

# THE ART & SCIENCE

BEHIND A

# STRONG TEAM CULTURE



## AN EVENT WITH KAI TAN AND SHEENA LING

Our current culture in business and in life surprisingly does not readily encourage cooperation, collaboration or creativity. Most of the activities we consciously or subconsciously engage in push our human behaviour in the direction of winning and wanting for the self.

Yet in reality, if we understood how to create an environment of encouragement, and one that meets the basic human needs to live, to learn, to feel valued and significant, we do more than just survive - we thrive.

Join Kai and Sheena in this session to easily understand how our biology impacts the culture of our teams; and meaningfully glean from their personal experiences to understand how their deliberate choices shaped the heart of their Young Living business.

In this extended version of their APAC presentation, dive deeper with them to intentionally relook at how you intend to culture shift with your team for a truly powerful long-term business.

**DATE** Saturday 19th May

**TIME** 2:00 PM - 4:00 PM

**VENUE** Novotel Sydney Norwest

**COST** \$20



### KAI TAN

Kai Tan is an Integrative Wellness Coach with Institute of Integrative Health in New York, an advocate of essential oils for physical and emotional health, one of the founders of ONE Drop and is currently a Young Living Diamond Leader. Kai educates on wholesome approaches to life's various health and wellness needs and challenges and is passionate about helping others regain balance in their lives. She holds very dear to her heart a calling to revolutionise our wellness culture for the better.



### SHEENA LING

Sheena is a certified Behavioral Analyst and Neuro-Linguistic Programming practitioner, and has been in the personal development training industry since 2005. Her upbringing and various life experiences has gifted her the wisdom to become a steadfast advocate of love and leadership for people. Sheena believes that it is important for every single person to pay attention to their emotions and to tap into the innate wisdom that God has given to them to be of service to one another.