

PRODUCT SUMMARY

Young Living Citrus Fresh®+ features zesty notes of Orange, Tangerine, Mandarin, Grapefruit, Lemon and Spearmint for a bright taste. Add to gourmet salads, soups or salmon for an extra fresh offering. Or you may like to add a drop to your water for a fun and fruity option.

KEY INGREDIENTS

Orange, Grapefruit, Mandarin, Tangerine, Lemon and Spearmint essential oils.

EXPERIENCE

Young Living Citrus Fresh+ has a fresh and vibrant taste. This blend combines citrus-based essential oils with minty Spearmint.

PRODUCT BACKGROUND

Created to enhance the flavour in baked goods, marinades, dressings and more! It includes grapefruit—first discovered in Barbados—as well as lemon, thought to have origins in India. Steam distilled and cold pressed for an unforgettable flavour.

DIETARY SIGN

Food supplement

BENEFITS & FEATURES

- Features an invigorating citrus flavour.
- Supports overall wellbeing.
- Includes the naturally occurring constituents limonene and carvone.



SUGGESTED USE

- Add 1–2 drops to every 60 ml of your favourite fruit and vegetable juices and smoothies.
- Infuse your water with a burst of flavour by adding 2–3 drops to your glass throughout the day.
- Use Young Living Citrus Fresh+ in recipes such as fruit salads, salad dressings and marinades to enhance the flavour.
- Add 1–2 drops to a vegetarian capsule and use it as a supplement.

DIRECTIONS

- Apply 2 drops in a capsule and take 3 times daily.

YOUNG LIVING CITRUS FRESH+



CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional before use. If contact with skin occurs, avoid direct sunlight or UV rays for up to 24 hours.

ALSO AVAILABLE

Young Living Citrus Fresh® essential oil blend

INGREDIENTS

Orange (*Citrus sinensis*) peel oil*, Tangerine (*Citrus nobilis*) peel oil*, Grapefruit (*Citrus paradisi*) peel oil*, Lemon (*Citrus limon*) peel oil*, Mandarin (*Citrus reticulata*) peel oil*, Spearmint (*Mentha spicata*) leaf oil*

*100% pure essential oil

FREQUENTLY ASKED QUESTIONS

Q. Can Young Living Citrus Fresh+ be ingested?

A. Yes, Young Living Citrus Fresh+ is labelled as a food supplement and is safe for internal use.

Q. How much Young Living Citrus Fresh+ should be used in recipes?

A. Because of its high potency, start with dipping a toothpick in the oil and swirling it through the ingredients for a lighter Young Living Citrus Fresh flavour in your dish. Add more as needed.

Q. Is there a difference between Young Living Citrus Fresh® essential oil blend and Young Living Citrus Fresh+?

A. Young Living Citrus Fresh essential oil blend and Young Living Citrus Fresh+ contain the same essential oils. Young Living Citrus Fresh essential oil blend is labelled for topical use, and Young Living Citrus Fresh+ is labelled for dietary use. The designation of the two products allows you to share all the ways to use Young Living Citrus Fresh in the correct way.