

## Product Summary

Blue cypress (*Callitris intratropica*) essential oil has a fresh scent with hints of citrus and cedar. Native to Australia, blue cypress is believed to have played a part in traditional aboriginal medicine.

Blue cypress essential oil is steam distilled from the wood of the tree, which is indigenous to Australia. It has a wide variety of traditional uses, which include supporting the body's natural response to irritation and injury as well as aiding normal breathing. It also has historical use as an additive in perfumes and as an adhesive.

## Primary Benefits

- Assists the body in calming

## Suggested Use

- Topical: Apply 2–4 drops directly to desired area. Dilution not required except for the most sensitive skin.
- Aromatic: Diffuse up to 1 hour three times daily.

## Cautions

- Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a healthcare practitioner prior to use.

## Complementary Products

- Orange
- Frankincense
- Citrus Fresh™
- NingXia Red®



## Did You Know?

- The blue cypress tree is shrub-like in shape and can live as long as 300 years.
- Cypress oil can be found in Australian Blue oil, Brain Power oil, Highest Potential oil.