



In the spotlight with:

Christine Gooding



What was your occupation before you joined Young Living?

I worked as a Marketing Manager for a local company in New Zealand.

What is your favourite Young Living product and why?

There are so many to choose from but if I have to narrow it down to one, it would probably be Frankincense. I love to diffuse it when I do my meditation in the morning. It has a grounding and calming effect on me.

Why would you recommend for others to join Young Living?

When you join YL, you don't just buy products. You get access to a wealth of opportunities as well such as being introduced to a global community of oilers and liked-minded people, and further education in natural wellness.

What, in your opinion, makes Young Living unique?

I love YL's Seed to Seal commitment. It is great knowing where the oils come from because YL oversees the entire supply chain process from planting through to distillation and distribution to customers.

How has your life changed since you joined Young Living?

My life changed in so many ways. I've met so many amazing people in my 2 year journey with YL. It's opened doors for personal growth, natural wellness education, rekindling of old friendships and opportunity to nurture new ones.

~ Christine Gooding