

PEPPERMINT *Wellness Essential Oil*



THERAPEUTIC CLAIMS

Traditionally used in Aromatherapy:

- As an antipyretic to reduce body temperature;
- As an analgesic to relieve pain;
- To relieve toothache;
- To decrease headache symptoms;
- To decrease the symptoms and duration of mild migraines;
- To decrease mild rheumatic aches and pains;
- As an antispasmodic;
- To reduce occurrence of excess intestinal wind;
- To reduce colic (wind/gas pain);
- To relieve flatulence;
- To relieve loss of appetite;
- To maintain a healthy appetite;
- To help reduce the symptoms and occurrence of indigestion;
- To help increase bile flow;
- To relieve nausea;
- To reduce menstruation pain;
- As a cough suppressant; and
- To relieve coughs.

AROMATIC PROFILE

Refreshing, cool, minty and herbal aroma

DIRECTIONS FOR USE |

TOPICAL

Dilute 5 drops in 10 ml V-6™ Vegetable Oil Complex or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed.

INHALATION

Apply 1-6 drops of undiluted essential oil to a tissue and inhale occasionally. Use up to 3 times daily.

AROMATIC

Diffuse up to 10 minutes 3 times daily.

Always read the label. Follow the directions for use. Keep out of reach of children. Not to be taken. If symptoms persist talk to your health professional. The claims listed above are only applicable for Australia. To share or sell these products compliantly please refer to the Product Claim Pages found in your Virtual Office.