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# Thieves®



# Therapeutic grade: THE YOUNG LIVING STANDARD

There is a significant difference between essential oils that simply smell good and those that are Young Living Therapeutic Grade™ (YLTG).

Independent laboratory testing proves that YLTG essential oils meet and often exceed industry requirements, and as stewards of nature's plant remedies, Young Living maintains higher internal standards, built upon the magnitude of our own thorough quality assurance requirements. This standard is known as Young Living Therapeutic Grade. In order to achieve YLTG classification, each essential oil must achieve the designation naturally, without excess manipulation and refinement, and meet specific criteria in four key areas: Plants, Preparation, Purity, and Potency.

**PLANTS** Young Living products are produced from the right plants, grown in exceptional soil, and harvested at exactly the right time.

**PREPARATION** Recognising a strict commitment to respect and protect the time-honoured methods of distillation, Young Living makes every effort to preserve 'nature's living energy' in a manner as close to its natural state as possible. Using pure mountain water free of additives, Young Living has a proprietary, stainless steel distillation process that uses low temperature and low pressure to better preserve plant properties, capture the pure essence of the plant, and preserve the quality of the oils.

**PURITY** Achieved through the use of quality plants and meticulous preparation, not through ultra-refinement, our finished product is 100% pure. Young Living essential oils are unadulterated, uncut, and free of chemicals, pesticides, and heavy metals.

**POTENCY** To guarantee our products exceed existing world standards and meet our own higher internal standards for potency, we analyse the finished oil's phytochemical profile to ensure it delivers optimal amounts of every key plant compound.

## History of Thieves

Young Living's Thieves essential oil blend was created based on the historical account of four thieves in France who protected themselves from the Black Plague with cloves, rosemary, and other aromatics while robbing victims of the killer disease. When captured, they were offered a lighter sentence in exchange for their secret recipe. Young Living's proprietary Thieves essential oil blend includes clove, cinnamon bark, rosemary, lemon, and *Eucalyptus radiata* and has been specially blended to offer the same kind of defence. Thieves has been university tested and found to be highly effective against airborne bacteria.<sup>1</sup>

Utilising the power and protection of Thieves essential oil blend, Young Living created an extensive line of plant-based household products. From toothpaste and mouthwash to cleaning products and hand soaps, the Thieves product line provides safe, effective alternatives for use in the home.



**THIEVES ESSENTIAL OIL BLEND**  
ESSENTIAL OILS *clove, lemon, cinnamon bark,*  
*Eucalyptus radiata, rosemary*

ITEM NO. 342302 15ml

<sup>1</sup> SK Shahi & AC Sukla, et al., Broad spectrum herbal therapy against superficial fungal infections, Skin pharmacology and applied skin physiology, 2000, vol. 13, no. 1, pp. 60-64.

# Thieves essential oil blend

The oil blend that comprises Thieves is known for enhancing complete health and total well-being. Each of the oils selected makes Thieves one of Young Living's most effective and favourite products.

**CLOVE** oil, nature's richest source of eugenol, is the highest-scoring single ingredient tested for its antioxidant capacity on the ORAC scale. Clove is also known for its immune-enhancing properties.

With 68 percent d-limonene, **LEMON** oil is a powerful antioxidant known for its ability to act as a natural solvent and cleanser.

High in antioxidants, **CINNAMON BARK** promotes healthy cardiovascular and immune function, acts as an antiseptic, and supports the digestive system.

As one of the most versatile of the eucalyptus oils, **EUCALYPTUS RADIATA** has many health-promoting properties. This powerful essential oil contains eucalyptol as one of its major elements, which in laboratory tests has been reported as being effective against bacteria.<sup>2</sup>

**ROSEMARY** oil is naturally energising and may be beneficial for helping restore mental alertness when experiencing fatigue.

## DIFFUSING

Thieves essential oil blend with Young Living's patented diffusing system creates a safe and simple means of filling your home with therapeutic benefits. Many forms of bacteria and mould spores linked to common ailments can travel through the air. Diffusing Thieves adds an extra layer of protection by purifying the air while adding an uplifting scent to your home.

## Terrific tips

Try these simple suggestions to incorporate Thieves in your home for extra protection.

- Add 2-3 drops to a cloth to remove stubborn permanent marker stains
- Dilute with carrier oil and apply to itchy skin to relieve irritation
- Add 10-15 drops to your nebulising diffuser (as pictured) to protect your family and home against mould spores



<sup>2</sup> S Chao, CJ Oberg, DG Young, Effect of a diffused essential oil blend on bacterial bioaerosols, Journal of essential oil research, 1998, vol. 10, no. 2, pp. 517-523.

# Thieves cleaning products

## IN THE KITCHEN

The Australian Government Department of Health and Ageing reported that there are 5.4 million reported cases of food poisoning in Australia each year<sup>3</sup>, resulting in roughly one in four Australians contracting foodborne illnesses.

Taking the proper precautions when preparing food can help to prevent foodborne illness. As many of the essential oils in Thieves essential oil blend have the natural ability to protect against bacteria, the kitchen is the perfect place to take advantage of Thieves soaps, spray, and wipes.



