

Super B Capsules

Product Size 60 capsules

Item No. 40252

Super B contains all eight B vitamins and bioavailable chelated minerals, zinc that contributes to normal cognitive function and selenium to help protect your cells from oxidative stress.

Super B is a comprehensive vitamin food supplement that provides all eight B vitamins, as well as bioavailable minerals, to provide the support you need on the go. Super B features Orgen-FA®, a natural folate source derived from lemon peels, and methylcobalamin, a source of B12. Super B combines Nutmeg essential oil and bioavailable chelated minerals such as manganese, selenium, and zinc. Biotin, riboflavin and niacin contribute to a normal energy-yielding metabolism.



Benefits and Features

- Contains all essential B vitamins
- B1 Thiamin: Contributes to normal psychological function
- B2 Riboflavin: Contributes to normal energy-yielding metabolism
- B3 Niacin: Contributes to the reduction of tiredness and fatigue
- B5 Pantothenic Acid: Contributes to normal mental performance
- B6 Pyridoxine: Contributes to the normal function of the immune system
- B7 Biotin: Contributes to the maintenance of normal hair and skin
- High in B9 Folic Acid
- B12 Cobalamin: Contributes to normal red blood cell formation
- Selenium: Contributes to the maintenance of normal nails
- Zinc: Contributes to normal cognitive function
- Source of Manganese: Contributes to the protection of cells from oxidative stress
- Contains bioavailable chelated minerals to be better absorbed by the body
- Contains 100% pure essential Nutmeg essential oil
- Cruelty-free

Super B Capsules

Ingredients

Bulking agent: Microcrystalline cellulose, Vegetable capsule [Hydroxypropyl methyl cellulose], Vitamin B3 (Niacin), Vitamin B1 (Thiamine hydrochloride), Anti-caking agent: Dibasic calcium phosphate, Selenium, PABA (Para-aminobenzoic acid), Vitamin B2 (Riboflavin), Biotin, Vitamin B5 (D-calcium pantothenate), Zinc (as zinc glycinate chelate), Vitamin B12 (as methylcobalamin), Orgen FA[®] Folic Acid (from Citrus limon extracts), Vitamin B6 (pyridoxine hydrochloride), Anti-caking agent: Magnesium stearate (vegetable source), Nutmeg (*Myristica fragrans*)* whole fruit oil, Manganese (as manganese glycinate chelate)

*100% pure essential oil

[°]Orgen-FA[®] is a registered trademark of Orgenetics, Inc.



Directions

Take 2 capsules daily with a meal.

Cautions

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Food supplements are not a substitute for a varied diet and should be consumed as part of a balanced diet and healthy lifestyle. Do not exceed the recommended dose. Keep in a cool, dry place.