

# LEMON *Wellness Essential Oil*



## THERAPEUTIC CLAIMS

Traditionally used in Aromatherapy:

- To increase mental stamina;
- To enhance mental alertness;
- To reduce nausea;
- To reduce the occurrence of nausea;
- To stimulate blood flow to skin;
- As an antispasmodic;
- To relieve flatulence; and
- To support healthy emotional balance.

## AROMATIC PROFILE

Clean, refreshing and citrus aroma

**DIRECTIONS FOR USE** |   

### TOPICAL

Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed. Avoid direct sunlight/UV rays to the application area for up to 12 hours.

### INHALATION

Apply 1-6 drops of undiluted essential oil to a tissue and inhale occasionally. Use up to 3 times daily.

### AROMATIC

Diffuse up to 1 hour 3 times daily.

*Always read the label. Follow the directions for use. Keep out of reach of children. Not to be taken. If symptoms persist talk to your health professional. The claims listed above are only applicable for Australia. To share or sell these products compliantly please refer to the Product Claim Pages found in your Virtual Office.*