

Freedom

Product Size: 5 ml | Item No. 24303

Freedom is an exclusive D. Gary Young blend that was originally created for the 2018 International Grand Convention. This essential oil invites a release from life's burdens with its grounding aroma and features the earthy depth of Rue, Valerian, Palo Santo, and Vetiver, plus the nurturing accents of Lavender and Copaiba, masterfully combined with nature's base notes of Peppermint, Idaho Blue Spruce, and Sacred Frankincense.

With Freedom, you can rise above life's concerns. With its refreshing notes and grounding tones, any day can seem a little less burdensome with the aroma of Freedom essential oil. Start your day with meditation and this freeing fragrance on your temples to inspire feelings of freedom from everyday troubles or sink into bed with its earthy presence and enjoy a balancing and peaceful atmosphere. Freedom's relaxing aroma will inspire confident feelings, helping you to step into your day with a new sense of emotional freedom!



Benefits and Features

- Provide a calming aroma during your nightly routine
- May promote feelings of freedom
- Inspires feelings of freedom from everyday troubles
- Offers a grounding and relaxing aroma
- May provide a sense of release during downtime and ideal for use on hectic days

Key Ingredients

Fractionated coconut oil, Copaiba, Sacred Frankincense, Idaho Blue Spruce, Vetiver, Lavender, Peppermint, Palo Santo, Valerian, Rue



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Product Background

Young Living's Freedom essential oil blend was formulated exclusively by Young Living Founder D. Gary Young and was previously offered exclusively at the 2018 International Grand Convention as the focus of its theme: Freedom. Today, many of the essential oils included in the Freedom blend come from Young Living farms all around the world, from Ecuador to Oman.



Cautions

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes. If you are nursing, taking medication, or have a medical condition, consult a health professional prior to use. Do not use this product if you are pregnant, planning a pregnancy, or could possibly be pregnant. Not intended for use on infants. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

Directions

Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Ingredients

Caprylic/capric triglyceride, *Copaifera officinalis** (Balsam copaiba) resin, *Boswellia sacra** (Sacred frankincense) oil, *Picea pungens** (Idaho Blue spruce) branch/ leaf/wood oil, *Vetiveria zizanoides** (Vetiver) root oil, *Lavandula angustifolia** (Lavender) oil, *Mentha piperita** (Peppermint) oil, *Bursera graveolens** (Palo santo) wood oil, *Valeriana officinalis** (Valerian) root oil, *Ruta graveolens** (Rue) oil.

*100% pure essential oil

Suggested Use

Topical: Apply Freedom in the evening and unburden yourself from your daily troubles.

Massages: Massage Freedom directly behind your ears, on your wrists, or on your temples for a grounding and liberating aroma to inspire a sense of freedom

Self-care: Apply Freedom topically to your feet every night to enjoy a balancing aroma.

Inhalation: Inhale Freedom directly and seek a moment of relaxation.

Bathing: Add 2–4 drops of Freedom and 1 cup of Epsom salt to a warm bath to invite reflection and peace.

Perfume: Use Freedom daily as a personal fragrance to support feelings of inner peace, focus, and confidence.