



# The Flavour of Joy



Chef-to-the-stars, Kate McAloon, shares her inspirational stories and delicious, healthy recipes.

# SPICE & SPRUCE UP YOUR COOKING

WITH APRIL'S PV PROMO!



Approved Young Living essential oils can be used as culinary additions to spice, spruce and spritz up your favourite drinks, recipes and smoothies! Perfect for adding flavour to your foods or beverages, our culinary line of essential oils gives you the freedom to share and explore some of our best-loved essential oils in a variety of nutritious and delicious ways. Discover vitality - for food, for family, for life!

Reach any of the following PV minimums with your April order and earn these great free products.

If you're a qualifying Essential Rewards Member, you'll also receive an exclusive bonus reward - a Carrot Seed 5 ml!

**The Flavour of Joy Cookbook:** From our Culinary Oils Brand Ambassador and Chef-to-the-stars, Kate McAloon, 'The Flavour of Joy!' includes deliciously healthy recipes, cooking tips, some of her famous client's favourite dishes and her own biography and life learnings.

**Peppermint 15 ml:** Awaken your taste buds with the bright, cool flavour of Peppermint. Add 1-2 drops to your pre-workout drink for an energising start. Plus, check out our **Guilt-Free Mint Brownies** recipe online for a healthy treat.

**Frankincense 5 ml:** Known for its complex, sweet & woody flavour, Frankincense is a great addition to your water, juice or even your daily shot of NingXia Red®.

**Slique™ Bars 6 pk:** Try this bar for a dual-targeted satiety approach. A medley of exotic fruits, nuts and essential oils, Slique™ Bars create the perfect functional and nutritious snack to help you feel fuller for longer.

**Lemon 15 ml:** Combine Lemon's citrusy, versatile flavour with savoury foods like fish and chicken or sweet treats such as pastries and cakes. Add a few drops of Lemon essential oil to Chef Kate's **Baked Oysters with Garlic Crumbs** recipe.

**Orange 15 ml:** Orange combines well with other fruity flavours, making it the perfect addition to smoothies, drinks and NingXia Red®. Try Chef Kate's **Life's a Beach Tropical Smoothie** for a citrusy twist.

**Essential Rewards Exclusive: Carrot Seed 5 ml:** For a herbaceous note to savoury dishes, try Carrot Seed! The complex flavour of this essential oil brings an earthy, delicious taste to roasted vegetables, salad dressings, quinoa or wild rice.

**320 PV** WHSL VALUE: **\$238.05 AUD**  
**\$254.50 NZD**

- 1 x The Flavour of Joy Cookbook
- 1 x Slique Bars 6 pk
- 1 x Peppermint 15 ml
- 1 x Lemon 15 ml
- 1 x Frankincense 5 ml
- 1 x Orange 15 ml
- Essential Rewards Exclusive: Carrot Seed 5 ml

**250 PV** WHSL VALUE: **\$151.05 AUD**  
**\$162.50 NZD**

- 1 x Frankincense 5 ml
- 1 x Slique Bars 6 pk
- 1 x Lemon 15 ml
- 1 x Orange 15 ml
- Essential Rewards Exclusive: Carrot Seed 5 ml

**190 PV** WHSL VALUE: **\$71.70 AUD**  
**\$77.00 NZD**

- 1 x Lemon 15 ml
- 1 x Orange 15 ml
- Essential Rewards Exclusive: Carrot Seed 5 ml

These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Free products are subject to change without notice and may be substituted with an alternative product of equivalent value.

Orders must be placed through our Essential Rewards (ER) member loyalty program and reach the highlighted PV levels to earn all the free products outlined above.

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