

ONE HEART

Product Size 5 ml

Item No. 31088

We created One Heart to celebrate and bring awareness to The D. Gary Young, Young Living Foundation. Each oil was carefully selected to create a unique blend inspired by Gary Young's love of nature and bringing together hearts and spirits. Valor® inspires strength; Northern Lights Black Spruce helps create a meditative atmosphere; and Ylang Ylang and Ocotea create a delightfully sweet, uplifting aroma characterised by sweet citrus tones. Use One Heart to help generate positive feelings and connect with yourself and others.



BENEFITS AND FEATURES

- Encourages a bright outlook on life
- Opens your heart to love and service for others
- Encourages unity and connection with community
- Helps you find your centre and connect to your inner spirituality during prayer or meditation

DIRECTIONS

Apply to desired area. In case of sensitivity, apply 2 drops in 15 ml of Young Living V-6® Enhanced Vegetable Oil Complex.

CAUTIONS

Keep out of reach of children. For external use only. Keep away from eyes and mucous membranes.

If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Avoid direct sunlight or UV rays for at least 12 hours after applying product.



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PRODUCT BACKGROUND

Specifically blended to bring people together and help create awareness of The D. Gary Young, Young Living Foundation, the refreshing aroma of this balancing blend can encourage a bright outlook on life and the awareness that we are all in this together. This proprietary blend can also help you find your centre and connect to your inner spirituality. Try using it during prayer or meditation for connection with your inner self. One Heart's proprietary blend includes 100 percent pure essential oils from around the globe, produced by our Seed to Seal® quality commitment, including Ylang Ylang and Valor® essential oil blend to invoke confidence, as well as Ocotea from Ecuador and Lemon and Lime to uplift. Northern Lights Black Spruce and Spearmint help invigorate the senses.



SUGGESTED USE

- Diffuse at home to enjoy the uplifting, calming aroma.
- Apply or diffuse during yoga or breathwork practices to connect spiritually.
- Use to open your heart to love and service for those around you.
- Apply to your heart-space in the morning to encourage a bright outlook for your day.

INGREDIENTS

Citrus limon* (Lemon) peel oil, Cananga odorata* (Ylang Ylang) flower oil, Picea mariana* (Northern Lights Black Spruce) leaf oil, Citrus aurantifolia* (Lime) oil, Caprylic/capric triglyceride, Anthemis nobilis* (Roman Chamomile) flower oil, Jasminum officinale^^ (Jasmine) oil, Ocotea quixos* (Ocotea) leaf oil, Mentha spicata* (Spearmint) leaf extract, Tanacetum annuum* (Blue tansy) flower oil, Cinnamomum camphora* (Camphor) wood oil, Pelargonium graveolens* (Geranium) flower oil, Boswellia carterii* (Frankincense) oil

May contain: Benzyl alcohol**, Benzyl benzoate**, Benzyl salicylate**, Cinnamal**, Cinnamyl alcohol**, Citral**, Citronellol**, Eugenol**, Farnesol**, Geraniol**, Isoeugenol**, Limonene**, Linalool**

^^100% pure absolute

*100% pure essential oil

**Natural constituents of essential oils