<sup>3</sup> G Hall & M Kirk, Foodborne illness in Australia, Annual incidence circa 2000, Australian Government Department of Health and Ageing, 2005.

## THIEVES FOAMING HAND SOAP

Cleanse, defend, and condition the skin with Young Living's Thieves Foaming Hand Soap, featuring the therapeutic-grade essential oil blend Thieves, pure lemon and orange essential oils, Ginkgo biloba, and vitamin E. Many soaps on the market rely on the synthetic ingredient triclosan to defend against harmful bacteria. The ingredients in Thieves Foaming Hand Soap are a great alternative to chemical-based soaps, and are gentle enough to be used regularly without drying or stripping the skin.

**THIEVES FOAMING HAND SOAP**  
ESSENTIAL OILS *Thieves, orange, lemon*

ITEM NO. 367402 236.5ml  
ITEM NO. 364302 3pk, 236.5ml ea

**THIEVES FOAMING HAND SOAP REFILL**  
ESSENTIAL OILS *Thieves, orange, lemon*

ITEM NO. 359402 944ml



## THIEVES WATERLESS HAND PURIFIER

As a plant-based hand cleanser, Thieves Waterless Hand Purifier promotes good hygiene utilising pure, therapeutic-grade essential oils. Featuring the popular Thieves essential oil blend, Young Living's hand purifier is safe and effective for eliminating harmful germs and bacteria.

**THIEVES WATERLESS HAND PURIFIER**  
ESSENTIAL OILS *Thieves, peppermint*

ITEM NO. 362102 29.35g  
ITEM NO. 362202 3pk, 29.35g ea



# Thieves Household Cleaner

## THIEVES SPRAY

Bacteria can be easily spread from person to person by way of the surfaces in your home. By keeping these surfaces clean, you are protecting your family from bacteria and illness. Young Living's Thieves Spray is an easy, convenient product to help clean and protect every surface in your home. This small bottle is perfect for travelling or keeping in your purse or backpack.

THIEVES SPRAY  
ESSENTIAL OILS *Thieves, clove*  
ITEM NO. 326502 29.5ml

ITEM NO. 326602 3pk, 29.5ml ea



## THIEVES WIPES

Thieves Wipes are ideal for use on door handles, toilet seats, and any surface that needs cleaning to protect from dust, mould, and undesirable microorganisms. Keep a pack handy in your bathroom, kitchen, car, office, or anywhere else you want to keep your environment clean.

THIEVES WIPES  
ESSENTIAL OILS *Thieves*  
ITEM NO. 375602 30 wipes



## THIEVES CLEANSING SOAP

Enriched with the powerful Thieves essential oil blend, moisturising plant oils, and botanical extracts, Thieves Cleansing Soap helps to purify, cleanse, and promote soft, healthy skin.

THIEVES CLEANSING SOAP  
ESSENTIAL OILS *Thieves*  
ITEM NO. 367902 99.25g



## IN THE BATHROOM

Bacteria tends to accumulate in the bathroom. Washing your hands with Thieves soaps and cleaning bench tops, toilets, and other surfaces with Thieves products can minimise the spread of bacteria from the bathroom to other areas of your home.

Thieves Household Cleaner's new formula boasts the most effective, 100 percent plant-and mineral-based ingredients available, including:

- **VEGETABLE-BASED SURFACTANTS** like alkyl polyglucoside that are compliant with Green Seal and EPA Design for Environment (DfE) standards
- **BIODEGRADABLE CUTTING AGENTS** like sodium methyl 2-sulfolaurate and disodium 2-sulfolaurate from renewable sources
- The all-natural cleansing and disinfecting power of **YOUNG LIVING THERAPEUTIC GRADE™ (YLTG)** Thieves and lemon essential oils



With more Thieves and lemon essential oils than the original formula, the new Thieves cleaner disinfects and cleanses better than ever!

# A multitude of uses

There are multiple ways to use Thieves Household Cleaner. Try swapping your regular supermarket cleaners with Thieves Household Cleaner to clean the following:

## KITCHEN

- refrigerator
- cutting boards
- oven
- floor
- dishes
- bench tops

## BATHROOM

- shower walls
- curtains
- tub
- sink
- toilet
- floor
- mirror

## FAMILY ROOM

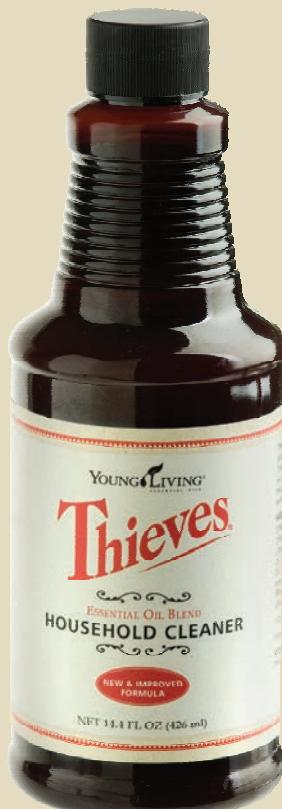
- silk plants
- carpet
- live plants
- room deodoriser

## BEDROOM

- mattress
- sheets
- pillows

## LAUNDRY

- wash cycle
- dryer
- spots
- stains



## THIEVES HOUSEHOLD CLEANER

# Suggested usage ratios

Note: one capful of Thieves cleaner =  $\frac{1}{2}$  Tbsp.

