

## Nutrition Information

Serving Size: 1 Capsule (0.6 g)

Servings Per Container: 30

Typical Values	Per Serving
<b>Life 9™ Blend</b>	<b>135 mg</b>

Lactobacillus acidophilus, Bifidobacterium lactis, Lactobacillus rhamnosus, Streptococcus thermophilus, Bifidobacterium longum, Bifidobacterium breve, Lactobacillus salivarius, Lactobacillus plantarum, Bifidobacterium bifidum/lactis

**Ingredients:** Calcium (as calcium carbonate), Rice bran, Targeted release capsule (Hydroxypropyl Methylcellulose), Lactobacillus acidophilus La-14, Microcrystalline cellulose (Bulking agent), Bifidobacterium lactis, Lactobacillus rhamnosus, Silicon dioxide (Anti-caking agent), Streptococcus thermophilus St-21, Bifidobacterium longum, Bifidobacterium breve, Lactobacillus salivarius, Lactobacillus plantarum Lp-115, Bifidobacterium bifidum/lactis.

Allergy advice: The strains isolated from dairy sources do not contain dairy allergens.