



In the spotlight with:

Catherine Garro



What was your occupation before you joined Young Living?

I was a massage therapist.

What is your favourite Young Living product and why?

Argh, that's a hard question! The essential oils are my first and foremost love! Frankincense is a top one on my list. It is the most versatile essential oil and supports the physical, mental, emotional and spiritual bodies and I can't imagine life without it!

Why would you recommend for others to join Young Living?

Great products that once you experience them, they speak for themselves. The quality of Young Living essential oils is the best I've found in the marketplace and they're consistently excellent. That is very hard to find.

What, in your opinion, makes Young Living unique?

Their focus on producing high quality products and that they have heart. They care about the people who share their products.

How has your life changed since you joined Young Living?

I have a completely different perspective on my health and wellbeing. Young Living was a catalyst for huge personal growth and self-awareness and came at the perfect time in my life. It gave me a community to connect in and a platform for me to be able to help others at a deeper level. I have the tools and knowledge to assist my body and the people around me to stay healthy, and that is priceless!

~ Catherine Garro