### LIGHT DEGREASING

1 capful Thieves cleaner to  $3\frac{3}{4}$  cups water

### MEDIUM DEGREASING

1 capful Thieves cleaner to 2 cups water

### HEAVY DEGREASING

1 capful Thieves cleaner to 1 cup water

### HAND CLEANER

$\frac{1}{2}$  cup Thieves cleaner to  $\frac{1}{2}$  cup water

### DISHWASHER

1 capful Thieves cleaner in the bottom of the dishwasher

### POTS + PANS

$\frac{1}{2}$  capful of Thieves cleaner to 3 cups water

### FLOORS

1 capful Thieves cleaner to  $6\frac{1}{4}$  cups water

**Note:** any floor with a finish should be spot tested in an inconspicuous area.

### WALLS

1 capful Thieves cleaner to 2 cups water

### FABRICS

1 capful Thieves cleaner to 2 cups water

**Note:** before cleaning fabrics, perform a spot test in an inconspicuous area. Discontinue use in the unlikely event of staining or skin irritation.

### WASHING MACHINE

Depending on size of washer, use 1–2 capfuls Thieves cleaner with each batch

### CARPET

1 capful Thieves cleaner to  $6\frac{1}{4}$  cups water

### GLASS + WINDOWS

1 capful Thieves cleaner to 4.75 litres water

# Thieves oral care

## THIEVES DENTAROME TOOTHPASTE

Our most gentle toothpaste, Thieves Dentarome Toothpaste is generally recommended for children.

## THIEVES DENTAROME PLUS TOOTHPASTE

Recommended for adults, Thieves Dentarome Plus Toothpaste is a stronger version of the regular Dentarome toothpaste because it contains a larger concentration of thymol and eugenol.



## THIEVES DENTAROME ULTRA TOOTHPASTE

Thieves Dentarome Ultra Toothpaste provides the same benefits as Dentarome Plus but contains the whitening agent papain, an anti-stain enzyme derived from pawpaw, to help whiten your teeth and improve your smile.

## THIEVES DENTAROME ULTRA TOOTHPASTE

ITEM NO. 374402 118g



THIEVES DENTAROME  
TOOTHPASTE  
ESSENTIAL OILS *Thieves, peppermint*  
ITEM NO. 373702 113.4g

THIEVES DENTAROME PLUS  
TOOTHPASTE  
ESSENTIAL OILS *Thieves, peppermint, wintergreen*

ITEM NO. 373802 113.4g

## DID YOU KNOW?

Clove essential oil contains the most antioxidants of any measured essential oil. Clove oil is a primary ingredient in the Thieves essential oil blend and offers a range of benefits, including antimicrobial action, anti-inflammatory properties, and antioxidant activity.



## THIEVES FRESH ESSENCE PLUS MOUTHWASH

Thieves Fresh Essence Plus Mouthwash contains the power of the essential oils in Thieves and thoroughly cleans teeth and gums while freshening your breath.

**THIEVES FRESH ESSENCE PLUS MOUTHWASH**  
ESSENTIAL OILS *Thieves, spearmint, peppermint, vetiver*

ITEM NO. 368302 236ml



## THIEVES DENTAL FLOSS

Flossing is a vital step for any oral care regimen, and Thieves Dental Floss is a smart choice when selecting the right floss for you. Consisting of nylon fibres, beeswax, soy wax, and Thieves and peppermint essential oils, this refreshing floss will leave your mouth feeling clean and your smile bright.

**THIEVES DENTAL FLOSS**  
ESSENTIAL OILS *Thieves, peppermint*

ITEM NO. 446302 40m

ITEM NO. 446402 3pk, 40m ea



# Thieves Essential Rewards Autoship pack

Young Living's Thieves Essential Rewards Autoship pack ensures the benefits of this revolutionary essential oil blend are always on hand. The purifying action of Thieves essential oil blend is available in a wide variety of products for the home, including oral care, cleaning products, and aromatherapy. Plus with the simplicity of our Essential Rewards program, products are automatically shipped to you each month! Take advantage of the ease of Essential Rewards and save \$47.50 off the wholesale price with this innovative product offering.

### PACK INCLUDES:

- (1) Thieves essential oil blend 15ml,
- (2) Thieves Household Cleaner 428ml,
- (3) Thieves Spray 29.5ml,
- (2) Thieves Foaming Hand Soap 236.5ml,
- (1) Thieves Dentarome Ultra Toothpaste 118g,
- (1) Thieves Fresh Essence Plus Mouthwash 236ml

### THIEVES ESSENTIAL REWARDS AUTOSHIP PACK

ITEM NO. 369702

**Essential  
Rewards**  
THE AUTOSHIP ADVANTAGE

