

Nutrition Information

Serving Size: 2 Scoops (50.4 g)
Serving Per Container: About 15

Typical Values	Per Serving	Per 100 g
Energy	736 kJ/175.9 kcal	1460 kJ/349 kcal
Fat	5.07 g	10.05 g
of which: Saturates	2.64 g	5.24 g
Carbohydrates	27.75 g	55.07 g
of which: Sugars	7.78 g	15.43 g
Fibre	10.53 g	20.9 g
Protein	11.65 g	23.12 g
Salt	190 mg	370 mg

Typical Values	Per Serving	%NRV*
Vitamin A	175 mcg	22%
Calcium	454 mg	57%
Magnesium	150 mg	40%
Vitamin C	20 mg	25%
Vitamin B3	6.5 mg	41%
Zinc	6 mg	60%
Selenium	23 mcg	42%
Molybdenum	20 mcg	40%
Pantothenic Acid	3 mg	50%
Vitamin B6	0.6 mg	43%
Chromium	40 mcg	100%
Vitamin B1	0.45 mg	41%
Vitamin B2	0.55 mg	39%
Vitamin D3	3.5 mcg	70%
Vitamin B12	3 mcg	120%
Folic acid	135 mcg	68%
Biotin	100 mcg	200%
Iodine	50 mcg	33%
Phosphorus	300 mg	43%

*NRV=Daily Nutrient Reference Value

Ingredients: Whey protein concentrate (80% protein), Arabinogalactan fibre (from Larch tree), Nonfat dry **milk** powder (Nonfat dry milk, Lactose, Vitamin A palmitate, Vitamin D3), Wolfberry powder, Rice bran, Coconut creamer (Coconut oil, Maltodextrin, Sodium caseinate), Guar gum, Fructose, **Soy** lecithin, Vanilla flavour, Calcium (Tricalcium phosphate), Sweetener: Xylitol, Vanilla creme flavour, Vanilla French flavour, Glucomannan fibre (from Konjac root), Xanthan gum, Inulin fibre (from Chicory root), Magnesium (Magnesium oxide), Lactase, **Barley** (Hordeum vulgare) grass powder, Sodium alginate, Amylase, Pineapple extract, Lipase, Papaya extract, Cinnamon (Cinnamomum cassia) bark powder, Luo han guo (Siraitia grosvenorii) fruit extract, **Barley** grass juice powder, Aloe vera (Aloe barbadensis) leaf extract, Vitamin E (Natural mixed tocopherols), Vitamin A (Mixed carotenoids), Vitamin C (Ascorbic acid), Microcrystalline cellulose, Vitamin B3 (Niacin), Zinc (Zinc oxide), Vitamin A (Beta carotene), Vitamin B5 (Pantothenic acid from Calcium pantothenate), Folic acid (from Citrus limon extracts), Biotin, Chalcone, Iodine (Potassium iodide), Vitamin B6 (Pyridoxine hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamine hydrochloride), Chromium (Chromium polynicotinate with niacin), Vitamin D3 (Cholecalciferol), Orange (Citrus sinensis)* peel oil, Selenium (L-Selenomethionine), Molybdenum (Sodium molybdate dihydrate), Potassium (Tripotassium citrate), Calcium (Calcium citrate), Vitamin B12 (Methylcobalamin)

*100% pure essential oil