HINOKI *Essential oil*

Product Summary

Hinoki essential oil comes from the Japanese cypress, Chamaecyparis Obtusa, and is native to central Japan. Hinoki is considered a very high quality timber and one of the "Five Sacred Trees of Kiso." It has been used historically in building palaces, temples, shrines, baths, and traditional noh theatres.

Hinoki oil has a scent that is uniquely Japanese. The wood is lemon scented, light pinkish-brown in colour, and highly rot and insect resistant. Highly valued by the Japanese, hinoki forests have been managed and protected since the times of the feudal lords and samurai. Today it is a popular ornamental tree in parks and gardens.

Primary Benefits

- Increases spiritual awareness
- Helps to calm and relax during brief periods of agitation
- Energises and uplifts the mind

Who should use Hinoki Essential Oil?

- People interested in increasing their spirituality and well-being with essential oils
- People who are looking to refresh the soul and settle the mind
- People who are in need of relaxing and invigorating the body

Suggested Use

- Topical: Add 1 drop of oil to 1 drop V-6 Vegetable Oil Complex or olive oil and apply to desired areas, chakras, and Vita Flex points as needed.
- Aromatic: Inhale directly or diffuse up to 30 minutes 3 times daily.

Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

Complementary Products

- Sacred Frankincense Essential Oil
- 3 Wise Men Essential Oil Blend

Did You Know?

- At more than 1,000 years old, the Horyuji temple in Japan is the world's oldest wooden structure and is made from old-growth hinoki.
- Hinoki means "fire tree." It was used to make fire by friction, a practice still employed at Shinto shrines.
- Termites do not eat hinoki trees. The wood acts as an insecticide.
- In wet climates like Japan, hinoki essential oil preserves wood by reducing the likelihood of rotting.