to 8°C after opening. Refrigerate. Do not freeze.

#### CAUTIONS

Always read the label. Follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. Keep out of reach of children. If symptoms persist talk to your health professional. This product may not be right for you. Read the warnings before purchase. The claims listed above are only applicable for Australia. If you are pregnant, nursing, taking medication or have a medical condition, consult a health professional prior to use.



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#### FREQUENTLY ASKED QUESTIONS

Q. What does Black Seed Oil taste like? A. Black Seed Oil has a warm, herbaceous, oregano-like flavour. Q: Can Black Seed Oil be applied to the skin? A: Black Seed Oil is labeled for internal use only. For topical benefits, try V-6<sup>™</sup> Vegetable Oil Complex.

INGREDIENTS: Nigella sativa (Black seed) oil

## OTHER POPULAR PRODUCTS



Oregano essential oil Item No. 360502



Coriander essential oil Item No. 352702



Bloom by Young Living Collagen Complete Item No. 30710



Olive Essentials Item No. 27418

