

PRESENT TIME

Product Size 5 ml Item No. 33410

Our Present Time essential oil blend has a delicate, pleasant scent that can create an empowering atmosphere. When applied topically, Present Time helps you focus on the here and now, so you can get beyond the past and move forward. Present Time was created to help you be in the moment. This blend's aroma can help calm and reduce everyday worries to allow you to move into the present. Being in the present time is the key to progressing and moving forward, helping to create the best you.

KEY INGREDIENTS

- Northern Lights Black Spruce essential oil
- Ylang Ylang essential oil



BENEFITS AND FEATURES

- Pleasant, uplifting aroma
- Inspiring aroma that allows you to accept the past and live today in its fullness
- Helps to create the best “you”
- Creates an experience of grounding and empowerment
- Featured oil blend in the Feelings Kit

SUGGESTED USE

- Massage into shoulders, neck, and back for a grounding, centring aroma.
- Use during meditation or yoga to help you be in the moment.
- Apply to the wrists while journaling to help free the mind of emotional clutter or distraction.

PRESENT TIME

DIRECTIONS

Apply to desired area. In case of sensitivity, dilute with Young Living V-6® Vegetable Oil Complex.

CAUTIONS

Keep out of reach of children. For external use only. Avoid contact with eyes and mucous membranes. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health care professional prior to use. Avoid direct sunlight and UV rays for up to 12 hours after applying product.

INGREDIENTS

Prunus amygdalus dulcis (Sweet almond) oil, *Citrus aurantium amara* (Bitter orange) flower oil, *Picea mariana** (Black spruce) leaf oil, *Cananga odorata** (Ylang ylang) flower oil

May contain: Benzyl alcohol**, Benzyl benzoate**, Benzyl salicylate**, Citral**, Eugenol**, Farnesol**, Geraniol**, Isoeugenol**, Limonene**, Linalool**

*100% pure essential oil

**Natural constituents of essential oils

