CLARY SAGE Wellness Essential Oil





THERAPEUTIC CLAIMS

Traditionally used in Aromatherapy:

- · To regulate a healthy menstrual cycle;
- · To promote menstrual flow;
- · To relieve menstrual cramps and pain;
- To relieve fatigue and feelings of weakness;
- · As an antispasmodic;
- · To decrease excessive sweating;
- · To reduce loss of appetite;
- · To maintain a healthy appetite;
- · To reduce flatulence:
- To help reduce symptoms and occurrence of indigestion;
- · To relieve nasal congestion; and
- As an expectorant to clear the respiratory tract mucous.

AROMATIC PROFILE

Sharp, spicy and grassy aroma

DIRECTIONS FOR USE | SS 🕗

TOPICAL

Dilute 1 drop with 1 drop of V-6" Vegetable Oil Complex or olive oil. Test on small area of skin on the underside of arm and apply to desired area as needed.

INHALATION

Apply 1-6 drops of undiluted essential oil to a tissue and inhale occasionally. Use up to 3 times daily.

AROMATIC

Diffuse up to 30 minutes 3 times daily.

Always read the label. Follow the directions for use. Keep out of reach of children. Not to be taken. If symptoms persist talk to your health professional. The claims listed above are only applicable for Australia. To share or sell these products compliantly please refer to the Product Claim Pages found in your Virtual Office.