



BLOOM FAQs

by YOUNG LIVING

GENERAL

Q. Who is BLOOM by Young Living for?

A. Those looking for a non-complicated, but highly effective skin-care regimen. Someone who wants to add radiance and luminosity to dull, tired skin or manage the look of dark spots and uneven skin tone.

Q. What makes BLOOM by Young Living different?

A. The BLOOM by Young Living system has an exclusive formula that is clean! BLOOM by Young Living is formulated without parabens, phthalates, synthetic fragrance, sulfates, petroleum and mineral oil. BLOOM by Young Living contains ethically sourced plant-based ingredients and is loaded with antioxidants.

Q. What is the intended age for use?

A. The BLOOM by Young Living products are suitable for use by adults of any age.

Q. What is the country of manufacture?

A. BLOOM by Young Living is manufactured within the United States.

Q. Is BLOOM by Young Living considered non-comedogenic?

A. BLOOM by Young Living products are both hypoallergenic and non-comedogenic.

Q. Is the BLOOM by Young Living skincare system considered vegetarian and/or vegan?

A. The BLOOM by Young Living products are vegetarian friendly. However, they are not vegan due to the xanthan gum sourcing and manufacturing processes.

Q: What is the shelf life for the BLOOM by Young Living skincare products once opened?

A. The shelf life is 2 years.

Q: Is the packaging environmentally friendly?

A. The products are sold in a secondary recyclable carton. On the inside of every BLOOM by Young Living carton, you'll find a colour and cutout flower activity to encourage the reuse of packaging and to help spread the message of reducing waste.

Q. Why is my BLOOM by Young Living lotion darkening over time?

A. Darkening of the BLOOM by Young Living Brightening Lotion may occur over time. This is due to one of the natural, active ingredients. This darkening does not affect the stability, safety or efficacy of the product and should not be of concern.

Q. Why is the mica settling to the bottom or sticking to the sides of the bottle?

A: Since this is a natural formulation without synthetic ingredients to help suspend particles in the solution, some of the mica may settle to the bottom of the bottle or stick to the sides. This will not affect the efficacy or safety of the product. Shaking the bottle before use may help to resuspend the settled mica.



INGREDIENTS

More information about ingredients can be found on the Product Information Pages (PIPS)

Q. What features of the Sheerlume™ blend are in BLOOM by Young Living?

A. The special blend of essential oils is used in the current Sheerlume™ Cream. The scent is more subtle; however, the benefits are just as powerful.

Q: What essential oils are included in BLOOM by Young Living?

A: The essential oils include vetiver, blue cypress, davana, royal Hawaiian sandalwood, clove, jasmine, and carrot seed oil.

Q: Is BLOOM by Young Living brightening lotion or its ingredients tested on animals?

A: No, neither the product nor its ingredients are tested on animals.

Q. What are the benefits and function of using mica?

A: Mica is used as a colourant. It creates an optical illusion to bounce light off the skin, which helps to keep the skin looking hydrated and radiant.

Q. Where is the mica sourced from?

A: The Mica used in the BLOOM by Young Living products is ethically mined and sourced from France and the United States.

Q. Is the palm oil used in the BLOOM by Young Living brightening lotion from a sustainable source?

A. All palm sources in the BLOOM by Young Living Brightening Lotion are RSPO/sustainably sourced.

Q. Are there ingredients derived from gluten?

A. There are no gluten containing ingredients used in BLOOM by Young Living Cleanser. Although the sodium hyaluronate used is derived from wheat seeds the final product is free of allergens. There are no gluten containing ingredients used in the Essence and Lotion.

Q. Does BLOOM by Young Living contain any tree nut-derived ingredients?

A. BLOOM by Young Living does not contain any tree nut-derived ingredients.

Q. What is the function of Chlorella vulgaris extract?

A: Chlorella vulgaris extract is derived from seaweed and is used as a skin-conditioning agent that helps support a healthy skin microbiome.

Q. Do any of the products contain ingredients derived from corn?

A. Yes, the Cleanser, Lotion and Essence all contain ingredients derived from corn.

Q. Do any of the products contain ingredients derived from soy?

A. Yes, the Brightening Lotion contains Tocopherol and Lecithin and the Cleanser contains Tocopherol which are sourced from soy. The Essence does not contain soy.



SKIN CONCERNS

Q. Is BLOOM by Young Living suitable for all skin types?

A. BLOOM by Young Living Skincare system is designed for all skin types.

Q. Can BLOOM by Young Living brightening cleanser be used on sensitive skin?

A. This formula does not contain any harsh sulfates, harsh surfactants, or alcohol that could cause irritation for people with sensitive skin. Individuals are advised to read ingredient labels to identify known sensitivities specific to them.

Q. Is the BLOOM by Young Living system considered hypoallergenic?

A. Yes.

Q. For those just starting out on the BLOOM by Young Living system and have never used any natural or young living products, do you recommend just introducing the products gently into their skin care regimen?

