## BALANCE COMPLETE



#### PRODUCT SUMMARY

Balance Complete<sup>™</sup> is an essential oil-infused, superfoodbased meal replacement, supplying an incredible 12 grams of fibre per serving. Whole Ningxia wolfberry powder, nutrient-dense brown rice bran and a wide assortment of super-foods deliver a balanced, complete and nutritionally dynamic meal.

Use Balance Complete<sup>™</sup> daily to provide your body with a proprietary fibre blend with optimal viscosity (thickness) and natural fibre concentrates that are most beneficial when combined with a healthy and active lifestyle.

#### BENEFITS & FEATURES

- A convenient and easy way to increase daily fibre intake.
- Supplies 12 grams of heart-healthy fibre per serving.
- Orange essential oil is high in d-limonene.
- Boasts nourishing, nutrient-dense superfood ingredients.

#### SUGGESTED USE

- Add 3 scoops of Balance Complete to 200 ml cold water. May be mixed with rice, almond or other milk. Shake, stir or blend until smooth.
- For added flavour, add fruit or culinary essential oils.
- For daily health maintenance, replace your least nutritious meal with Balance Complete.

#### CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition consult a health care professional prior to use.

This product is not a substitute for a balanced diet.

#### STORAGE

Keep in a cool, dry place.



#### INGREDIENTS

Whey protein concentrate (**Milk**), Inulin, Skim **milk** powder, Rice bran, MCT Powder [Medium chain triglyceride, Corn syrup solids, Modified starch (1450), Emulsifier (471)], Xylitol, Minerals (Calcium Phosphate, Magnesium oxide, Ferrous sulphate, Zinc sulphate, Selenomethionine, Copper gluconate, Manganese sulphate, Sodium molybdate, Chromium picolinate, Potassium iodide), Citrus fibre, Wolfberry extract, Vegetable gums (Xanthan, Guar), Flavour, Organic barley grass powder, Anticaking agent (551), Cinnamon bark powder, Hesperidine, Vitamins (Vitamin C, Vitamin E, Niacin, Pantothenic acid, Riboflavin, Pyridoxine, Thiamin, Mixed carotenes, Folic acid, Vitamin K, Biotin, Vitamin D, Vitamin B12), Sweetener (Steviol glycosides), Aloe vera extract, *Citrus sinensis*<sup>†</sup> (Orange) rind essential oil.

<sup>†</sup>100% pure, therapeutic-grade essential oil

#### Contains milk.

Formulated meal replacement. Not to be used as a total diet replacement.

# BALANCE COMPLETE™



### FREQUENTLY ASKED QUESTIONS

### Q. Which meal should I replace with Balance Complete™?

A. For daily health maintenance, replace your least nutritious meal with Balance Complete™.

**Q. How often should I take Balance Complete™?** A. Once a day.

#### COMPLEMENTARY PRODUCTS

OmegaGize<sup>3™</sup> Item No. 309702



**NingXia Red®** Item No. 3042560



Slique Essence™ Essential Oil Blend Item No. 458602



Digest & Cleanse™ Item No. 329302

