

# Aromatherapy Yoga TEACHER TRAINING



EXCLUSIVELY FOR YOGA INSTRUCTORS ONLY

This class is specifically designed for yoga teachers and yoga business owners who are keen to **enhance and grow** their student base, yoga classes and income.

In this **comprehensive full-day course**, you will learn how to **unify the power and benefits of both yoga and aromatherapy** to create a whole new wellness experience for your students.

By the end of the session you will have a deeper understanding of how to address issues experienced by your students with a **combination of yoga and Young Living's pure, therapeutic-grade essential oils**.

## How you and your business will benefit

- Earn valuable CPD points for this tax-deductible class.
- Learn how to work with essential oils to:
  - Grow your business by extending your reach beyond your existing client base.
  - Create an additional income stream for you and your yoga business.
- Discover how to use aromatherapy to intensify the experience and outcomes for your students.
- Acquire vital knowledge about how essential oils can be incorporated into students' daily lives.
- Develop a deeper understanding of your students and their wellness needs to create a closer connection.

MEET YOUR U.S. TRAINER **ED DAILEY!** RN, E500-RYT, RNPA



Senior Global Educator,  
Young Living and Yoga Alliance  
Continuing Education Provider

Learn more about Ed Dailey overleaf!

# EARLY BIRDS WHO REGISTER NOW PAY ONLY \$199!

## A SAVING OF \$50

OFF THE FULL TICKET  
PRICE OF \$249.00

## TWO FREE BOTTLES

OF OUR SPECIALLY-CHOSEN  
5 ML ESSENTIAL OILS!



CITRUS FRESH 5 ML  
GROUNDING 5 ML

EARLY BIRD OFFER ENDS FRIDAY JUNE 22

FULL-PRICED TICKET: **\$249\*** + 1 FREE CITRUS FRESH™ 5 ML \*Registrations close 5 days prior to each event

Tickets include **lunch, a certificate** and an **exclusive welcome bag** with swag items and more!

REGISTER AT [YOUNGLIVING.COM.AU](http://YOUNGLIVING.COM.AU) > COMPANY > EVENTS > FEATURED EVENTS!

## VENUE DETAILS

### Sydney - Friday July 20

Barefoot Yoga Studio  
T3 Verona Street, Paddington, NSW, 2021

### Brisbane - Tuesday July 24

Soul Space  
23 Parker Street, Newmarket, QLD, 4051

### Perth - Saturday July 28

The Yoga Vine Ashton Chambers,  
187 St Georges Terrace, Perth, WA, 6000

## ABOUT ED DAILEY



As a nurse and longtime yoga teacher, Ed has a deep understanding of the transformative benefits of yoga. Ed has been teaching yoga since year 2000 and has been practising for over 20 years. He has completed the Urban Zen Integrative Therapy program that was inspired by Donna Karan, Rodney Yee and Colleen Yee and worked for 18 months at Beth Israel Medical Center in New York City on the oncology and surgical floors utilising yoga therapy.

Over the years, he has been using essential oils to enhance his yoga practice. Ed is also passionate about teaching others self-care skills to create better healthcare around the world. Ed is also a Yoga Alliance Continuing Education Provider (YACEP).

## TRAINING AGENDA

TIME	ACTIVITY / TOPIC
8:00 AM - 8:15 AM	Welcome & Agenda
8:15 AM - 9:00 AM	The Basics of Breath Awareness
9:00 AM - 10:30 AM	The Basics of Creating & Teaching an Aromatherapy Yoga Class
10:30 AM - 11:15 AM	The Science of Essential Oils
11:15 AM - 12:15 PM	Yoga Practice with Focus on Awakening
<b>90 MINUTE LUNCH BREAK (CATERED)</b>	
1:45 PM - 2:30 PM	Yoga for Restoration
<b>15 MINUTE BREAK</b>	
2:45 PM - 3:25 PM	Talk: Integrative Therapies
3:25 PM - 3:45 PM	Yoga Practice
3:45 PM - 4:45 PM	Q & A Session
4:45 PM - 5:45 PM	Partner Experience

*\*Agenda subject to change. Please visit [YoungLiving.com.au](http://YoungLiving.com.au) for the most up-to-date agenda schedule.*

## FREE OILS FOR EARLY BIRD REGISTRANTS



### GROUNDING™

A balancing and stabilising blend of essential oils to promote feelings of clarity while enhancing a connection to one's spiritual self. Diffused or applied topically at the beginning of the class, this essential oil blend will encourage students to quickly become present. It helps to intensify the yoga experience and enhance its benefits.



### CITRUS FRESH™

A blend of Orange, Grapefruit, Mandarin, Tangerine, Lemon and Spearmint, this essential oil blend can be diffused, applied topically or infused in water to keep you refreshed and hydrated. Add this popular culinary essential oil to favourite recipes for a citrus zing.

## OUR SELECTED OILS FOR TRAINING

During the day you will experience a selection of powerful essential oil blends that have been thoughtfully chosen for a heightened learning experience.

Contact this member for details: