

## Nutrition Information

Serving Size: 2 Liquid Capsules (421 mg each)

Servings Per Container: 60

Typical Values	Per Portion	%NRV
Vitamin D (as cholecalciferol)	10.625 µg	212%
<b>Proprietary OmegaGize<sup>3</sup> Blend</b>	<b>0.5 g</b>	--
Omega-3 fatty acids (from fish oil)	223 mg	--
Eicosapentaenoic acid (EPA)	68 mg	--
Docosahexaenoic acid (DHA)	155 mg	--
Coenzyme Q10 (as ubiquinone)		
<b>Omega Enhancement Blend</b>	<b>78 mg</b>	--
Clove ( <i>Syzygium aromaticum</i> )* flower bud oil		
German chamomile ( <i>Matricaria recutita</i> )* flower oil		
Spearmint ( <i>Mentha spicata</i> )* leaf oil		

**Ingredients:** Fish oil, Capsule: Gelatin (Tilapia, fish); Tocotrienols, Clove (*Syzygium aromaticum*)\* flower bud oil, Ubiquinone, German chamomile (*Matricaria recutita*)\* flower oil, Anti-caking agent: Silicon dioxide, Spearmint (*Mentha spicata*)\* leaf oil, Cholecalciferol, Mixed carotenoids