



In the spotlight with:

Soulla Chamberlain



In what year did you join Young Living?
2016.

How did you find out about Young Living & who introduced you to Young Living?

My friend Lisa Wood introduced me to Young Living. I fell in love with the oils and wanted to share my love for them with my community. So, Lisa and I started to run gatherings (having no idea that there was a whole business side to it which I ignored for the first year!).

What was your occupation before Young Living?

I am the creator and director of a wholefood business which I started in the garage and kitchen of my home in 2010 making nutrient-dense traditional wholefoods (broths, slow cooks, soups, chicken liver pate, ferments, activated nuts, sugar free treats etc) as a way of healing myself and my little family. When I outgrew my home (with 16 mothers' helpers!) I opened up a store in late 2015 in Bronte, Sydney. I am also a health coach and a public speaker passionate about inspiring and empowering people to lead less toxic, more nourishing lives. Prior to living, breathing and working in the health and wellness industry, I was a corporate lawyer for 10 years pre-kids.

What makes Young Living unique?

Their Seed to Seal promise and their culture of putting the wellbeing of people and the planet over profits.

How has your life changed since you joined Young Living?

YL has beautifully and profoundly touched all aspects of my life particularly professionally, spiritually and emotionally. Travel opportunities opened up for me which would otherwise be closed. Most importantly, it blessed me with a whole new beautiful, encouraging and solid tribe that I call my family. Oh, I also had no idea that I would be signing myself up for leadership and mentoring on steroids ;-)

MEMBER SUCCESS STORY

PLATINUM



What is your favourite Young Living product? Why? Explain what the benefits are to you.

Ah there are so many! Frankincense remains my number 1 oil for skin, grounding and spirituality. The smell reminds me of the Greek Orthodox church that I grew up in and hence I think of my mum. I also love Peace & Calming and Thieves Household cleaner (which replaced ALL my cleaning products).

Were you skeptical about essential oils and the Young Living opportunity before?

Yes absolutely. Even though I had been dabbling in essential oils for 20 years (since I was 25 years old!), I would have called myself an essential oils sceptic thinking that oils were just something that you burned in your house to smell nice and that's it. I also resisted the business opportunity for a good year (I didn't even know what network marketing was or that I was earning commissions by sharing the products!).

What changed your mind about Young Living?

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I felt instinctively that these oils were somehow different. Maybe I had subconsciously tuned into Gary Young's message and could feel the vibrational frequency in the oils. I also quickly saw how YL plugged so many gaps for me and my clients on health coaching: 1) we are able to streamline the purchases of all our personal care products and cleaning products to just one place, 2) the products are able to take our physical, emotional and spiritual wellbeing to a whole new level, 3) it's really smart to have the opportunity to have multiple income streams and there's the opportunity to run a heart-centred business that aligns with your values from your own home, with your kids around you at your own pace, and on your own terms. If all these things appealed to me, I then realised that they will also no doubt appeal to others.

Why would you recommend others join Young Living?

So that they too can feel empowered in their wellbeing and to lead a less toxic, more nourishing and abundant life! They can create a less toxic home by healthy swapping conventional products containing a slew of toxic ingredients, with plant based, super powerful, oil infused versions. They can take their wellbeing to a new level and if they feel so pulled, they can also share the products with others to bring abundance into their life and the life of others.

What do you think is the most incorrect myth you heard about Young Living?

Just do a quick google search of YL or Gary Young. Ha! I actually DON'T encourage people to do that!!! I've heard all sorts of stuff and honestly, I don't give it energy.

What would your response be to correct this myth if you heard it yourself?

I tell people that there will always be a plethora of views on the internet that spans the spectrum of every subject (whether its oils, diet, supplements and everything in between) and to give energy to what works and resonates with them - ignore everything else. Being able to go to the source (the farm, the farmers, YL's executive team etc), to see the Seed to Seal process in action firsthand and to experience the power of the oils is really what is most important. Naysayers and people with conflicting interests will always abound. Give energy to what resonates with you and tune into that frequency.

~ Soulla Chamberlain