A. Most people don't experience any sensitivity, but everyone's skin responds differently to products. While most people should be able to use these products morning and night, if you do experience sensitivity, we recommend introducing the products in once a day instead of twice until your skin acclimates. As with all skincare products, if you continue to experience sensitivity, discontinue use.

HOW TO USE

Q. Can i replace my normal skincare regimen completely or is it best to phase in the BLOOM by Young Living products?

A. It is safe to completely replace your current skincare regimen with the BLOOM by Young Living products. However, if you're working with someone who doesn't want to completely replace their regimen all at once, there shouldn't be any problems with a soft introduction of these products. You won't see the results as quickly or as noticeably, but it's safe to mix and match. Just make sure you're mixing with other safe, non-irritating products.

Q. Will it be effective if i only use it at night-time and use my regular skincare in the daytime?

A. It will probably take longer to see benefits, but you will still get benefits. It just won't be as noticeable or strong.

Q. How often should the BLOOM by Young Living system be applied?

A. The products are intended to be used morning and night. However, it is always best to listen to your body, and if you think your skin needs a couple days of different Young Living products, follow that.

Q. In what order should the BLOOM by Young Living products be used?

A. Cleanser, brightening essence, lotion and/or cream.

Q. How much of the cleanser should be used per application?

A. Between the size of a 5 and 10c coin.

Q. How do i apply the cleanser?

A. Wet skin with lukewarm water and gently massage a small amount onto skin. Rinse thoroughly and pat dry.



Q. What is an essence?

A: An essence is a hydrating, water-based substance that is used after cleansing/toning and before applying a serum or moisturiser. It delivers hydration and/or other targeted benefits to the skin while helping to make the serum/moisturiser you use afterward absorb better into your skin.

Q. How much of the essence should be used per application?

A. Around the size of a \$1 coins, more if needed on the décolletage and neck.

Q. Should the essence be shaken each time before use?

A. Yes.

Q. How do i apply the essence?

A. Apply recommended amount to hands, rub together and lightly press palms into skin from the centre of face outward, including neck and décolletage.

Q. Is the BLOOM by Young Living lotion considered a moisturiser?

A. Yes, the BLOOM by Young Living Brightening Lotion is a lightweight moisturiser. Typically, moisturisers are called gels, lotions, or creams, a gel being the lightest and a cream the heaviest. Naturally, products on the market will vary in weight in these three categories, but the level of hydration you're seeking is typically encompassed in one of these three categories.

Q. How much of the lotion should be used per application?

A. Two pumps.

Q. How do i apply the lotion?

A. Gently press and pat the lotion evenly over face, neck and décolletage.

Q. Can BLOOM by Young Living lotion be used as a stand-alone product?

A: We recommend that this product be used as part of the BLOOM by Young Living system for the most effective brightening action.

Q. Can you use the Shearlume™ brightening cream with the by young living lotion?

A. ART® Shearlume™ Brightening Cream can be used instead of the BLOOM by Young Living Brightening Lotion. A lot of users successfully wear a lotion during the day and a cream at night. We recommend this practice if the lotion feels too lightweight for night use.

Q. Do i need to wear sunscreen whilst using BLOOM by Young Living?

A. Yes, sunscreen is always recommended. Apply it after the BLOOM by Young Living Moisturizer.

Q. Is it recommended to use an exfoliator whilst using BLOOM by Young Living?

A. Yes.

Q. Is it recommended to use a mask weekly whilst using BLOOM by Young Living?

A. Yes.

Q. How do i introduce a toner into my BLOOM by Young Living skincare regimen?

A. If you require or desire a toner, we recommend using the ART® Refreshing Toner after the Cleanser and before the Essence.

Q. Is BLOOM by Young Living intended to be used as a stand-alone skincare regimen?

A. BLOOM by Young Living is a standalone system that is intended to be your core skincare regimen. However, other Young Living skincare products fit nicely into the system.

For instance:

- Satin Mint Facial Scrub could be used 2-3 times per week after cleansing.
- Mirah Luminous Cleansing Oil could be used before the BLOOM by Young Living Brightening Cleanser to assist in removing dirt and makeup before cleansing.
- For those wishing to continue using ART® Renewal Serum, the order of use would be:
 - BLOOM by Young Living Brightening Cleanser
 - ART® Refreshing Toner
 - BLOOM by Young Living Brightening Essence
 - ART® Renewal Serum
 - BLOOM by Young Living Brightening Lotion
 - Mineral Sunscreen Lotion SPF50

Q: Are there any areas where BLOOM by Young Living lotion should not be used?

A: BLOOM by Young Living Brightening Lotion is designed to be applied to the face and neck region. It is recommended to avoid the delicate eye area.

Q. Can i add essential oils to the products prior to use?

A. If you would like to add additional essential oils to the BLOOM by Young Living products, we recommend dosing the product in your hand and mixing essential oils with a single dose prior to application. We do not recommend adding additional oils to the products in the package as it may affect the stability of the product.